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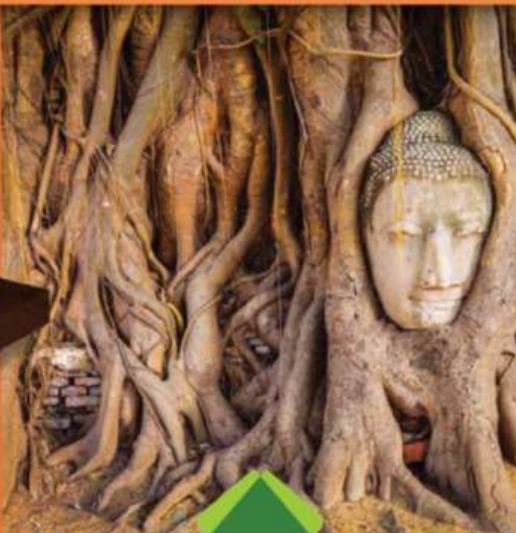
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The great outdoors

We've had a number of queries from readers asking how the owners of the covered patios featured in the magazine keep them looking so pristine. Well, the truth is most homeowners give them a jolly good clean before the photographer arrives. But they do get dirty and dusty, and maintaining them does take effort.

If you're lucky, your outdoor living area is protected from prevailing winds and rain. If not, you can plant hedges on one side to protect it or install roll-up blinds and screens – some can even be operated by remote control. If you don't want to cut out light, then look for ones with clear plastic insets.

Choose durable furniture that will stay looking good for longer. These days there are waterproof, UV-resistant outdoor sofas and chairs and even waterproof fabrics that can be left out in the rain. But if yours, like mine, are not waterproof, then covers are the answer. Mine are made of clear plastic and keep the fabric items dry and dust-free, and as they're see-through, the fabric is still visible. These plastic covers are hosed off once a month to keep them clean. The furniture is brushed off twice a week and, of course, just before guests arrive.

Another great idea for outdoor furniture is to slipcover it in a washable fabric so that when it gets really grubby you can give the covers a quick wash. When the patio is not in use, cushions can also be stored in waterproof lockers available from patio furniture outlets. Have a look at pages 104 and 120 for some examples.

Metal and solid wood coffee tables seem to cope well with the elements. I have a Lloyd

Loom table that stood on my grandmother's veranda for decades and all it needs is a fresh coat of paint every year or so. Popular now are outdoor rugs that can be cleaned with a hose. You can hang pictures outside as long as they're properly sealed by the framer and can even have a TV on your veranda as long as it's designed for outdoor use. But like any other room, patios need to be swept and dusted regularly.

One thing you do have to be prepared for is the presence of wildlife. Wasps love to make nests in the corner of my patio, lizards lurk in the cushions and I've had feral cats sleeping on the sofa. Friends of mine hung a stunning wrought iron chandelier above their outdoor dining table only to have a bird make a huge nest in it. They've left it, as they're pleased that their home has proved so inviting, and moved the table instead. Other friends have house martins that visit them annually and nest in the rafters above the outdoor sofa. They've resigned themselves to placing a sheet over the sofa during the months when the martins are in residence.

So a patio does take a bit of work and a bit of compromise, but when you're snoozing on the sofa on a lazy Saturday afternoon, surrounded by the sights, scents and sounds of nature, I'm sure you'll agree that it's worth it.

Leavy Jane



One of the pleasures of October is the abundance of roses. If you're wanting to plant more in your garden, turn to page 100 for some of the best new releases.



I love this new take on the traditional deckchair. Libec lounger, R1 490, Patio Warehouse patiowarehouse.co.za. You'll find more outdoor furniture on page 66.



There are all sorts of ways to create a lovely outdoor living area. Here, the Beyerses removed a flight of stairs to make space for a sitting area. To see the rest of their patio plus other beautiful examples, turn to page 54.



An easy way to update your patio furniture is to introduce contemporary side tables or stools like this Zulu Mama stool by Haldane Martin from Leon at CCXIX. leonat219.com

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Timeless taste

I've been buying your magazine for years, and when we moved in with my daughter following my husband's recent stroke, we brought along 15 years' worth of *Garden and Home* issues we couldn't bear to get rid of.

Being retired, we can't afford to buy it as often as we used to, but the ideas and tips never seem to date. We have a bookshelf full of mags with gardening advice my husband still uses year after year.

I also enter the competitions whenever I can. Many years ago I won a trip to Mowana Safari Lodge in Zimbabwe, and I'll always treasure those memories.
Lael Meyer, via e-mail

SPRING INSPIRATION

Thank you for all the inspiration in your 'Spring into action' article in the September issue. I've been planning to fix up my townhouse, but the thought of it terrifies me, and I don't know where to start!

I always enjoy paging through the amazing refurbishments in your pages. Keep up the excellent advice.
Ellen Joubert, via e-mail



ARMCHAIR OWNERSHIP

Over the past 40 years, I've owned and created many houses, including a smallholding where we built our own home and few cottages, a large family home, a townhouse and a 110-year-old guest house. After all this, I've stopped and am finally able to relax.

When I read *Garden and Home*, I can continue to dream without worrying about renovators, costs, workers and stretched budgets, and there's no dust or noise between your pages!

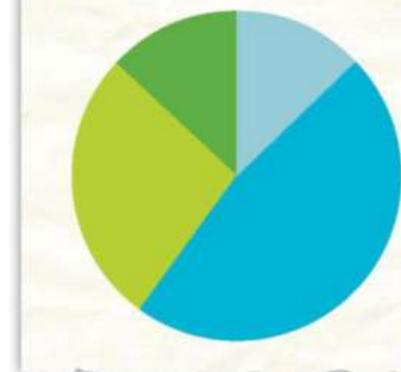
This is armchair home ownership at its best.
Cheryl Reum, via e-mail



WE ASKED ONLINE...

What's your favourite room at home?

- Bedroom 47%
- Living room 27%
- Patio 13%
- Kitchen 13%



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On Facebook, Stassina Mihalitsianos says:

"I don't even want to calculate the number of years I've been getting your magazine. I think it's one of the best mags in the world – I even buy them to put at work for the customers to read. Keep it up!"



On Twitter, @TarynHansen1 says:

"Got the latest issue of @SAGardenandHome and I can't keep my nose out of it! Such inspiring ideas. #spring"

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- @SAGardenandHome
- sagardenandhome
- sagardenandhome



WRITE IN AND WIN

Lael has won a Hand Painted by Carmel tablecloth for an eight-seater table valued at R1 065. Hand Painted by Carmel supplies gorgeous table linen lovingly hand-painted by Carmel Stoch. Her latest eye-catching designs feature bold florals like fynbos, and vegetables such as tomatoes, chillies and garlic. The tablecloths are made from coated 100% raw bull-denim cotton, so they're completely stain- and liquid-resistant, allowing you to easily wipe them clean. Visit handpaintedbycarmel.com

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Home FRONT

Our pick of this month's highlights, from things to do and seasonal shopping to decor news and the best places to visit

Eastern Elegance

New online decor store Luna Living has launched its collection with these stunning Zenza pendant lamps. Handmade from brass with silver-oxide plating, each light casts intricate patterns on the walls and ceiling, creating a magical atmosphere. The collection can be viewed by appointment in Cape Town, and Luna Living ships throughout South Africa. lunaliving.co.za



LIGHT FROM ABOVE

We love the Diskus hanging lights by Cape Town design aficionados Douglas & Company. The discs are 300mm in diameter, and come in either polished brass or powder-coated mild steel – each with a fabric-covered cord. jandouglas.co.za



Team Spirit

Fabric company Design Team has launched a new showroom in Kramerville, Jo'burg. Look out for the latest fabric ranges such as Jungle, as well as an extensive range of soft furnishings and accessories. First floor, 12 Kramer Road, Kramerville. designteamfabrics.co.za ▷



Tropical Chic

The trend for all things palm-like and exotic is beautifully captured in Matthew Williamson's Cubana range for Osborne & Little. Glamorous and more than a little tongue in cheek, the dramatic designs include flamingos, fronds, parrots and more. See the range at Home Fabrics. hf.co.za



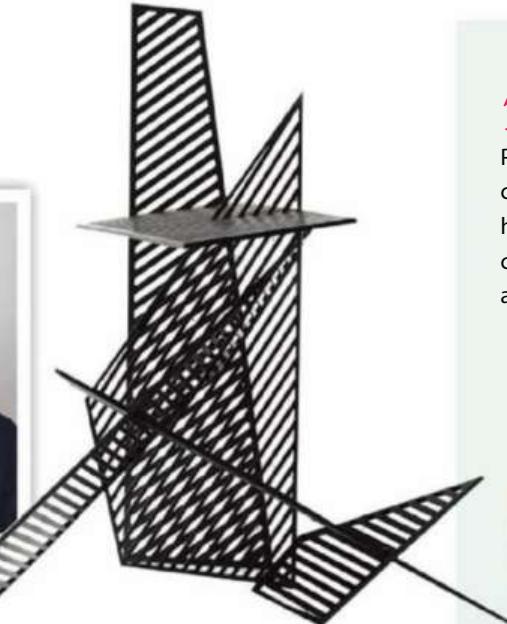
Duraturf looks like grass and feels like grass, but without the hassle.





Designer's CHOICE

Architect and designer Shaun Gaylard of Blank Ink Design in Jo'burg, has his heart set on this sculpture by Rodan Kane Hart. "It's part of a series called 'Grate(s)', and for me the form and structure represents a controlled abstract – a blend of art and architecture." rodankhart@iafrica.com or rodankanehart.com



The Sky's the Limit

Plascon's Colour Forecast 2016 includes Discovery – a versatile combination that looks to the skies for inspiration. Galactic hues include Big Blue Star, Mellow Glow and Valentino Rose – cool colours complemented by soothing neutrals and bright accents. See more at plascon.co.za



Take a Seat

Philippe Nigro's Pilotis sofa for De Padova epitomises quality and relaxation. With a frame of steel and timber, and legs in oak or walnut, it's comfy and designed to last. Available exclusively at Jo'burg furniture shop Generation. 011 325 6302



Modern MOROCCO

Designed to mimic the intricate designs of much smaller Moroccan tiles, the Heritage Collection from WOMAG brings gorgeous patterns to walls and floors. Available in four colourways from neutrals to a variety of spice tones, it's the perfect way to introduce a textured, hand-crafted look. womag.co.za



Summer loving

Get set for summer with the Ethnic Collection from Constantia Fabrics. Infused with a healthy dose of summery shades and artisanal-inspired prints, the range will add some bold colour to your outdoor area. constantiafabrics.co.za ▷



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Carl Sandburg



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THIS MONTH - we're loving

"Natural wood, as it has timeless appeal, wonderful texture and a strong sense of authenticity," says chief sub-editor Diane Peacock. "I love the way it adds charm and interest, like this (1) Indian wooden armchair, R1 995, Weylandts, (2) the Cresthill lamp table, R2 495, Coricraft, and (3) the Runo coffee table, R8 995, Weylandts."



1

2

3



KITCHEN COOL

Not only is it good to look at, the Franke Neptune sink features a generous 200mm deep bowl with a square design. You can choose either a left- or right-handed drainer, and it has a recessed draining board too. Available at Italtile stores nationwide at the promotional price of R4 590 until December 2015. italtile.co.za

YOU'RE invited...

Don't miss Orchid by Design at Brooklyn Mall in Pretoria on Saturday 31 October at 11h00. Enjoy inspirational presentations from Design Team's Lise Butler who'll discuss the latest botanical fabrics, renowned artist Kelly Higgs on botanical art, and orchid expert Christian Griesel from Orchid Sales. Tickets are R120 each and include refreshments, a gift bag and a six-month subscription to *Garden and Home*. To book, visit caxtonevents.co.za

Delicate Designs

The new Natural Glimmer range from Anna French depicts organic motifs in a subtle, neutral palette. Delicate embellishments include metallic threads, beads and embroidery, and the collection is suitable for curtains and light upholstery. Available at St Leger & Viney. stleger.co.za



The Round Table

Looking for a statement piece? This raw timber table with a subtle white-wash finish has scalloped edges and a carved pedestal. It's great for a modern country look, R16 995, Trade Secret. trade-secret.co.za



What's On

7 – 8 OCTOBER (Cape Town) 21 – 22 OCTOBER (Jo'burg) Business of Design

Join like-minded design and business entrepreneurs, international guest speakers and top industry insiders as they share and discuss their advice and ideas on SA's design industry. Tickets are R3 950, and the event takes place at Inner City Ideas Cartel in Cape Town, with the Jo'burg venue still to be confirmed. For more information, visit businessofdesign.co.za

17 OCTOBER Hamlet Karoo Cultural Festival

Spend a day in the Boland and enjoy a wild flower show, classic motor car display and a variety of traditional foods at FD Conradie Junior School, Prince Alfred Hamlet, Western Cape. Visit hkks.co.za or call 082 450 9532 for more information.

31 OCTOBER Gals' day out with *Essentials* magazine

Enjoy a feast of fashion, beauty and decor in support of the Princess Project at The Tent at Melrose Arch, Jo'burg. Registration begins at 08h30, tickets cost R150 and include a gift bag, wine, juice and snacks. For more information, visit caxtonevents.co.za

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THE language OF PAINT

Cape artist Adrienne Silva describes her beautiful works as abstract expressionism



What was your most recent exhibition about? I exhibited my paintings, called *Travel Light*, with other artists on the Re-m-ember 6 900 Hectares exhibition at the Artvark Gallery, which was about the devastating Cape fires. This was a particularly personal topic as we have a thatch cottage just below where the mountain burnt.

Describe your style. When I started out, my work was very representational. I painted portraits and landscapes and interiors as well as still lifes. For the last five years or so my work could be described as abstract expressionism with an impressionistic application. I began to feel that my painting should be uniquely my own.

Was painting your first career choice? No, I've only been painting for about 15 years. I did honours in political

philosophy at Stellenbosch University and then worked in the publishing industry. I also did a year's masterclass in painting and drawing in Stellenbosch with Vivian van der Merwe and was then guided by Elizabeth Gunter. My mentor and teacher, Louise Mocke, warned me that paintings are "often finished long before you know it". In other words, don't overwork a painting.

How did you make the transition from realism to abstraction? There's always a facilitator. First Julia Teale then later Mary Visser and this year I worked with a British painter, Emily Ball, who led me through the process towards finding my own language in paint.

What have been some of your career highlights so far? My painting *The Pattern is Evident* was chosen as a finalist in the Saatchi Art's Bright Lights, Big City Showdown. It came 10th out of around 3 000 entries. About 10 years ago I was fortunate to work on an exhibition of Cecil Skotnes and Edoardo Villa in Stellenbosch. Cecil invited me to spend a morning in his studio to discuss my work. On leaving, he said I must promise to paint eight hours every day and take breaks only for walks, tea and lunch.

Have you only sold and exhibited in South Africa? No, I've also exhibited three times in Lisbon. But what I really



love is to work on commission. I have ongoing work for a collector in Düsseldorf and I did a series for a local poet to illustrate three of his works.

What medium do you use? I underpaint in acrylics and finish with oils. I am profoundly interested in colour. I can feel its effect on me while painting and I want my viewer to feel this too.

Do you work from photographs? No, but I have on occasion been inspired by one. I once came across a photograph of an Indian rickshaw driver by Ami Vitale, which became *The Stars and You*.

Where do you paint? In my studio at home in Kalk Bay. It is a very old cottage that was once the holiday home of John Molteno, the first prime minister of the Cape Colony. It's a doorstep up from the pavement with the ocean right across the road. The ocean inspired my underwater sea painting, and I use a print of that for the sign that hangs on the house. ■

SOURCE Adrienne Silva 084 351 2328 or adriennesilva.wordpress.com



Appliances have made modern life a lot easier. Once people had to do laundry by hand and then hang it out to dry; buy food every day, or keep a cooler filled with ice; even spend hours per day washing and drying dishes and grimy pots.

Bring innovation home to your kitchen

Fortunately those days are long behind us. Innovative and contemporary kitchen appliances make cooking and washing up more comfortable and pleasant. Design trends are innovative and ergonomic, stylish and multifunctional, space saving and energy saving and very decorative, technologically advanced and convenient.

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A modern OUTLOOK



For their new home, the Pereiras envisioned a contemporary farmhouse

It was the idyllic country setting miles from busy roads that first attracted James and Maritsa Pereira to Southdowns Residential Estate in Centurion just south of Pretoria. After five years, however, they realised they had outgrown their home. "It was a compact house bought from a developer," explains Maritsa, "and more suited to a bachelor or a couple than a family of three frequently visited by relatives."

For their new home, the Pereiras wanted a guest unit separate from the main house and unobstructed views of the fields, cows

AT A GLANCE

THE ARCHITECT: Devilliers du Toit (pictured).

THE CLIENTS: James and Maritsa Pereira and their son, Rogan.

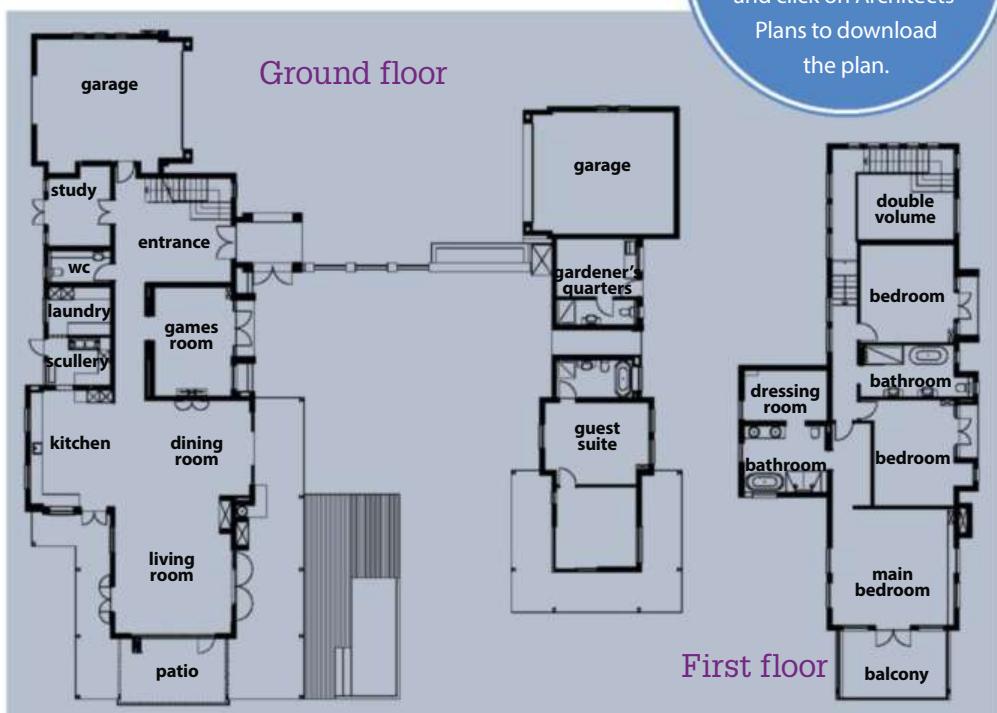
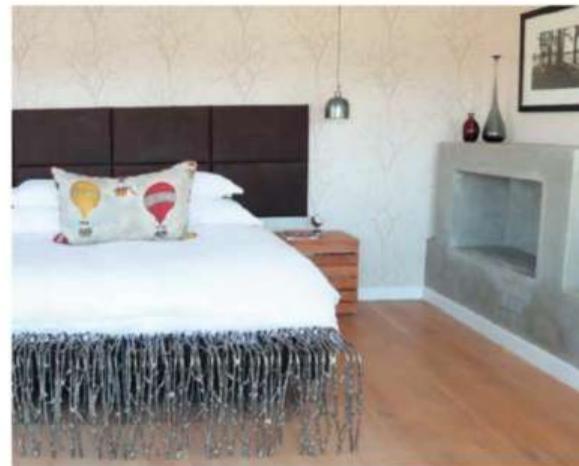
THE BRIEF: A modern take on the farmhouse with a large veranda, and plantation-style and industrial elements.

THE HOUSE: A three-bedroom double-storey contemporary farmhouse distinguished by brick arches, wooden screens and I-beams.

and mealies. A large stand bordered by farmlands on two sides proved ideal. Devilliers du Toit, the consulting architect to the Southdowns Building Committee, positioned the guest unit opposite the main section creating a courtyard in which the driveway, garden and pool deck are contained. "This arrangement offers the guests privacy and provides a sense of space," explains Devilliers.

While the estate's design guidelines stipulate that the architecture should have an agricultural theme, James and





Maritsa's house is anything but a traditional farmhouse. "My clients wanted a home with a distinct contemporary feel, and industrial and American plantation-style elements," says Devilliers, "but we didn't want these influences to be too obvious." He introduced subtle references to the neoclassical style with brick arches and a portico that was placed, uncharacteristically, off centre. The industrial feel was incorporated with I-beams and a wooden screen constructed from red ironbark slats on the veranda and the balcony above.

The ground floor has a spacious open-plan living area with large doors leading onto the veranda. "It's a wonderful space to entertain in," says Maritsa. "We open all the stacking doors so the interior merges with the garden and the fields beyond." Shutters offer privacy where needed as do the blinds on the patio. While the layout reflects a contemporary trend well suited to the Pereiras' lifestyle, the screed floors and the raw brick walls in the entrance and kitchen enhance the industrial feel.

Devilliers used standard principles of passive design; the house is north facing for maximum heat gain in the colder months. Double-glazed uPVC windows and doors further minimise heat loss in winter and help maintain an ambient temperature in summer. Roof insulation was given particular attention. "While it's essential to have the correct insulation to prevent heat loss, it's also important to install a radiant barrier to lower the temperature in the roof void," he says. "In the case of the Pereiras' house with its large metal roof, this is really effective in our Highveld summers."

SOURCE Devilliers du Toit Architects
083 232 6554 or devilliersdutoit.com

Creature COMFORTS

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a little life into your home



1. Tripod base **floor lamp** with Papilion drum shade, R1 895, Scarlet Creations.
2. Silver **grasshopper**, R375, Vintage Vista.
3. Umbra wall flutter **wall decor set**, R119,95 per set of eight, Boardmans.
4. Harlequin, Amazilia collection, Papilio **fabric** 120344, POR, Black Fabrics.
5. Salt **pot and lid**, R199, Woolworths.
6. Purple butterfly **dip bowl**, R29,95, Boardmans.
7. Bird **scatter cushion**, R250, Woolworths.
8. Pair of bird **teacups with wooden saucers**, R450, Love Milo.
9. Medium **ornamental bokkie** in charcoal, R750, Vintage Vista.

SOURCES **Black Fabrics** blackfabrics.co.za **Boardmans** boardmans.co.za **Love Milo** lovemilo.com
Scarlet Creations scarletcreations.co.za **Vintage Vista** vintagevista.co.za **Woolworths** woolworths.co.za



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The Summer room

What better place to sit and enjoy the garden this month than in a stylish and comfortable garden room?



Beverley Hughes's modern garden room is furnished with a coffee table and side table from Morgan Associates. The ethnic stool, green-patterned cushions, multicoloured basket, green glass vase and the beads on the stand all came from Weylandts. On the Block & Chisel wicker chairs are Diggi Dot Sway design cushions from Skinny laMinx. Both the candlesticks and the Mangowood planter are from The Gatehouse at Mavromac.



Bring in the colours of the garden with green accessories. Spanish recycled **votive**, R30, and art glass **vase**, R1 795, both from Weylandts.



Add an organic accent with a **wooden bowl**, R1 185, from The Gatehouse.

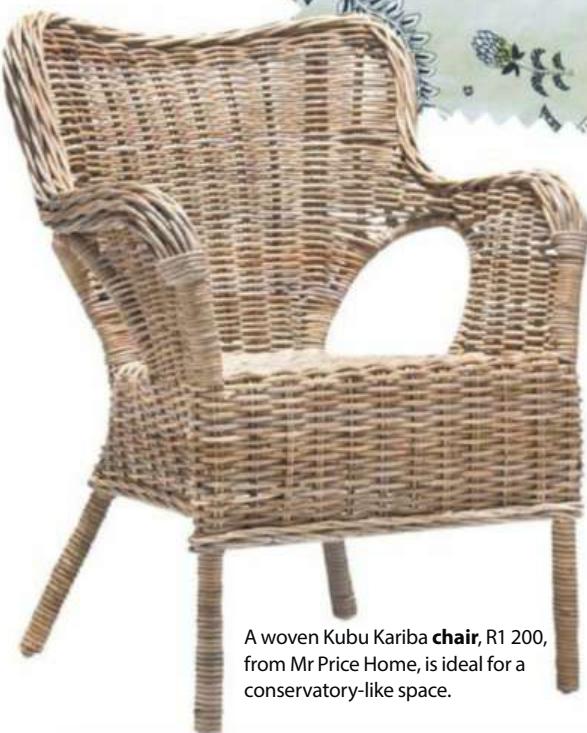


Introduce contemporary touches with graphic black and white patterns like this cushion in Diggi Dot Simple Stripe **fabric**, R480/m, from Skinny laMinx.

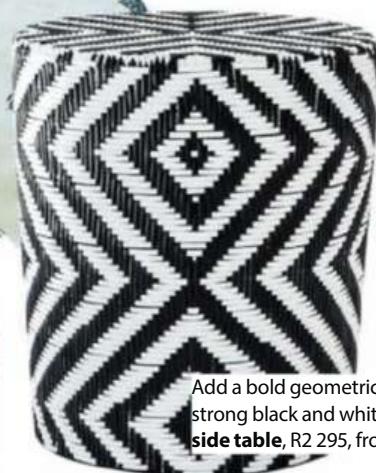
Introduce African elements like an **Ashanti doll**, R595, from Weylandts. Find similar ones at African curio markets.



Enhance the botanical theme with nature-inspired fabrics like Ardmore's Protea Fields **fabric** in Desert, R1 311/m, from Mavromac.



A woven Kubu Kariba **chair**, R1 200, from Mr Price Home, is ideal for a conservatory-like space.



Add a bold geometric pattern or a strong black and white accent. Cork **side table**, R2 295, from Weylandts.



Choose a weatherproof coffee table that makes a strong statement. Colorado **coffee table**, R4 695, from Block & Chisel.



For those cooler evenings, store blankets and throws in a woven basket. Tinton **natural basket**, R1 195, from Weylandts.

GET THE LOOK

Renovations expert

Beverley Hughes of **Hughes Design & Restoration**, who designed the outdoor living area featured opposite, has these tips on creating a chic outdoor room:

- For a contemporary conservatory vibe, use black steel-framed glass panels to protect the area from the weather. These were made by Heritage Gates in Cape Town. Metal Windows, in Cape Town, can make similar ones.
- Go for a neutral floor tile, then introduce rugs in a natural fabric like sisal or hemp to add comfort and a sense of luxury.
- Make the room look interesting by combining different textures like steel, wood and wicker with a clever mix of unusual accessories.
- Choose a scheme that works with the garden. We used botanical patterns and neutrals with black accents for definition.
- For a lush, botanical look, bring in some potted plants. ■



SOURCES Block & Chisel blockandchisel.co.za Heritage Gates 082 454 1511 Hughes Design & Restoration 082 454 8082 Mavromac mavromac.co.za Metal Windows metalwindows.co.za Morgan Associates morganassociates.co.za Mr Price Home mrphome.com Skinny laMinx skinnylaminx.com The Gatehouse at Mavromac thegatehouse.co.za Weylandts weylants.co.za

The past **PERFECTED**

A historic house in Modderfontein gave Sara Burdon and her partner Bill the perfect opportunity to create a home for their casual lifestyle

The salvaged rattan furniture on the **patio** was updated with a paint technique. The scatter cushions feature fabrics from The Silk and Cotton Co. and Black Fabrics. The sisal rug is from Living, Changing and Arranging.



Who lives here

Sara Burdon, her partner Bill Peet, her 18-year-old son Joshua and their dogs Bella, a Labrador, and Lady, a cocker spaniel.

The house

A four-bedroom, double-storey home with a wraparound veranda built on the footprint of a house dating back to the early 1900s.



“**W**e fell in love with the peaceful, wooded surrounds of Thornhill Estate while renting a house here,” says Sara Burdon, who moved to South Africa from the UK with her partner Bill Peet five years ago. The estate, situated in Modderfontein east of Jo’burg, incorporates 275 hectares of

nature reserve and heritage buildings dating back to the late 1800s, when communities developed around the then newly built dynamite factory.

When Sara and Bill saw this house, its old-world character and pretty tree-shrouded setting immediately appealed to them. “Another drawcard was that the property offered plenty of ▶

THIS PAGE, CLOCKWISE FROM TOP LEFT: ● The renovation included adding a generous veranda and pool deck overlooking the back garden. ● The dining table on the patio is from Living, Changing and Arranging and the chairs are from Block & Chisel. ● Sara Burdon.



The French-style dining room chairs were given a fun twist with striped fabrics from The Silk and Cotton Co.



space to extend the ground floor and there was the potential to go up a storey," says Sara, "so we could accommodate visiting family and friends."

Retired architect Nancy McCrorie assisted Sara and Bill with the redesign, which included the addition of a TV room, scullery and pantry on the ground level, a large outdoor entertaining area and pool deck as well as an upper storey comprising three bedrooms and two bathrooms.

Interior decorator Joanne Roelofsz helped create the relaxed interiors Sara ▷

THIS PAGE, CLOCKWISE FROM TOP LEFT: ● The light fittings in the **kitchen** are from La Grange Interiors. ● The dresser in the **dining room** was painted with Plascon's Gun Powder. ● The book cabinet in the **passage** features reclaimed wood for shelves and shutters bought at an auction act as sliding doors. It also incorporates wine storage.





had in mind. "We worked with as much of the original structure as possible but in order to create a modern open-plan living area it was necessary to remove some interior walls," explains Sara.

Along with the corrugated-iron roof, the owners respected the heritage of the house by extending and enlarging the stoep, installing sash windows and retaining the parquet floors. "The floors were an incredibly big job," says Sara, explaining that they were lifted, restored and then relaid in a herringbone pattern. "It was a labour of love but worth all the effort."

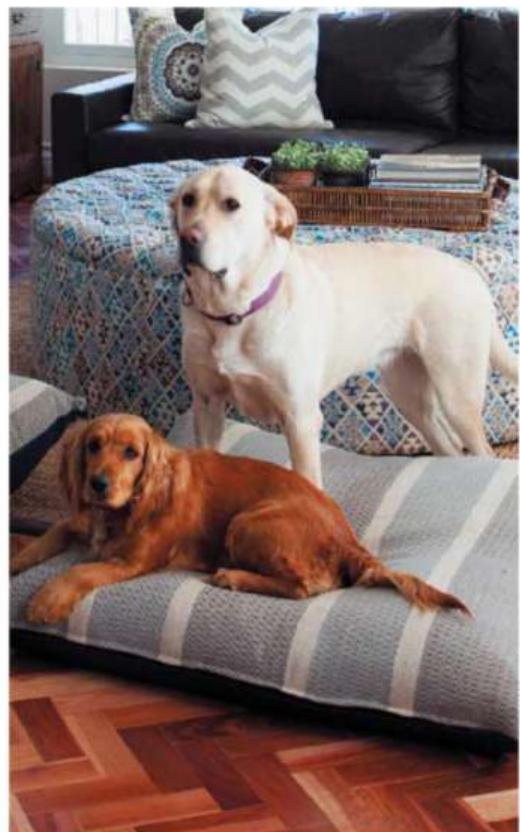
It's in the open-plan heart of the home that the bridge between old and new is evident. A modern white kitchen with oversized travertine tiles lies comfortably beside the dining area with its parquet

floors and period-style French furniture. "The key was to maintain a balance between the different furnishings, finishes and accent colours," says Joanne, "and to introduce a unifying feature." In this case it was the areas of exposed brick, which tie the home together both internally and externally.

"I'm quite bold and daring with colour and Joanne loved this as she got to play around, but there was one instance where my courage failed," admits Sara. "She sent me a picture on her phone of the dining chairs covered in different striped fabrics and I really wasn't sure. But when I came home and saw everything in place, I just loved the quirkiness."

The modern, low-key comfort extends to the large veranda overlooking the back garden. Another mix of old and new, ▷

THIS PAGE, CLOCKWISE FROM TOP: ● Joanne designed the shades for the light fittings in the **living room** and they were custom made by The Laughing Pig. The floor cushions feature Stockholm Indigo Scandinavia from The Silk and Cotton Co. ● Lady and Bella.



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Get the look

Create this stylish yet relaxing scheme in your bathroom



Crudo mango wood mirror, R3 499, @home.

DPortland matt glazed porcelain tile in beige, 600mm x 600mm, R269/m², Italtile.

Shutterguard aluminium security shutters, POR, Taylor Blinds.

Warndon bath, R22 900, Italtile.

Elegance chrome towel ring, R399,99, Tile Africa.



Regency ottoman, R6 995, Weylandts.

Cup handle, R85, Handles Inc.

Jute boucle rug, from R741/m², Rebtex.

Heritage fabric in Bolt, R1 003,20/m, Hertex.

it's an area the family uses all year round. "When we have people over, they breeze in and out as they please," says Sara. "Like the rest of the home it's a casual, relaxed environment and we wouldn't want it any other way." 

THIS SPREAD, CLOCKWISE FROM TOP LEFT: ● The chairs in the **main bedroom** are from Block & Chisel. ● The **guest bedroom's** floral scatters are covered in Classics Gladino Persimmon from Mavromac. ● The green bench in the **main bathroom** was an antique shop find. ● The headboard in the **main bedroom** was upholstered in Linen Lesley from Mavromac. ● The wallpaper in the **guest bathroom** is from Rebel Walls.

ONLINE GIVEAWAY

To win a set of four handles, valued at R340, visit gardenandhome.co.za

SOURCES @home home.co.za Black Fabrics blackfabrics.co.za Block & Chisel blockandchisel.co.za Garden Bleu gardenbleu.co.za Handles Inc. handlesinc.co.za Hertex hertex.co.za Italtile italtile.co.za Joanne Roelofsz 082 342 7379 La Grange Interiors lagrangeinteriors.co.za Living, Changing and Arranging 011 025 7564 Mavromac mavromac.co.za Plascon plascon.co.za Rebel Walls rebelwalls.com Rebtx rebtxrsa.com Taylor Blinds taylorblinds.co.za The Laughing Pig 082 342 7379 The Silk and Cotton Co. silkco.co.za Thornhill Estate thoja.co.za Tile Africa tileafrica.co.za Weylandts weylandts.co.za

cape new build

On top of the WORLD

This eco-friendly home in Somerset West displays an exciting combination of contemporary style and personal memorabilia.

TEXT CATHERINE ZACHARIOU PHOTOGRAPHS KARL ROGERS

Situated high on the slopes of the Boskloof Eco Estate in Somerset West, the home of Lenie and Stanley van der Heever enjoys magnificent views of the Helderberg Basin. Having previously lived in both Jo'burg and Knysna, the couple wanted a home

that would allow them to live in a natural environment that was also close enough to a major city, for Stanley's work. "People often ask us why we left Knysna for Somerset West, but one look at our view and surroundings and they understand immediately," says Lenie. ▷

THIS PAGE: The Van der Heevers' **TV room** is situated next to the braai area and can be enclosed by folding glass doors. The scatter cushions are from Hertex and the marble coffee table is from Limeline. **OPPOSITE PAGE:** The kitchen looks out over the **formal dining** and **living room** to the beautiful views.



Who lives here

Businessman Stanley van der Heever and his wife Lenie.

The house

A newly built double-storey home with two bedrooms, large open-plan living areas, an undercover braai room and a wine room.



The house was designed by Merinda Brymer of Brymer and Associates in accordance with the strict environmental guidelines of the estate. To minimise the home's energy requirements, the fireplace in the formal living room heats not only the immediate area but also the main bedroom, enclosed braai area, study and needlework room. To retain heat in the home, all windows and sliding doors were fitted with double glazing.

When it came to furnishing their home, the Van der Heevers felt they needed input from an expert. "We had existing pieces of furniture but wanted to add more warmth to the large space." Surprisingly, the answer came from social media. They saw work by Jacob Crafford-Burger of Kojabu Interior on his Facebook page and, after reading the positive comments, they felt he would be the ideal person to help them create the inviting atmosphere they had in mind.

"The house had an amazing structure but the existing furniture was rather plain and simple," recalls Jacob. "The glass sliding doors in almost every room help to bring in the beautiful views of False Bay, Hottentots Holland Nature Reserve and the Cape Peninsula. To make the most of these, I decided on low furniture that doesn't block the views and kept to a neutral palette that's interesting and textured but doesn't detract from the outlook. This way, the scenery can be appreciated no matter where you are in the house."

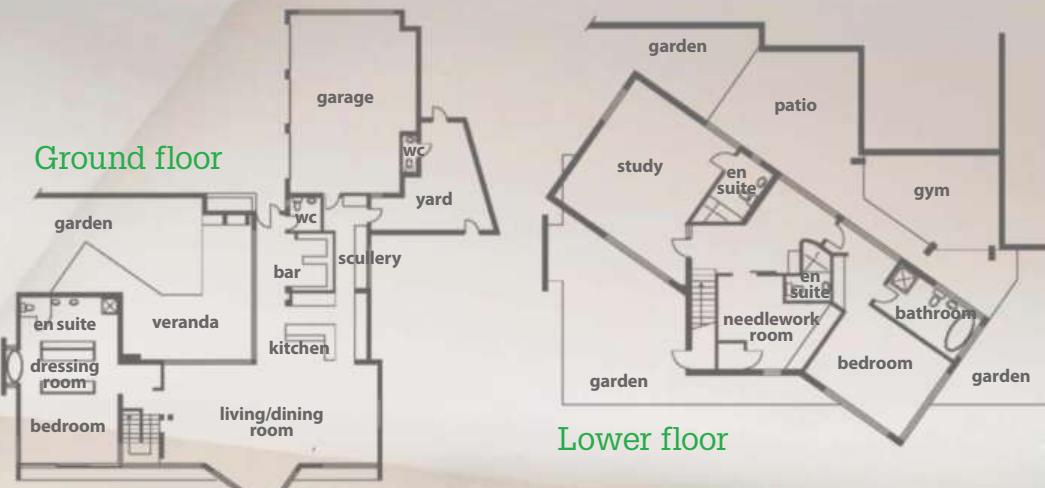
Working closely with the architect, Jacob introduced modern pieces from Kartell and Limeline interspersed with textural soft furnishings from Hertex and local brand Krafthaus. To keep things interesting, he played with pattern and texture throughout the home. "I kept the wallpaper the same in the upstairs areas for continuity." ▷

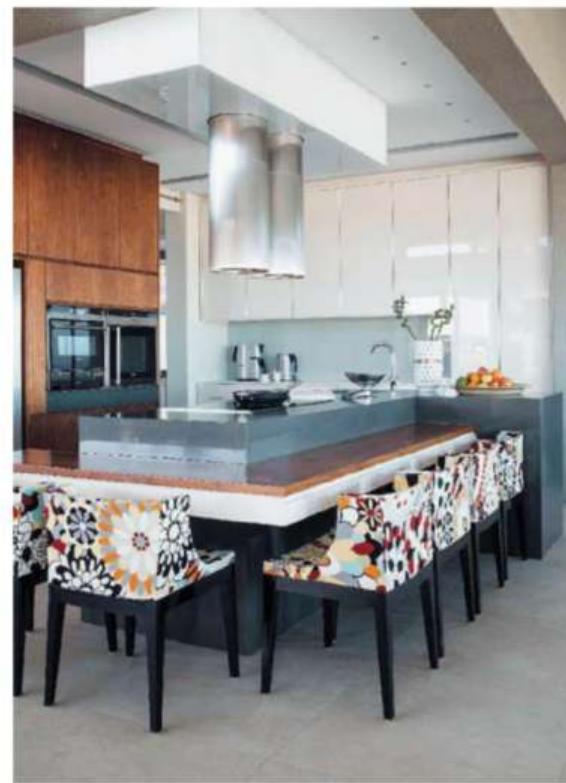
THIS PAGE, FROM TOP TO BOTTOM: ● In the **formal living area**, scatter cushions from Stable and Krafthaus and a throw from Ebony bring colour to the neutral sofa from Jo Carlin. ● A cowhide chair and textured side table from Ebony add interest to the **formal living area**.



A modern artwork, *Trickle Down* by Dathini Mzayiya, takes pride of place in the **formal dining room**. The circular rug is from Limeline.







Both the owners and Jacob share a love of art, which led to the creation of a gallery wall on the stairway. “I always incorporate art in my projects and had the Van der Heevers’ original pieces reframed to fit in with the sleek look of the house. We also added some new finds to the mix.”

To give the house a warm, personal feel, Jacob included memorabilia from the Van der Heevers’ many travels. Murano glass from Venice, wooden masks from Africa and traditional shell jewellery from tropical islands are all reminders of special moments.

“This was the first time I’d worked on such a modern home, but I’ve fallen in love with the simplicity and clean, straight lines,” says Jacob. “Lenie and Stanley were the perfect clients as they were very relaxed about the whole process and placed their trust in me. This made the installation go that much more smoothly.” ▷

THIS SPREAD, FROM LEFT TO RIGHT:

- The **indoor braai area** can be opened up or closed off from the main living areas of the home by means of sliding glass doors. The large dining table is from Fechters in Knysna and the chairs from The Modern Home Company.
- The **kitchen** was designed by architect Merinda Brymer and installed by Joos Joiners. The colourful Philippe Starck Mademoiselle chairs are from Kartell.

THIS PAGE, LEFT TO RIGHT: ● A rustic basket makes a good contrast to the sleek finishes in the en suite **bathroom**. ● The couple enjoys spectacular views from the comfort of their **bedroom**.



EC Museum Collection
horse, R495, Coricraft.



Get the look

Replicate the warm, textural comfort of this TV room



VM leather **carpet**,
R695, Coricraft.

Lovell occasional **chair** in
Ash, R6 900, Birba.



Concrete Grigio porcelain **tile**
(600mm x 600mm), R340/m², WOMAG.

Cleveland **coffee table** with black glass
top, R17 527,50, Leonardo Design.

SOURCES **Birba** birba.co.za **Boskloof Eco Estate** boskloof.co.za **Brymer and Associates** brymerandassociates.co.za **Coricraft** coricraft.co.za **Dathini Mzayiya** asai.co.za **Ebony** ebonydesign.co.za **Fechters** fechters.co.za **Hertex** hertex.co.za **Jo Carlin** jocarlindesign.co.za **Joos Joiners** joos.co.za **Kartell** afritaly.com **Kojabu Interior** kojabu.co.za **Krafthaus** krafthaus.co.za **Leonardo Design** leonardodesign.co.za **Limeline** limeline.co.za **Stable** stable.org.za **The Modern Home Company** modernhome.co.za **Weylandts** weylandts.co.za **WOMAG** womag.co.za



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SUN Seeker

Thanks to a carefully planned renovation, this beach house is now the epitome of contemporary coastal living



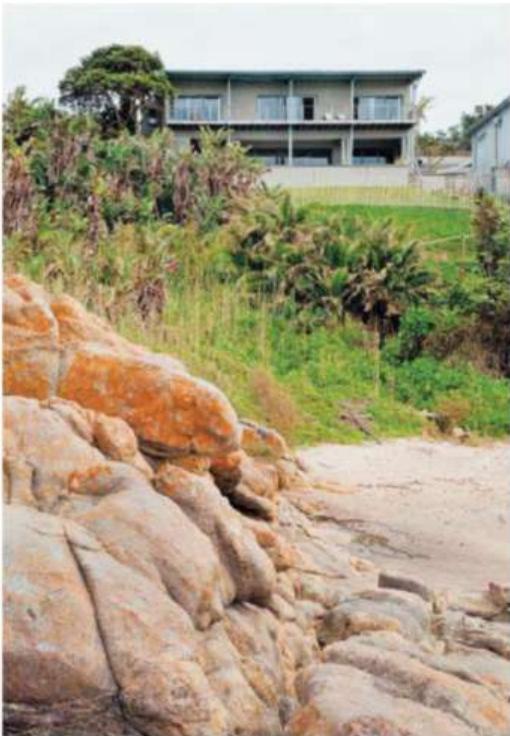
Set above a secluded beach on the KZN South Coast, this recently renovated property is now an idyllic retreat for the Durban families who co-own it. However, it wasn't always like this. When they bought it, it consisted of a warren of rooms and lacked outdoor areas where they could enjoy the sea views.

In their brief to Stefcon Projects, who undertook the renovation, they requested a practical, hassle-free family holiday home

that could cope with sandy feet and wet costumes. And the main focus had to be on the ocean.

The Stefcon Projects team, led by Calvin Wright, set about creating a contemporary structure with balconies anchored by steel support beams from Avellini Bros, and this instantly modernised the structure. A new roof by Four Seasons Roofing features a large overhang to protect the new deck and patio.

"No one wants to be bothered with maintenance and repairs when they're



Who lives here

A couple of families share this beach house and take turns using it.

The house

A renovated holiday house near Marina Beach with six en suite bedrooms, a large open-plan living and dining area, separate TV room, courtyard, covered patio and a swimming pool deck.

on holiday so we chose top-quality, long-lasting fittings that won't rob the owners of their free time," he explains.

Another important consideration was security. "To relax, one must feel safe, so we really did our homework here," says Calvin. "No doors open directly outside; instead, they all open into courtyards or enclosed balconies."

Surrounded by milkwood trees, which the owners insisted were not to be damaged, and overlooking the Indian Ocean, the house now has great flow between indoors and out. "The large,

open spaces are ideal for relaxing and spending time with our children," says one of the owners.

The light and airy downstairs living area has several different zones for lounging, entertaining and cooking. A separate TV room and a bedroom kitted out with bunk beds ensures that the children are happy too.

The interiors are modern with a hint of texture and warmth provided by the raw oak boards used as cladding in the living room and kitchen and the fun red stools around the kitchen island. ▷

THIS PAGE, CLOCKWISE FROM TOP

LEFT: Set just above a secluded beach, the **house** now has a much more contemporary look yet still blends with the landscape.

The new **deck** provides a level area around the swimming pool, ideal for relaxing. The owners love dining on the **covered patio** overlooking the sea. Folding shutters by American Shutters protect the furniture from the elements when the house is not in use.

OPPOSITE PAGE: The renovation included a the addition of a **covered patio**, **large deck** and **balconies** leading off the upstairs bedrooms.



A particularly striking feature is the 'floating' timber staircase that leads to the upstairs bedrooms, all of which have been decorated with white bedlinen and subtle sea tones.

Large glass sliding doors open out onto a covered patio that's also protected by folding shutters. "This area overlooks the ocean and it's where we all usually end up. The view is like a beautiful, ever-changing picture and we love watching the whales, dolphins and birds all going

about their seasonal routines," says one of the owners. A few steps down is the deck and swimming pool and beyond this, a flight of stairs leads to a gate to the beach.

The weather here is not always perfect, which is why the renovation included the addition of a courtyard on the inland side of the house. Decorated with wicker chairs and abundant greenery, it's a fabulous space to sit and read or socialise. ▷



THIS PAGE, CLOCKWISE FROM LEFT:

• The television is housed in a timber-clad recess in the **living room**. The neutral colour scheme suits everyone's taste and can be easily updated with new accessories. • The **kitchen**, by Wood Components, is a gathering spot. The look is contemporary with raw oak timber cladding, a glass splashback and handleless cabinetry. Through the door on the left is the braai area. • When the weather is bad, the owners congregate in the **courtyard** on the inland side. It's furnished with natural wicker furniture, timber screening and monochrome cushions from Ecru.

A 10-seater **dining room** table makes it easy to accommodate a crowd. A built-in cabinet displays treasures discovered on the beach.

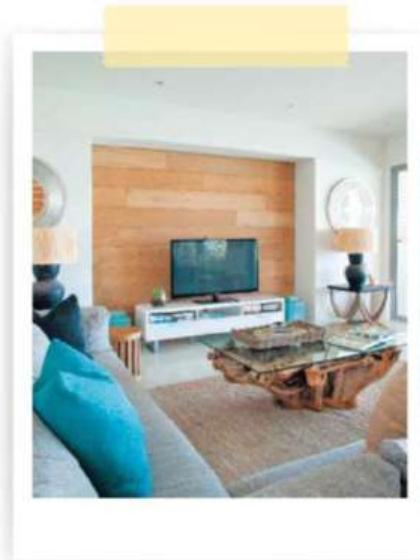




THIS PAGE, LEFT TO RIGHT: All the **bathrooms** have a sleek, spa-like feel. This bathtub is from **Classic Trading**. White bedlinen in all the **bedrooms** came from **Rale Trading Company**. The screed floors are low maintenance and durable as are the aluminum windows.

Decor inspirations

Create this restful coastal scheme in your living room with these great buys



Jaipur lamp with hemp shade, R1 125, Scarlet Creations.

Illusion wood panels wallpaper, R650/roll (excl. delivery), Wall Couture.

TV unit with open section and two drawers, R10 990, LIM.



Classic silver mirror, R4 200, Vintage Vista.

Jute Boucle rug, from R2 490, Esque.



Vintage loft corner sofa in charcoal, R44 995, SHF.

Velvet scatter cushions, R159,95 each, Boardmans.

SOURCES **American Shutters** americanshutters.co.za **Avellini Bros** avellini.co.za **Boardmans** boardmans.co.za **Classic Trading** classictrading.net **Ecru** 031 572 2837 **Esque** esque.co.za **Four Seasons Roofing** 031 309 4773 **LIM** lim.co.za **Rale Trading Company** 082 654 1426 **Scarlet Creations** scarletcreations.co.za **SHF** shf.co.za **Stefcon Projects** 031 564 9501 **Vintage Vista** vintagevista.co.za **Wall Couture** wallcouture.co.za **Wood Components** 031 303 5412

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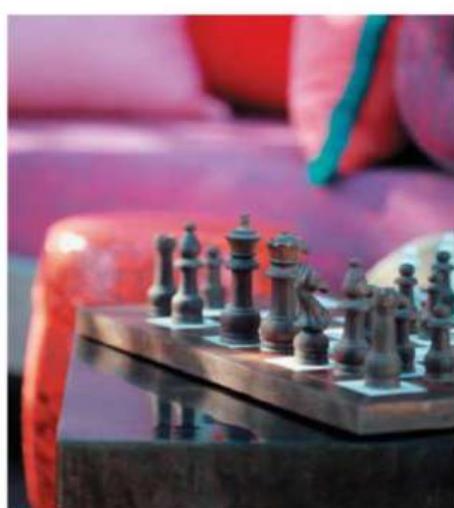
Arabian nights

To make the most of the tight space outdoors, the owners of this Cape Town home approached Christine Bekker of Hocus Interior Design Studio and asked her to design a multifunctional area they can enjoy all year round.

“Once we’d decided on a Moroccan theme, we came up with the idea of a decked gazebo,” explains Christine. “We designed suspended timber seats so that we could have a retractable floor underneath. This slides back to reveal a Jacuzzi installed by Sauna & Decks for Africa – perfect for relaxing on balmy evenings.”

For the cooler seasons, the Progress Group fitted a stone fireplace with a metal chimney. A canopy operated by remote control can also be opened or closed depending on the weather. In keeping with the exotic theme, Christine filled the benches with richly patterned cushions and introduced ceramic stools and metal lanterns. ▷

SOURCES **Hocus Interior Design Studio**
hocus.co.za **Progress Group**
progress-group.co.za **Sauna & Decks for Africa** capesauna.co.za



"The solution was to construct a fully-fitted pavilion next to the pool"





Home from home

When designing their home and garden, it was obvious to Michele and Nico Strydom that the only place for the swimming pool was at the bottom of their steeply sloping Jo'burg property. This in itself was not an issue, but as they have three small girls, the idea of trekking up to the house every time anyone wanted a drink or snack didn't appeal. The solution was to construct a fully-fitted pavilion with bathroom facilities next to the pool to cater for everyone's needs.

"Firstly we needed to ensure that the design of the pool house was in keeping with the newly landscaped garden," explains landscape designer Mary Ann Brews of Emay Gardens. "To maintain an open feel, we limited the brick structure to the back wall and fitted drop-down canvas blinds on the other three sides for use in inclement weather." To ensure the structure blended with the garden, the Strydoms clad it with pack rock from the Karoo.

"Inside we installed a small hot water geyser along with a Smeg fridge/freezer, a gas braai and a sound system," says Michele who designed a steel-framed candelabra to highlight the table. Made by Pierre Cronje, the table seats 16 and was constructed with two planks from a single French oak tree.

"In the warmer months, the whole family relocates here for the day. We can relax while the kids frolic in the pool, and we have all we need at arm's length," says Michele. ▷

SOURCES Emay Gardens 082 448 8122 **Pierre Cronje** pierrecronje.co.za

Tropical heat

A comfortable, spacious patio area was a priority when architectural designer Cara Slater-Middlewick designed her own home at Saxonwood Luxury Villas near Ballito, KZN.

“There are several things which make this space really work. Firstly, I extended the roof and the decking further than necessary to protect the furniture from the elements. Secondly, I included a generous counter with built-in fridges that makes entertaining much easier. Plus the non-slip, tiled floors are durable and easy to maintain,” she says.

Extra-high glass sliding doors allow the interior to open up completely and Cara carried through the natural textures used indoors, such as wicker furniture, concrete countertops and timber cladding and screening. Large mirrors above the counter reflect the views while botanical accessories and potted plants keep the look fresh and tropical. “As the furniture is neutral and classic, I can change the look on a regular basis,” she adds. ▷

SOURCES Cara Slater Designs

caraslaterdesigns.com

Luxury Villas 082 495 4388





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Contemporary cool

Designed and built by Extra Dimensions, this contemporary patio features timber screens which ensure protection from the elements while letting in air and light. The company also designed a kitchenette and braai area in the same style as the kitchen inside, making the patio ideal for entertaining, which the owners do regularly. And plenty of storage space means everything's at hand so there's no back and forth to the kitchen.

"The decor was dictated by the style of the interiors as the owners wanted a seamless flow from one to the other," explains Schanè Anderson of Olàlà! Interiors, who furnished the area.

"We carried the masculine, moody feel through with charcoal tones and natural wood. We had the hanging chairs specially made, recovered the owners' cane sofa cushions in a smoky ash colour and introduced a weatherproof outdoor rug. The sculptural coffee table makes a good contrast to the angular black chairs. If your patio is exposed to the weather, choose guaranteed outdoor furniture and fabrics so that you don't have to carry cushions in and out all the time." ▷

SOURCES Extra Dimensions

edimensions.co.za Olàlà! Interiors
olalainteriors.com





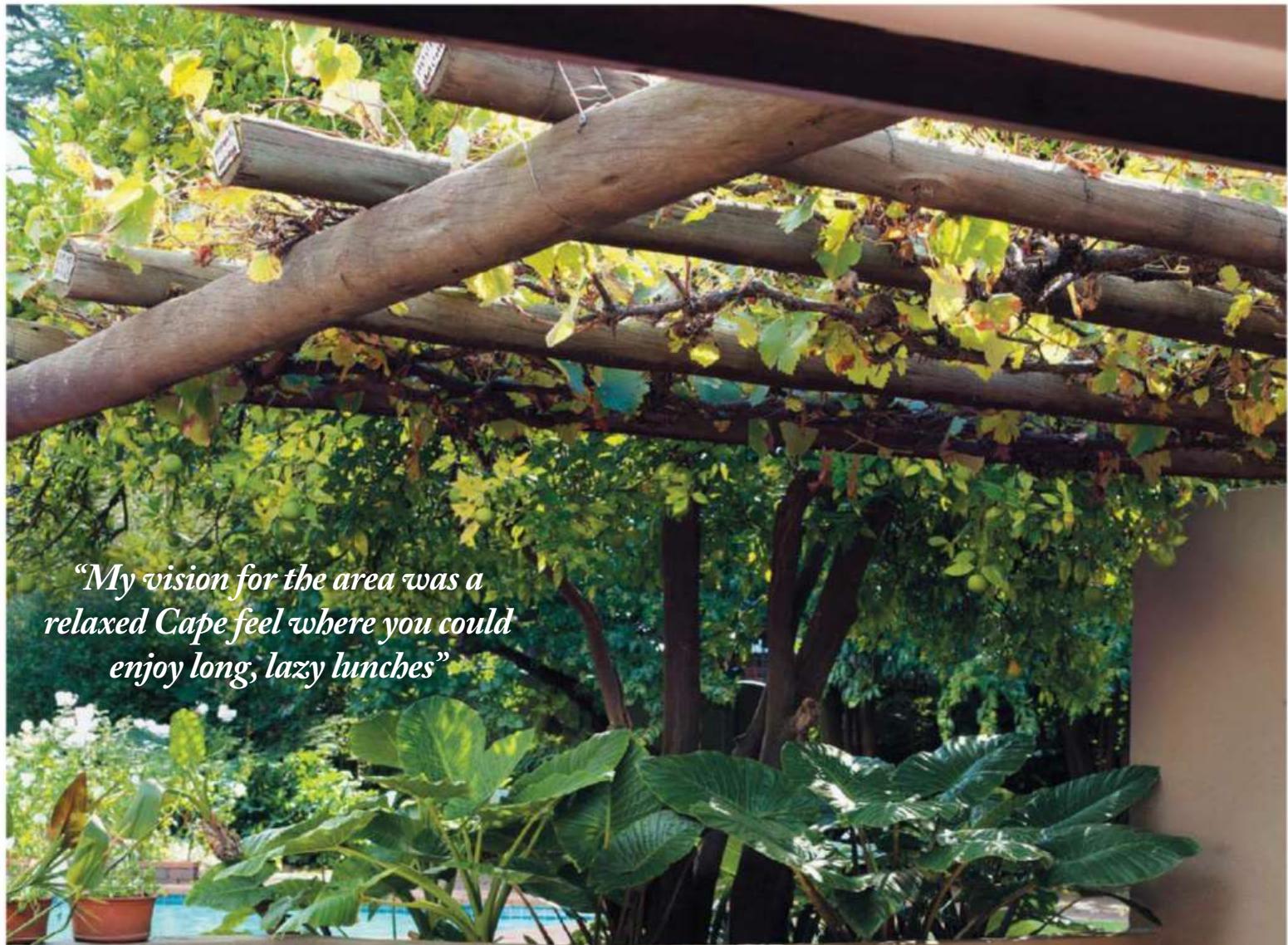
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“My vision for the area was a relaxed Cape feel where you could enjoy long, lazy lunches”





A vine romance

When Tanja and Bruce Beyers first moved into their Rivonia, Jo'burg home, the outdoor living area consisted of a small poky space covered with a grapevine. "My vision for the area was a relaxed Cape feel where you could enjoy long, lazy lunches," recalls Tanja, an interior designer at Profurn Contracts.

While there was enough space under the existing pergola for a dining table, steps leading down from the upper level meant there was no room for furniture where you could sit and relax. The solution was to remove the steps and replace them with a built-in water feature and timber-clad bench. This created enough space for hardwearing wrought-iron furniture, which Tanja dresses with a selection of stylish cushions. To make the patio an extension of the living areas, they installed a bank of stacking doors in the dining room to connect the two spaces and used the same natural clay quarry tiles outdoors.

"We live out here in summer, especially on hot evenings. With the sound of the frogs in the pond and the abundance of grapes hanging off the vine, it's like being in the country." ▷



SOURCE Profurn Contracts 011 234 1306

Heart of the home

When publicist Jo Giles of Frontpage Communications decided to renovate her family's Parkview, Jo'burg home, the patio was a major consideration. As she and her husband Quinton love to entertain, they wanted an easy flow between the patio and the rest of the living areas. This wasn't as straightforward as they had imagined. "There was no access for heavy machinery to the back garden so our builder had to dig the patio and cart the sand away by hand," recalls Jo.

The new space has a wisteria-covered pergola at one end,

which shades a white-washed dining table and benches. The floor here consists of large pavers interplanted with groundcover, which link this area to the garden. At the other end is a covered sitting area with a fireplace, which Jo furnished with comfy couches and wicker occasional chairs from Coricraft. "It's ideal for lazy afternoons lying on the sofa with a book," she says.

SOURCES Coricraft coricraft.co.za Frontpage Communications frontpage@telkomsa.net



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Kai pod **chair**, R8 995, Weylandts.

Endless Summer, Erratic **outdoor fabric** in Liquorice, R535,80/m, Hertex.

SPF **outdoor fabric**, Protection in Stoney Island, R570/m, Black Fabrics.

Seventies occasional **chair**, R3 495, Weylandts. ▶

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R130 each, Woolworths.



Gozo **chair** in coral,
R1 699, @home.

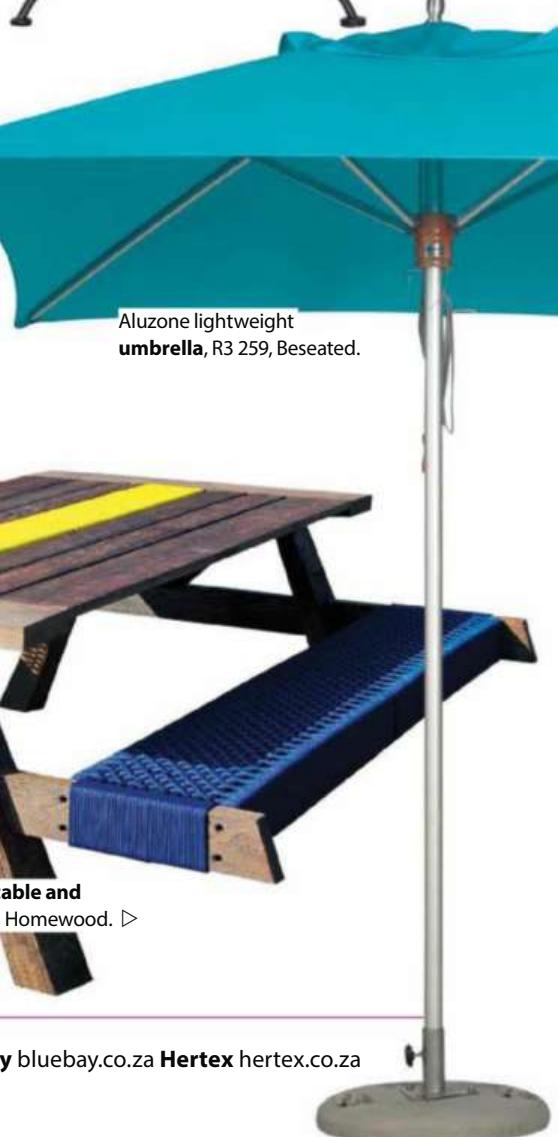


SPF **outdoor fabric**, Factor in Lemon,
R570/m, Black Fabrics.



Simbithi **three-seater couch**,
R7 204,89, Blue Bay.

Aluzone lightweight
umbrella, R3 259, Beseated.



Outback **gas braai** in red,
R5 849,99, Hirsch's.



Intambo A-frame **table and
benches**, R20 400, Homewood. ▷

SOURCES @home home.co.za Beseated beseated.co.za Black Fabrics blackfabrics.co.za Blue Bay bluebay.co.za Hertex hertex.co.za Hirsch's hirchs.co.za Homewood homewood.co.za Woolworths woolworths.co.za

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R1 299, Mobelli.

St Michel **outdoor fabric** in
Lino, R535,80/m, Hertex.



Bindi **stool**, R1 295, Coricraft.



Weber MasterTouch
charcoal **grill**, R4 999,
Yuppiechef.com

SOURCES **Coricraft** coricraft.co.za **Hertex** hertex.co.za **Mobelli** mobelli.co.za **Mr Price Home** mrphome.com **Patio Warehouse** patiowarehouse.co.za **The Silk and Cotton Co.** silkco.co.za **Trade Secret** trade-secret.co.za **Yuppiechef.com** yuppiechef.com



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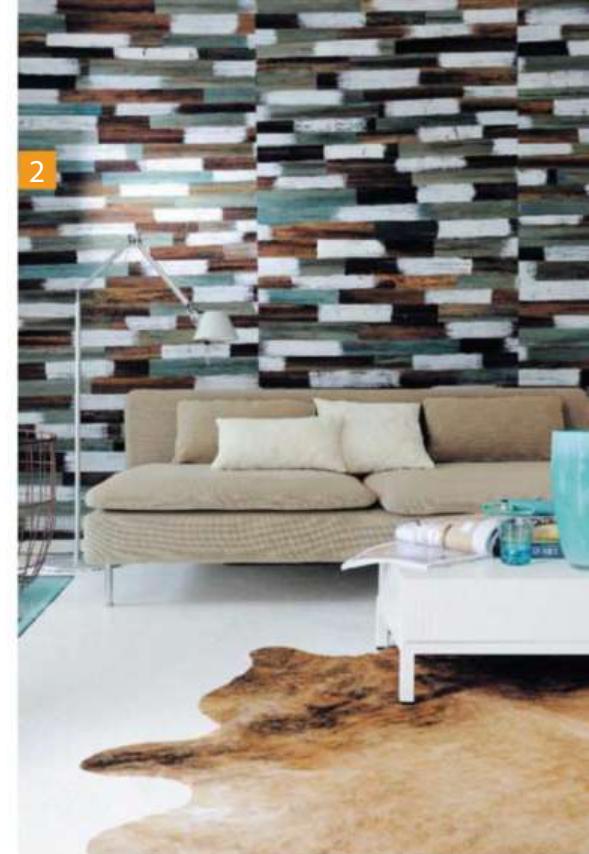
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Wall POWER

Whether you're using paint, wallpaper, art or murals, the secret to on-trend feature walls is to ensure it enhances the decor

1 To give this cinema room a modern yet moody ambience, interior decorator Cheryl Herweg of Changing Spaces chose a wallpaper mural depicting a glamorous cityscape, which she complemented with a grey sofa and yellow scatters.



2 Faux effect wallpapers that resemble rustic finishes such as wood panelling, distressed brickwork and animal hides are very in. This Bolinao wallpaper from the Mindoro collection by Elitis, available from St Leger & Viney, has a graphic quality which complements contemporary furnishings.

3 One of the simplest ways to create a feature wall is to paint it in a striking colour, like the rich purple chosen for this dining area. It adds depth and brings the furniture to life. Interior design by Derrick Tabbert. ▷



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TIPS FOR CREATING A FEATURE WALL

Interior decorator Cheryl Herweg of Changing Spaces has this advice:

- A feature wall should draw the eye immediately. It could be the wall housing the fireplace, or a wall with beautiful wallpaper or cladding, but it must be the hero of the room. The rest of the furniture should complement, rather than overpower, it.
- Don't have more than one feature wall in a room or it becomes too busy. For the best effect, choose the largest wall and one that's not broken up by doors and windows.
- Use a bright or boldly patterned wallpaper on one wall only and place a good piece of furniture or a headboard against it. If you want to use wallpaper on the other walls, stick to a textured design in a neutral colour.
- If you're using art, hang pictures in a carefully planned collage over an entire wall and keep the artwork on the other walls to a minimum.
- When covering a wall with a blown-up photographic print, make sure the furniture doesn't obscure an important part of the image. Choose a picture where the focus is above the top of the furniture.



4 For this open-plan dining area, Cheryl Herweg wanted a striking wallpaper to define the space. Not able to find the right pattern, she designed this one herself. "When using a bold pattern like this, choose neutral furnishings so they don't compete with the wall," she advises. ▷

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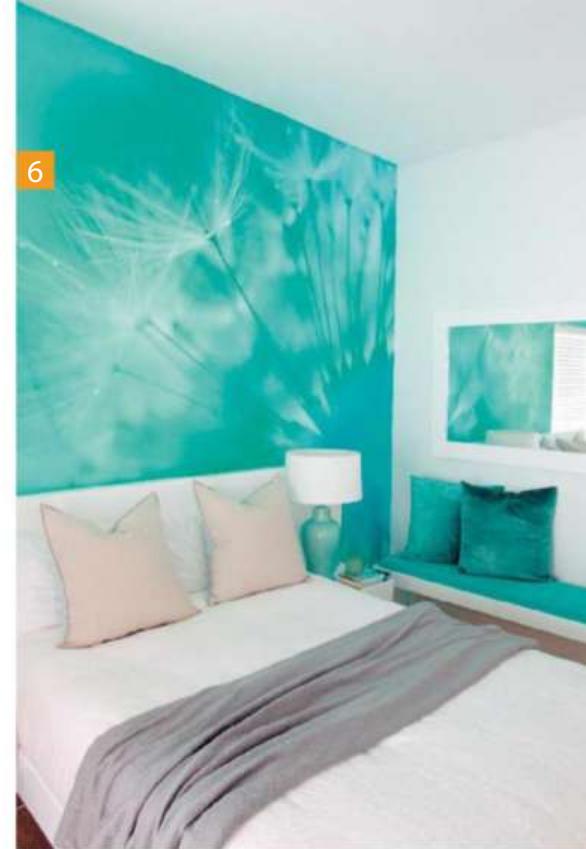




5



09



6



7

5 Unlike normal wallpaper, which can be repeated, large panels give the effect of a one-off handpainted mural. This fun design from Eijffinger's Black & Light range is 232cm wide and 280cm high and is available from Dreamweaver Studios.

6 An oversized image, such as this dandelion design, can visually enlarge a room. "The design adds

individuality and was the starting point for the rest of the room," explains interior decorator Cie Grobelaar of Media C Designs, who restricted the rest of the furnishings to neutrals and cool shades of blue.

SOURCES **Changing Spaces** changingspaces.co.za **Derrick Tabbert** tabbert.co.za
Dreamweaver Studios dreamweaverstudios.co.za **Media C Designs** mediacdesigns.co.za
St Leger & Viney stleger.co.za

7 Vinyl is back, but even if you prefer your iPod to a turntable, don't get rid of old LP covers. Here, a series of framed album jackets hung in a grid design makes a strong statement in this teenager's bedroom. 

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double-duty kitchens

The furnished **KITCHEN**

Integrating a kitchen and living area shouldn't mean sacrificing either function or comfort. Here are two stylish spaces that have it all





A family affair

Realising that her family had outgrown the kitchen and breakfast nook in their Illovo, Jo'burg home, Belinda Booth decided it was time for an update.

"This room originally included a TV area that didn't work, as people leaving or entering were frequently walking in front of the screen," explains Belinda. "In addition, the experience of sitting in front of the fireplace in winter was lost because it was in competition with the TV opposite."

"What I had in mind was a casual bistro-style environment where family and friends could connect around a large table not just for meals but to read, play games, watch TV or enjoy a chat and a cappuccino," she explains. Belinda approached interior designers Robyn Pirie and Antoinette Rapitsi of Kuki Jeanne Design to assist with the revamp. A half wall running the length of the counter defines the kitchen area and effectively conceals any untidiness on the work surface behind. Built-in cupboards were installed along one wall to accommodate bar fridges and storage and the counter is equipped with a coffee station and a drinks tray. "This way everyone is free to help themselves," says Belinda.



THIS PAGE, FROM TOP LEFT TO RIGHT: The Ambiente Luce light fitting is from The Light Shed, the chairs are from Block & Chisel and the rug is from The Gatehouse at Mavromac. **Dave Pearson of Woodrit Carpentry** installed the kitchen.

INSET: Belinda Booth.

OPPOSITE PAGE: The counters feature Caesarstone and the splashback tiles were custom made by Kt Tiles.

Continuing the country feel, Robyn and Antoinette paired an extendable wooden dining table from Block & Chisel with chairs slip-covered in linen. "We were so lucky to find a perfectly sized rug that provides a striking foundation for the natural palette," says Robyn. An unusual wrought-iron light fitting also bridges the kitchen and dining areas.

"This space is now the heart of our home. In summer we open the doors onto the verandas on both sides," explains Belinda. "At night we spend hours chatting comfortably at the table without the need to move to sofas especially now that the TV is positioned above the fireplace." ▷

SOURCES **Ambiente Luce** ambientluce.com **Block & Chisel** blockandchisel.co.za **Caesarstone** caesarstone.co.za **Kt Tiles** kt-tiles.co.za **Kuki Jeanne Design** kukijannedesign.co.za **The Gatehouse at Mavromac** thegatehouse.co.za **The Light Shed** lightshed.co.za **Woodrit Carpentry** woodrit@mweb.co.za

“Guests are free to sit back and relax or roll up their sleeves and help prepare the meal”





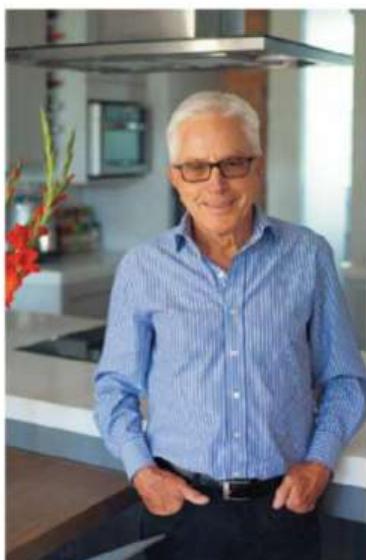
Entertainer's delight

“Our previous kitchen was completely isolated from the living and dining room, which is typical of the older apartment blocks,” says Sakkie Jooste. “We love to entertain but we didn’t enjoy it because whoever was cooking was always separated from the guests.”

The opportunity to design a new kitchen within an open-plan entertaining area came about when Sakkie and his partner bought the neighbouring apartment in their block in Hyde Park, Jo’burg. “By removing five walls we created a large space bordering the living area,” explains Sakkie.

At the centre of the new area is a custom-designed dining table adjoining an island fitted with a hob. “This arrangement means that the cook never feels excluded,” says Sakkie. “It also encourages an informal approach to entertaining where guests are free to sit back and relax or roll up their sleeves and help prepare the meal.”

While Sakkie wanted the kitchen and dining area to have a contemporary look, it was important for the new space to work with the classical living area. “Instead of a modern design, which we felt would’ve been too sterile, we opted for the warmth of wood,” explains Sakkie, “and we kept the lines clean.” A bulkhead and a raw brick



THIS PAGE, FROM TOP LEFT TO RIGHT:

- Interior decorator Mary Sifrin assisted with the decor. The Chinese cabinet is from Trade Roots.
- Design and installation of the kitchen was done by Graham Chelin of Blues Woodworks.

INSET: Sakkie Jooste.

OPPOSITE PAGE: With its mix of fitted and freestanding furniture, the kitchen blends seamlessly with the living area. The Ngwenya Glass lights are from Project Partnership.

feature wall introduce a contemporary element, as do the Philippe Starck Dr. Yes chairs from Kartell. “Our beautiful Chinese lacquered cabinet works perfectly here, adding just the right amount of formality,” says Sakkie.

To establish unity, the original parquet floors were retained and gaps where walls had been, were filled in with matching blocks. “We’re so pleased with the result,” says Sakkie. “It’s especially lovely in summer when we fold back the sliding doors so that the garden becomes part of the living room.”

SOURCES Blues Woodworks 082 453 1557 **Kartell** kartell.com or 011 447 7062 **Mary Sifrin** 071 632 8282 **Ngwenya Glass** ngwenyaglass.co.sz **Project Partnership** projectpartnership.co.za **Trade Roots** 011 728 0672 or 021 421 0401

decorative shelves



Shelf LIFE

Bored with your living room or kitchen? If you've got an hour or two to spare, why not use the time to turn your shelves into a fabulous focal point?

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▲ PATTERN PLAY

Jo'burg designer Leigh Finck placed books horizontally and vertically to create a vibrant patterned effect at the end of a passage.



▲ CLUTTER FREE

Wall-mounted shelves are a great way to free up counter space in a kitchen. Use plants in between cookbooks to bring the space to life.

▼ OFF CENTRE

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SHOWCASE CHARM

Painted in different colours with timber accents, these wall-mounted units become a focal point and are ideal for displaying ornaments and pictures.



PAINT IT BLACK

Paint the backs of the shelves in a dark colour to show off predominantly white accessories. Mix in a bit of raw wood and a touch of copper for a contemporary look.



TOP TIPS ON STYLING SHELVES

**Jonathan Avnon
of Joseph Avnon**

**Interiors has
this advice:**

- For a well-thought-out display, stick to a particular palette, whether it's neutral tones of white and grey or complementary colours like baby blue and pastel pink.
- Remember the principle of ones, twos and threes. Always have at least one personal item on display; a framed photo or your child's artwork for example. Have at least two bursts of greenery, as this really helps to bring life to a shelf. Include a set of three items (see above), whether it's three vases or three ceramic pots. A grouping of identical objects makes for a well-balanced arrangement.
- Begin with the end in mind. Even if it's just a rough idea, visualise what you want to put on the shelves before you go shopping. Knowing beforehand that you want boxes for storage, vases for fresh flowers and a couple of quirky items will make the selection process much easier. And you may find that you already have a number of suitable accessories.





LIGHTEN UP



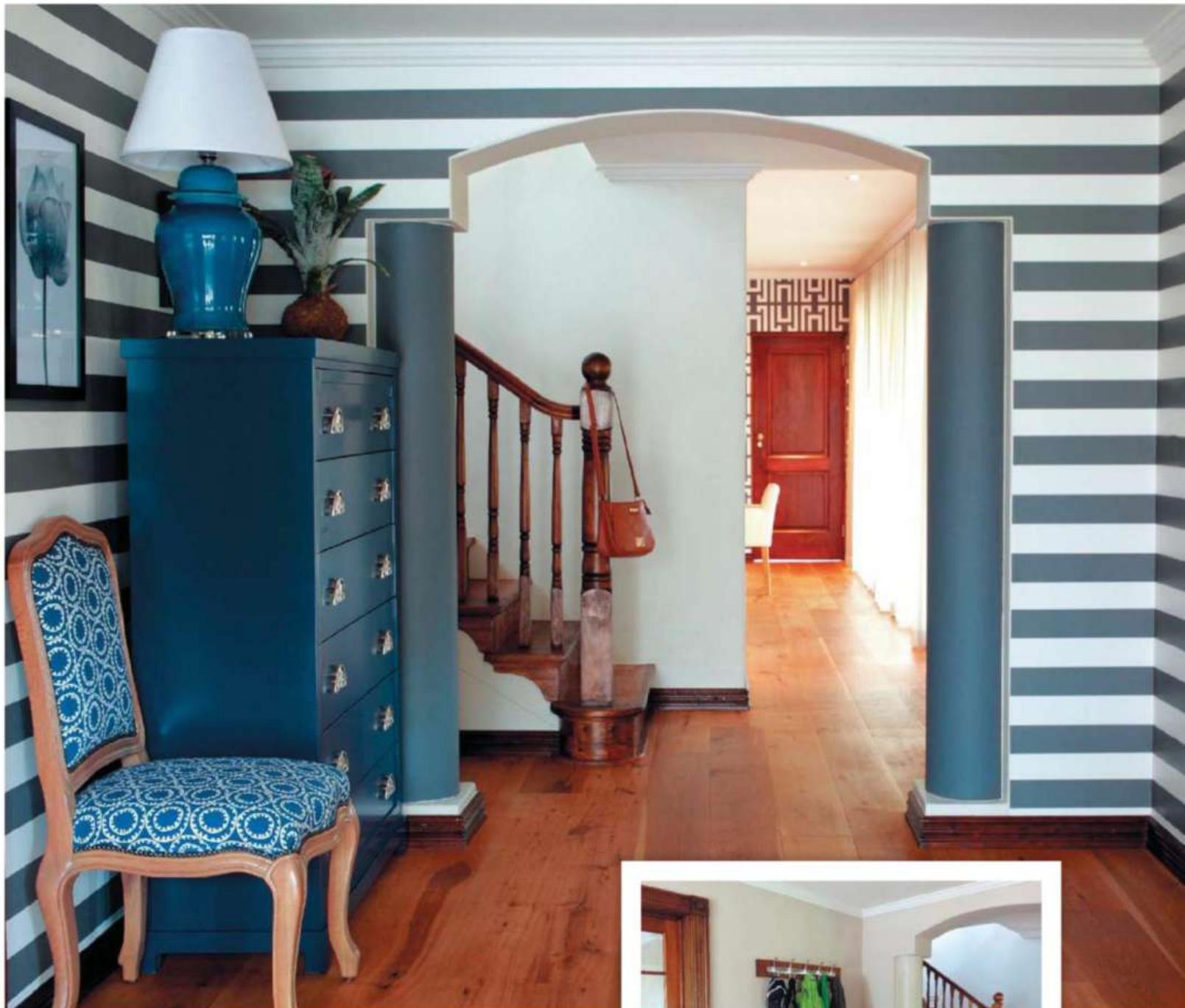
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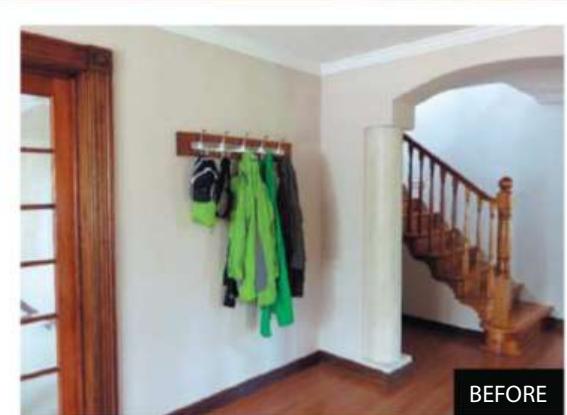
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Your Window to Design



A GRAND entrance

The use of bold colour and a striking wallpaper energised a previously uninspiring entrance



BEFORE

“OUR ENTRANCE HALL WAS characterless and nothing special,” recalls homeowner Hannelie Strydom. “When we bought the house in Melkbosstrand, Cape Town, we loved the layout but felt that we needed to dress it up to give it warmth. We have two teenage children, Jaimé (14) and Keagan (13), so we wanted something fun, eye-catching and modern while still respecting the classical style.”

Hannelie and her husband Rudi commissioned interior decorator Cheryl Herweg of Changing Spaces to help them achieve this.

inspiring **before and after**



BEFORE

THIS SPREAD, LEFT TO RIGHT: To complete the styling in this corner, Cheryl added a teal ginger jar lamp. Adding a personal touch are framed pictures of family pets. Two footstools were placed under the oak console table, designed by Cheryl, to give it more 'weight'.



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HOW THIS ROOM WENT FROM DRAB TO FAB:

To create instant impact, Cheryl chose a narrow striped wallpaper from Hertex and used it horizontally. "This also tricks the eye, making the room appear bigger," adds Cheryl. "We painted the pillars navy blue to match and introduced a grey-washed console table, a glass lamp from K. Light Import and a decorative mirror." On the opposite side, she added a dark blue chest of drawers with striking handles. "I like to use colour in a small space like this. It adds interest from all angles," says Cheryl.

"NOW MY ENTRANCE HALL IS an inviting space that sets the tone for the rest of our house. It really gives the wow factor as you walk in," Hannelie says.

SOURCES **Changing Spaces** changingspaces.co.za **Hertex** hertex.co.za **K. Light Import** klight.co.za

upcycling project

Sitting pretty

Lyrene Zimmerman of INCdecor turns a tired piano stool into a must-have item



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DIY in a day



WHAT YOU'LL NEED

- A wooden piano stool
- A screwdriver
- Scissors
- Fabric
- A staple gun
- 80-grit sandpaper
- A clean cloth
- Paintbrushes
- Water-based universal undercoat
- 1L INCdecor water-based paint

HOW TO DO IT

1 Detach the seat pad from the frame and remove the old fabric, using a screwdriver to lift stubborn staples. Using the old fabric as a template, cut out the seat cover from the new fabric. I chose Octagon in Ocean Blues Duck Egg from the INCdecor fabric range.

2 Place the new fabric face down on a flat surface, turn the seat pad upside down and position it in the middle. Start by stapling the two longer sides to the underside of the seat pad, then staple the shorter sides, continuing to gather and staple any excess fabric in between. Make sure the stapled fabric is neat and smooth.

3 Once this is complete, sand down the woodwork to create a suitable surface to paint. With the clean cloth, wipe off any excess dust from the frame before painting.

4 Using a paintbrush, apply the undercoat followed by two coats of paint, allowing sufficient drying time in between coats. I chose a water-based paint by INCdecor, Ocean Blues Duck Egg.

5 Leave the paint to dry completely before attaching the newly covered seat pad.

SOURCE **INCdecor** incdecor.com

Bentley Dining
Price: R2195 (fabric),
R3495 (leather)

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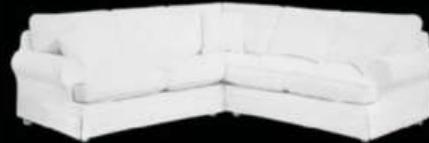
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St Tropez Cnr



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Chivonne mini Cnr



From: R11,995 (fabric), R21,995 (leather)
Size from: 210x190

Caribbean Cnr



From: R10,995 (fabric)
Size from: 300x150x80

Duchess



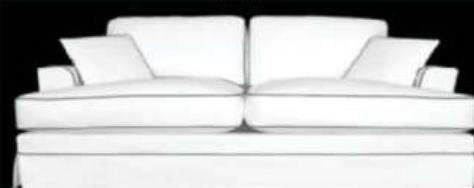
From: R5395 (fabric)
Size from: 90x150x185

New Yorker All Seater



From: R13,995 (fabric), R25,995 (leather)
Size from: 300x300x660

Bellini



From: R5595 (fabric), R10,995 (leather)
Size from: 185x98x80

Savilla Cuboard



From: R16,995,
Size: 96x44x210

Grange Sideboard



From: R12,995
Size: 180x45x80

Bellamy TV Unit



From: R7995
Size: 198x45x45

Ruben TV Cabinet



From: R11,995
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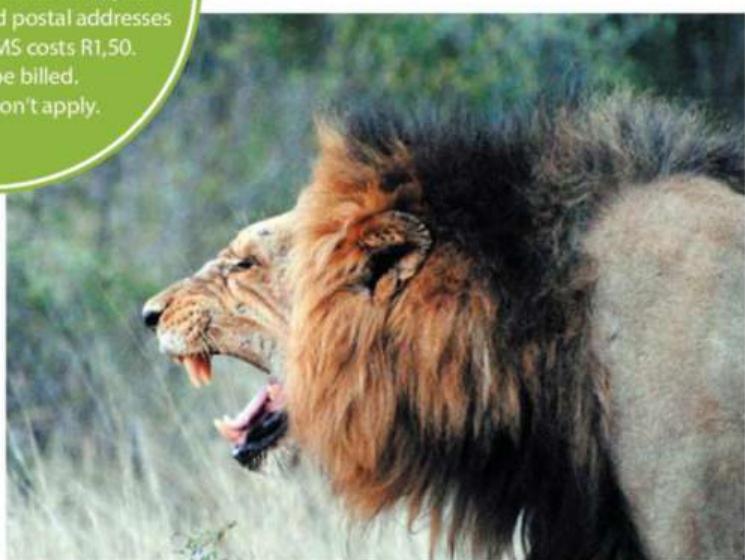
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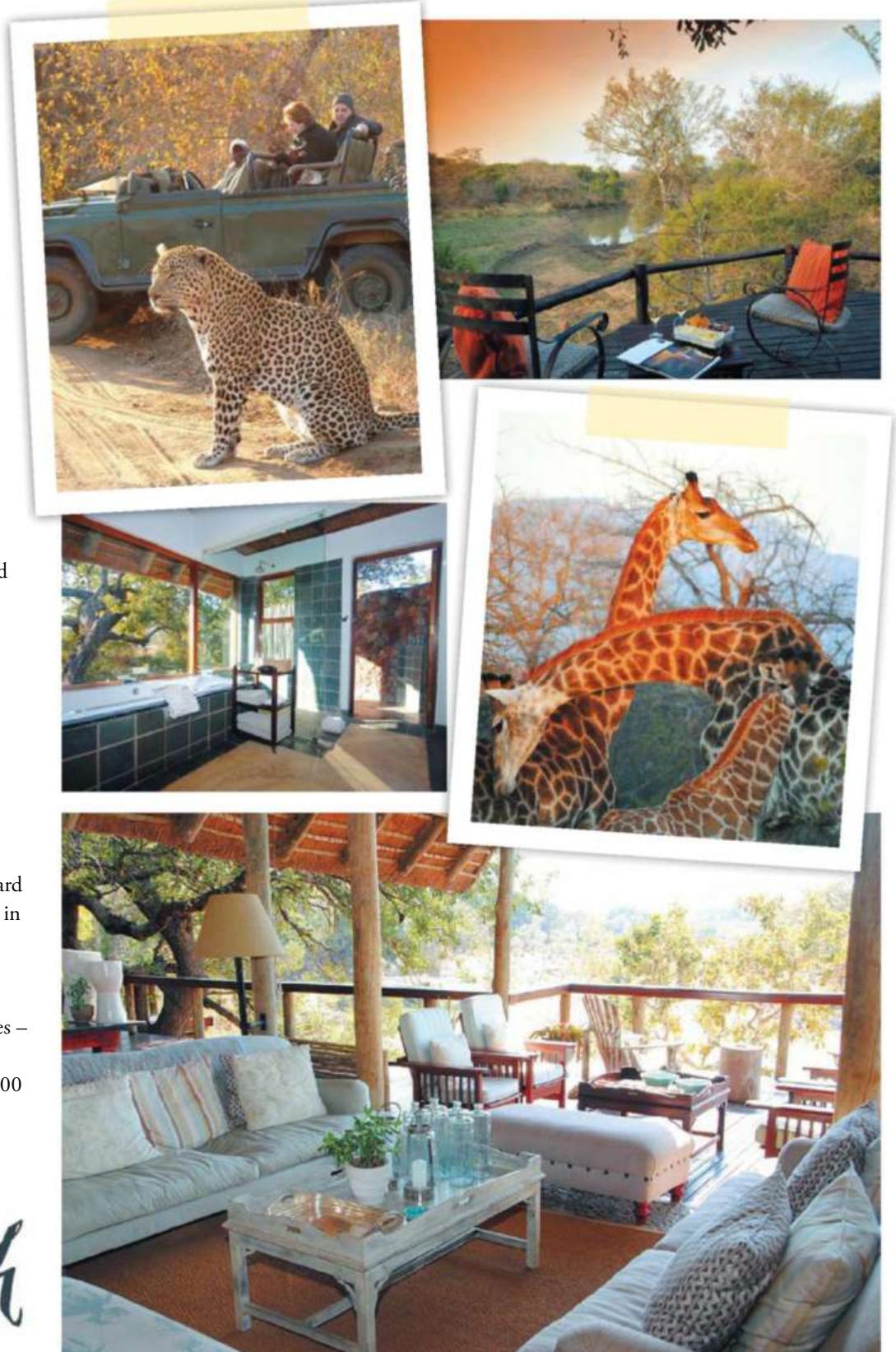
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COME FOR *Lunch*

Get ready for summer by setting up a stylish poolside dining area ideal for long lazy lunches





Cool Stripe beach towel, R199, Woolworths.



White rattan hanging lamps, R1 995 (left), and R1 795 (below), both Weylandts.



Eclipse Citrus scatter, R575, Vintage Vista.



Ash White Piazza wicker dining armchair, R1 799, Mobelli.



Outdoor crank handle roller blind in Lite Grey, 1 200mm x 2 500mm, R999, Decorland. These are ideal for protecting patios from heat, sunlight and wind.



Weber One touch original charcoal braai, R1 399, Weber.

Boyi dining table with solid top, from R14 350, Homewood.

Anton 650 bollard, R595, The Lighting Warehouse.

Bistro highball glass, R35, Woolworths.



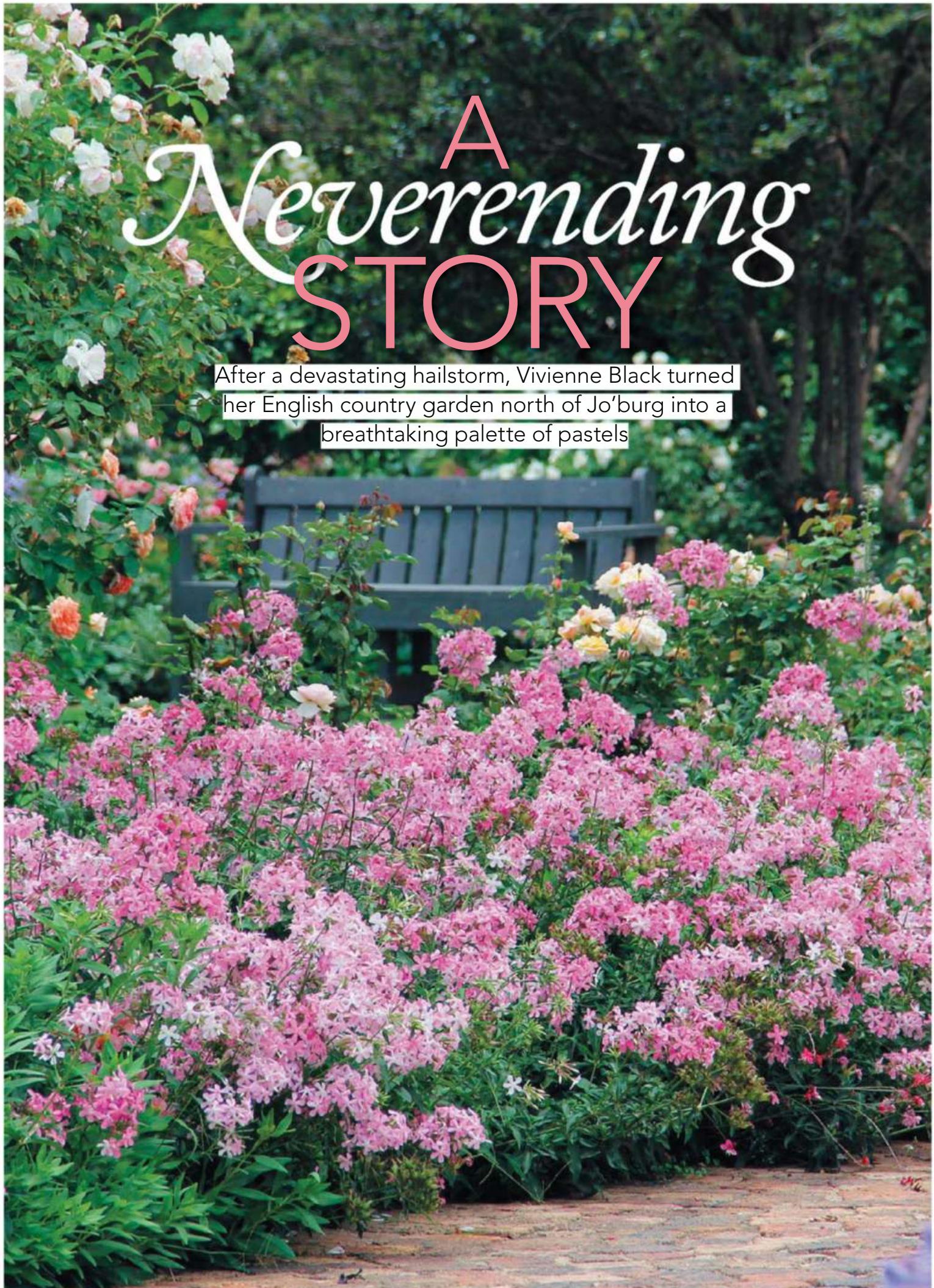
20-piece picnic set, R299, Woolworths.

Cotton oven mitt, R99,95, Boardmans.

SOURCES **Boardmans** boardmans.co.za **Decorland** decorland.co.za **Homewood** homewood.co.za **Mobelli** mobelli.co.za
The Lighting Warehouse lightingwarehouse.co.za **Vintage Vista** vintagevista.co.za **Weber** weber.co.za **Weylandts** weylandts.co.za
Woodoc woodoc.com **Woolworths** woolworths.co.za

A *Neverending* STORY

After a devastating hailstorm, Vivienne Black turned her English country garden north of Jo'burg into a breathtaking palette of pastels





Who lives here

Vivienne and Fred Black, their daughter Monique, and dogs Boss, Missy, Basil and Max.



The garden

A terraced garden in Beaulieu, north of Jo'burg, filled with roses and interesting features.

A few years ago, just after Vivienne Black's garden was photographed for *Garden and Home*, it was flattened by a devastating hailstorm. When we heard that she'd not only repaired the damage caused by the storm but had also made huge improvements to the garden, we leapt at the chance to visit it again.

Passionate gardeners never stop altering, tweaking and of course adding new plants and even the threat of hailstorms and severe frost, hasn't stopped Vivienne from

carrying on as usual. Fortunately she established a good structure right at the beginning. When the garden was first laid out, she built terraces and raised beds to make the sloping terrain more accessible and easier to garden. Over the years she's supplemented the old jacarandas, which are now off the invasive list, and blue gums with new indigenous trees and enlarged the beds around them.

Recently she's planted masses of low-growing Colourscape roses, more climbing roses, which now clamber over ▶

THIS SPREAD, CLOCKWISE FROM LEFT: ● Standard 'Icebergs' along the driveway are interplanted with pretty pink soapwort, gaura, delphiniums and different varieties of sage. ● Reminiscent of an English country garden, tall foxgloves stand out above darker pink hybrid tea 'Duet' roses among evening primrose, pink primroses, forget-me-nots and the odd spinach plant. ● Terracotta pots with a mix of petunias, lobelia and ageratum add interest to the raised beds. Colourscape roses cascade over the edge.





the trees, plus hundreds of floribundas where she felt colour was needed. One of the most striking features is a rose walk where exquisite beds of roses line a lawned path.

The garden now boasts over 4 000 roses as Vivienne loves having fresh flowers in every room. Some of the new hybrid teas include 'Lyn Keppler', 'Free & Loyal', 'Roberto Capucci', 'Carefree Wonder', 'Garden Princess', 'Otto de Jager' and 'Amelia Dee'. 'Casino', 'Towering Rose Magic', 'Blossom Magic', 'Fairest Cape Panarosa' and 'Gülilah' are some of the new climbers.

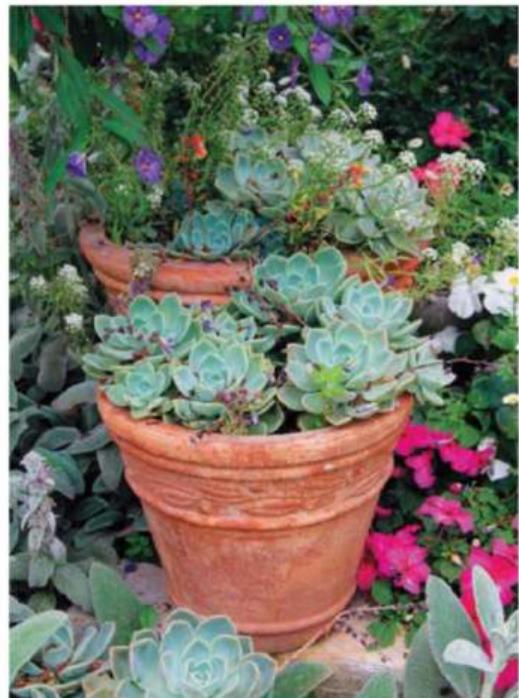
To hide the bare legs of tea roses, Vivienne underplants with flowering annuals and loves the visual effect of drifts of forget-me-nots, elegant

foxgloves, delphiniums, poppies and alyssum. She also softens the edges of the rose beds with masses of grey-leaved lamb's ears and rose campion. "The secret is to balance the backbone of perennials such as gaura, agapanthus and Inca lilies with pockets of annuals. And if you have self-seeding annuals, so much the better," she says.

In the centre of the garden, a large formal fountain dominates the terrace. She's expanded this area by adding hundreds of low-growing floribunda roses, colourful perennials and annuals to create a spectacular sea of colour, overseen by a graceful statue.

Another of her improvements is the addition of potted shrubs, perennials and annuals to the beds. "Pots are so

THIS PAGE, FROM TOP TO BOTTOM: One of the main attractions of the garden is the new rose walkway with its backdrop of blue solanum. The raised beds are planted with lamb's ears and catmint, which flower from spring to autumn. Soft pink, low-growing 'My Granny' roses fill the gaps. A view from the top terrace reveals 'June's Joy' and 'Granny's Delight' roses.



easy to move around and they're wonderful for adding height and interest. Most people think they're only for patios, but I've placed large pots filled with flowering plants in many of the flower beds." She's also hung baskets overflowing with annuals like violas and lobelia from branches all over her garden to add splashes of colour.

At one stage, due to a lack of water, Vivienne was contemplating downsizing the garden, but thanks to a new borehole, she's already started planting another 100 indigenous trees around the perimeter. **EH**

THIS PAGE, CLOCKWISE FROM TOP
LEFT: •Tall potato bushes, buddleja and Cape mallow make an effective backdrop to the fountain and surrounding plantings.
•These terracotta pots planted with echeveria can easily be moved around.
•A sea of pastels. •Basil the basset.

latest rose releases

Cream of the CROP

This year's new roses are a fragrant, full-petaled and feminine feast for the senses

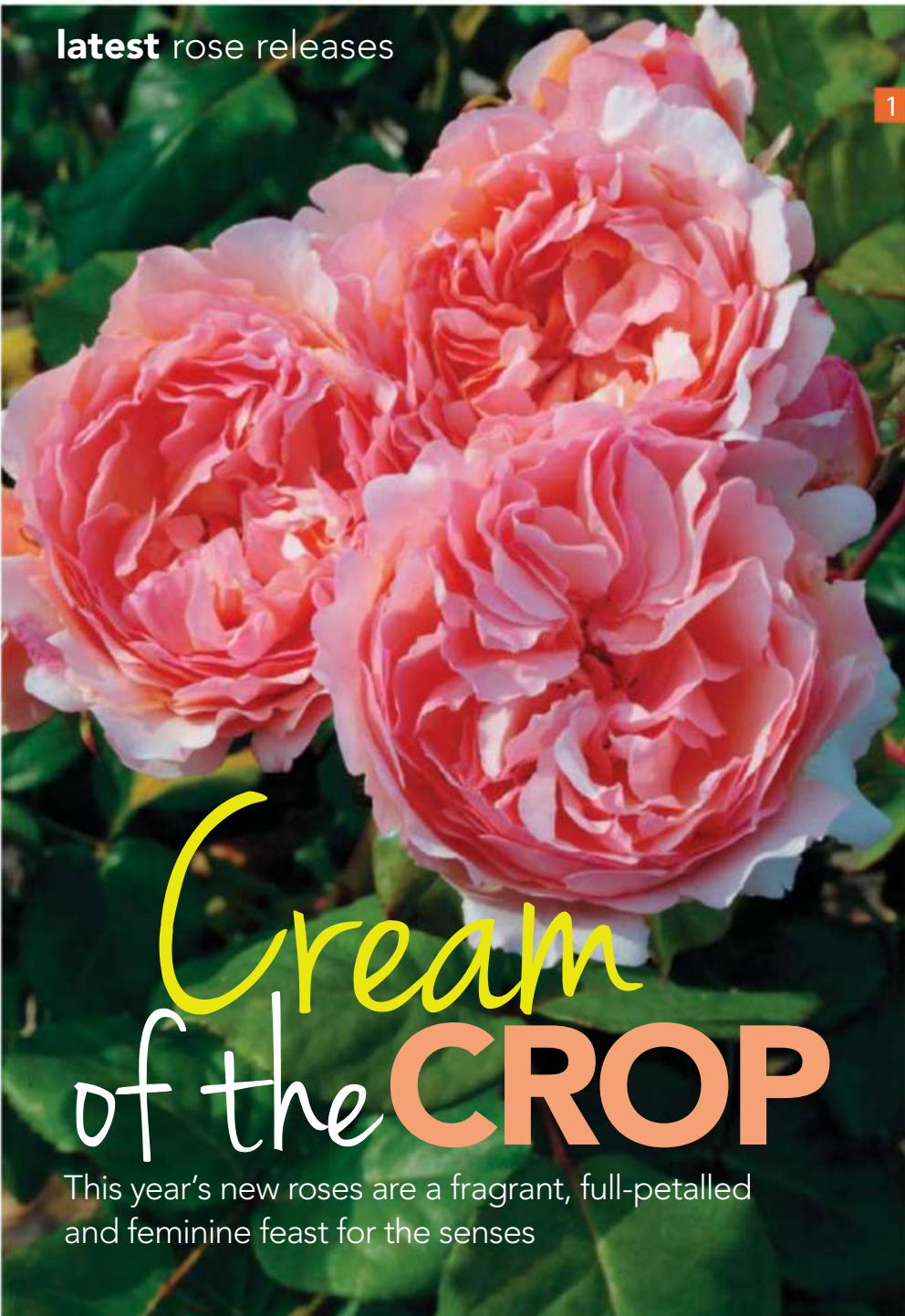
1 *Princess Charlene de Monaco*

This very disease-resistant shrub rose has a modern vigour making it an excellent garden rose. The old-fashioned pickable blooms last well in the vase.

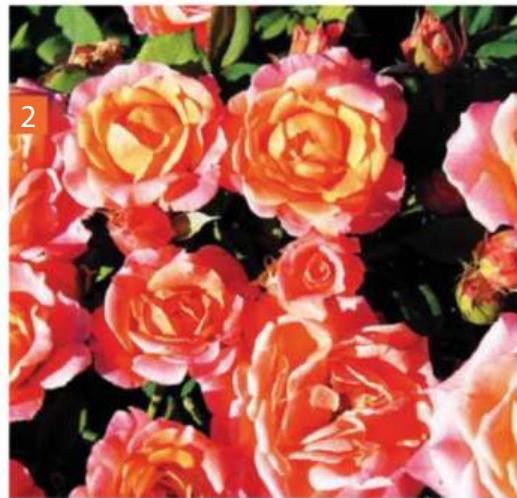
Good to know: Lightly fragrant pale-pink blooms are overlaid with a pink-ochre tint. The individual blooms are full petalled and deeply cupped.

Make the most of it: This medium tall rose (growing up to 1,8m high) can be planted in groups or mixed in normal rose beds.

1



2



2 *Happy Home*

This compact floribunda flowers non-stop, and when planted next to a driveway or in beds near the house entrance, will welcome you home every day.

Good to know: This new Eco Chic rose requires little care. The stiff-petaled full blooms have an interesting colour blend: a deep apricot that takes on a pink shimmer as the unfolding petals are exposed to sunlight.

Make the most of it: It's ideal for border or foreground plantings in mixed beds.

3 *McHardy*

Chest-high and compact, this Antico Moderno shrub rose produces huge, full-petaled blooms with a blend of orange and deep apricot. It's also a superb cut rose.

Good to know: At every stage, the bloom is beautiful: from the urn-shaped bud, to half open when it looks like a classical hybrid tea, and then, as all 45 petals unfold, a stunning huge bloom.

Make the most of it: Plant with hybrid tea or floribunda roses in mixed beds. It's also suitable for containers.

3

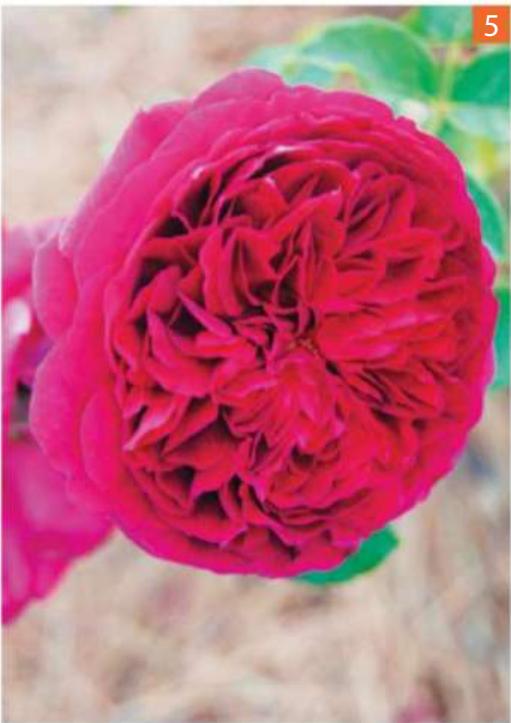


4 *Thank You*

A real showstopper, this Fairy Tale shrub rose produces colossal candelabras of up to 30 fairly big, full blooms. Each of them is in the shape of the popular old-fashioned English rose.

Good to know: The long-lasting blooms have firm stiff petals that can withstand heat and rain for a prolonged period. The colour is a pleasing blend of light and deep pink.

Make the most of it: Excellent for filling large beds and substantial borders, or for growing in large pots.



6 *Lioness GrandiRosa*

This is the first variety in a brand new range of extremely strong-growing, disease-resistant spire roses. Its breeding line includes two of South Africa's most popular roses: 'Esther Geldenhuys' and 'South Africa'.

Good to know: This neat upright Spire rose grows to a formidable height of 3m. Strong stems sprout continuously from all levels of this stately plant to produce massive clusters of big, fragrant blooms with the tawny colouring of a lioness.

Make the most of it: Use it to hide walls and fences or as a single, statement-making specimen. This very tough rose needs to be planted in a large, wide hole, as big as that required by a tree. ▷



5 *Munstead Wood*

This broad bushy shrub from David Austin has distinctive cup-shaped flowers that are light crimson in the bud. As the centre gradually reveals itself, they become a deep velvety crimson while the outer petals remain lighter.

Good to know: As the flower ages, the stigma and stamens are seen among the petals. There's a strong Old Rose fragrance with fruity notes of blackberry, blueberry and damson.

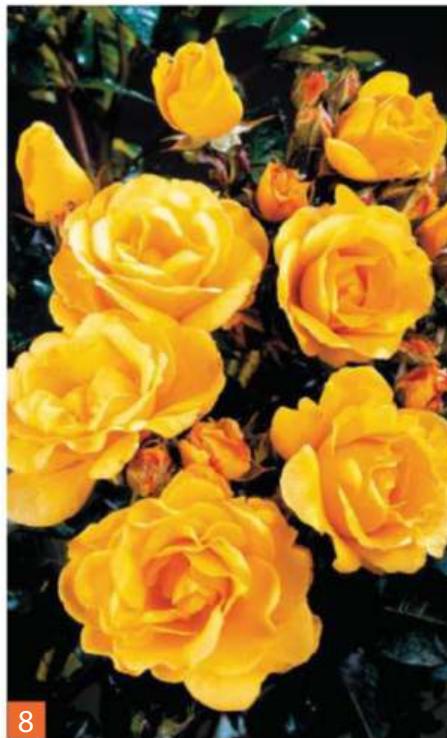
Make the most of it: A good specimen rose for mixed borders and large containers.

Did you know? Munstead Wood was Gertrude Jekyll's own garden in Surrey, England, where she worked on her many gardening books.





7



8



9

7 *Forgive Me*

The compact, dense growth habit of this floribunda, with hardly a shoot out of place, ensures a well-rounded bush that flowers non-stop deep into winter.

Good to know: The smallish (3cm) open blooms are a pleasing blend of light salmon on the reverse of each petal and a strong coral on the inside.

Make the most of it: With its tough, disease-resistant glossy foliage, it's an ideal bedding and border rose and performs well in pots and on standard stems.

8 *Palace Roses* (Poulsen)

These bushy, compact roses with large double flowers are ideal for containers. The colours include semi-double yellow Atlantis 'Poulsiana' (pictured), dark-red Grand 'Poulgrad', bright-orange Olympic var. 'Poulymp' and deep-pink Topkapi 'Poulthe'.

Good to know: The long-lasting double blooms have a distinctive scent and are good picking roses.

Make the most of it: They can be grown in pots indoors and out.

9 *Blooming Easy*

The roses in this selection are rambling with double or semi-double, old-fashioned, lightly scented blooms. The range includes bright red 'Balbo', 'Cheek to Cheek' (pink undertones) and soft pink 'Mamma Mia' (pictured).

Good to know: Unlike traditional climbers that bloom at the end of their stems, these roses bloom from the bottom to the top, creating the effect of flowering columns.

Make the most of it: Train up trellises, over arches, along fences and up pillars.



10

10 *Flower Power* *Panarosa*

Like 'Iceberg', this large shrub rose persistently resprouts short flowering stems from the old wood. The mature size of this remarkable Panarosa is 2–3m high and wide. **Good to know:** Its full-petaled pink blooms are enhanced by an overlay of deep salmon and a yellow base to each of the 80 petals. The heavy blooms cause the stems to arch gracefully, adding to its appeal.

Make the most of it: Plant it along fences or scatter around the garden as free-standing specimens. 

SOURCES For more information on these and other roses: **Ludwig's Roses**

012 544 0144 or visit ludwigsroses.co.za

Malanseuns 012 549 2128 or visit malanseuns.co.za

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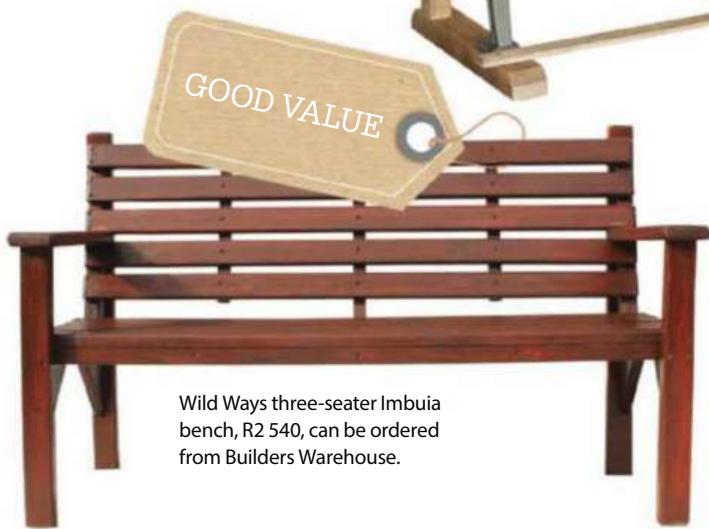
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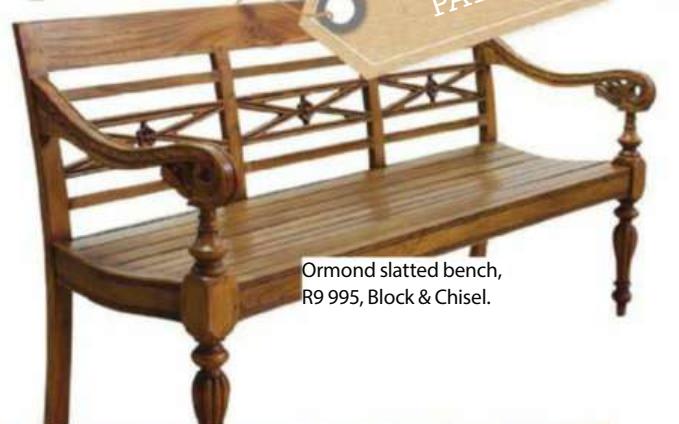
ON THE BENCH

Whether your garden is large or small, there's always room for a bench from which to admire your hard work





Outdoor bench with solid iroko slats on steel frame, R7 990, LIM.



Ormond slatted bench, R9 995, Block & Chisel.



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Bentley storage bench, R4 995, Gardens & Roses.

SOURCES **Block & Chisel** blockandchisel.co.za **Builders Warehouse** builders.co.za **Gardens & Roses** gnrsa.co.za **Hope Garden Furniture** hopegf.com **House & Home** houseandhome.co.za **LIM** lim.co.za **Lots & Crates** 011 326 2508 or 011 704 0524 **Patio Warehouse** patiowarehouse.co.za **This Furniture** thisfurniture.co.za **Trade Secret** trade-secret.co.za

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kzn rose garden

Small WONDER

Avid rosarian Gail Birss turned a small space into a charming garden filled with foxgloves and roses in layers of pink, white and blue





Who lives here

Mike and Gail Birss.



The garden

A small garden in Pietermaritzburg divided into four rooms: a walled front rose garden, a back garden, a narrow strip between the house and the wall and a roof garden. ▷

THIS SPREAD, LEFT TO RIGHT: ● In this bed in the back garden, a combination of pink, white and blue flowers gives way to a view of the misty hills in the Midlands. ● Gail created layers of pink in the front garden and made more space for roses by covering the walls with climbing and pillar varieties.



When Mike and Gail Birss downsized from their large Hilton property to a more secure Pietermaritzburg estate, it could've put Gail's passion for growing roses and her love of gardening on hold.

Fortunately, her husband Mike is an architect and designed their new home in such a way that it gave Gail enough space on the 660m² property for a respectable 155m² front, walled garden and a 74m² back garden.

Four years later, it's now a charming garden overflowing with colour. "I managed to squeeze 75 rose bushes into this tiny space!" says Gail. Filled with old-fashioned, cottage-style flowers, it's a perfect balance of pink, white and blue with a splash of yellow from the daffodils and a few orchids.

The soil was the first challenge Gail faced as it was a combination of clay and shale and had to be dug a metre deep before she could plant anything. Gail then added compost, cow manure, Atlantic Bio Ocean and lime sulphur to the soil, which she now does annually. "I do this in June or early August when I prune the roses as it's difficult to get into the beds when they're flourishing," she says. Gail regards soil preparation as the most important part of gardening, adding compost and bonemeal whenever she plants seedlings.

As most keen Pietermaritzburg gardeners would agree, the climate here isn't ideal for growing roses. The notoriously cold winters bring frost and even black frost at times, although high walls like Gail's provide some protection. In addition, mist that



rolls in with the summer rains can also spoil the flowers and create the perfect conditions for rose rust. "The only solution is to plant varieties that can survive the wet conditions and discard those that can't," explains Gail.

Typical of an estate garden, there's plenty of shade in this one, particularly in the narrow strip next to the house where Gail plants her vegetables in summer. "In winter, nothing grows here because of the lack of sun, so I simply let the vegetable patch rest during the cooler months."

An expert rosarian, Gail loves to interplant rose bushes with alyssum, English daisies (*Bellis perennis*), campanulas, lobelias, peony poppies (*Papaver* varieties), delphiniums, larkspurs, bearded irises, daffodils, snowflakes (*leucojum*) and forget-me-nots. She was delighted to see columbines (*aquilegia*), foxgloves, poppies and violas self-seed from the compost she brought from her old garden.

Gail sprays the roses right after pruning with oleum or lime sulphur. When the first leaves shoot, the bushes are drenched with Koinor. She then sprays them for blackspot every two to three weeks with Chronos.

Gail maintains she's constantly planning new features for her garden. She'd like to grow clematis and is patiently waiting for a particular peony to flower for the first time. "The front garden is my happy place because it's filled with rose scents and frequented by birds that come to eat from the feeders," she quips. "I'd also add more roses in a heartbeat as they'll always be my passion." 

GAIL'S GARDENING TIPS

- Always prepare the soil before planting.
- Don't overplant. "When I first started, I tried to fill all the spaces immediately, so I had to remove quite a bit after the first season," she says.
- Water your garden regularly.
- If you love roses, join a local rose society; you'll learn so much. (Gail is a member of the Midlands Rose Society.)
- Start your garden with cuttings from your friends – it's much more rewarding and it's also cheaper.
- "I find roses like 'Bewitched', 'Porcelain', 'Oyster Pearl' and 'Blue Moon' don't do well in humid conditions. Roses that do are the 'Granny' roses, the 'Eden Rose', 'Summertime', 'Foxy Lady' and 'St Andrew's', she says.

THIS SPREAD, CLOCKWISE FROM FAR TOP LEFT: • The narrow back garden features a formal fountain and is surrounded by beds filled with roses. • Climbing 'Sympathy' rose frames the garage. • Gail plants her hanging baskets in spring. This mix contains violas, cream million bells and blue lobelia. • The popular disease-resistant 'Granny' roses – 'My Granny', 'Granny Dearest' and 'Granny's Delight' – flower almost throughout the year. • The pretty white fragrant flowers of *Trachelospermum jasminoides* blend in with the surrounding pastel colour scheme. • 'Nahema'. • This bearded iris is a blend of copper and pink.

BEST Friends

There are many benefits to introducing other plants to your rose garden. Water saving and pest repelling are just two of them

While roses of course will always be the star of the show, other plants can be used to enhance their beauty, hide the bare stems, repel pests and keep the soil cool.

YEAR ROUND INTEREST

Combine perennials and large shrub roses in mixed borders. Panarosa varieties make a statement on their own, so plant them singly. Group hybrid teas and floribundas in groups of three.

Ideal companions: Perennials like alstroemerias, anchusa (Cape forget-me-not), catmint (*Nepeta mussinii*), campanula,

delphiniums, various daisies, gaura, irises, lavender, scabiosa and garlic (tulbaghia).

Growing tips: Space large roses least 1,5m apart. During the first year or two, don't allow any competing growth to touch the bush until it has developed well above the perennials. When pruning in winter, don't cut back to knee height but trim lightly, leaving at least 30cm above the tips of the perennials. During the growing season, don't pick too many long-stemmed blooms at once as this reduces the balance of leaves and lessens the rose's vigour.

THIS PAGE: In this border, standard roses are underplanted with Russian sage, 'My Granny' roses and massed pansies.



SEASONAL COLOUR

Low-growing borders filled with annuals liven up bare rose beds especially in winter after pruning, and remain colourful until October when the roses are also in bloom.

Ideal plants: In summer, use varieties that flower continuously, like alyssum, ageratum, begonias, dwarf dahlias, impatiens, marigolds, mimulus, and verbena. White alyssum is a favourite because it's ground hugging, flowers non-stop, self-seeds and fills the air with scent. In winter, plant Namaqualand daisies, pansies, primulas, petunias, violas and poppies. Iceland poppies are the most suitable because they don't have a lot of leaves that could interfere with sprouting.

Growing tips: Create a narrow bed between the edge of the lawn and the roses. Make a note of the drip line of the rose (the outer extent of its growth before pruning) and only plant beyond this. Dig in plenty of compost so there's no competition for nutrients. ▷

THIS PAGE, CLOCKWISE FROM TOP LEFT: ● Alyssum and lobelia double as mulch and seasonal colour under 'Red Manikin' roses.

● Clipped Duranta 'Sheena's Gold', gaura, forget-me-nots, foxgloves and rosemary act as mulch, seasonal colour and repel insects. ● Silvery lamb's ear and alyssum complement 'Johannesburg Garden Club' and 'Duncan's Rose'. ● Low-growing violas hide the bare stems of 'Garden and Home' rose during winter and spring.



NATURAL MULCHES

Groundcovers make an excellent living mulch for roses and they also increase humidity at leaf and bloom level. Just make sure that they don't grow into the rose bush.

Ideal companions: Suitable varieties include ajuga, alyssum, calamint, echeveria, mazus, Australian violets, violets, evening primrose, snow in summer (*Cerastium tomentosa*), lamium, lamb's ears (*Stachys byzantina*) and mondo grass. Avoid those with dense and spreading root systems that'll compete for food and water.

Growing tips: If roses are planted 80cm apart they'll shade the soil so use shade lovers like ajuga, lamium or some plectranthus varieties. For flowering groundcovers, plant the roses about 1,5m apart.





ROSE EXPERT LUDWIG TASCHNER'S TIPS AND HINTS

- Give roses room to grow within a bed.
- Prune roses lightly so that the new growth starts above the level of the other plants and is the first to receive the sun.
- Supply enough water and nutrients for both the rose and the plants growing around it.
- Keep an open space around the rose stems, especially when planting groundcovers so that water and nutrients can penetrate.
- Don't let surrounding plants crowd the roses or climb into the rose itself. If its leaves are smothered, the rose will eventually die.



THIS PAGE, LEFT TO RIGHT: ● Aromatic *Lavandula stoechas* confuses insects keeping them away from the 'Iceberg' blooms. ● Spire roses 'Rhapsody in Blue' and 'Climbing Iceberg' attract essential pollinators like bees to the vegetable and herb garden.

POLLINATION AIDS

Planting roses and vegetables together is nothing new. They rubbed shoulders in traditional English and French gardens where roses were planted to attract pollinators, especially bees, to fertilise the veggies. Both grow best in full sun, like level beds, fertile soil and need regular, ample watering.

Ideal companions: Select roses that free up ground space like standards and upright spire roses for the back of veggie beds. Or use climbers and shrub roses that can be trained up a pillar, on a trellis or over an archway. In front of the roses, grow compact veggies such as beetroot, carrots, cabbage, kale, lettuce, Swiss chard, radishes and the smaller varieties of chillies and sweet peppers, which won't overwhelm the roses and block out the sun.

Growing tips: Choose organic insecticides like Ludwig's Insect Spray that can be safely used on both. Fertilise regularly with Vigorosa, especially leafy greens, brinjals and peppers.

Good idea: Set aside part of the veggie garden for hybrid tea roses to provide fresh cut flowers for eight months of the year.

INSECT REPELLANTS

"Grow a variety of strong-smelling plants alongside roses to confuse insects," advises expert rose grower, Ludwig Taschner. "Garlic is excellent, but because the strong-smelling foliage is way below the flowers – the target of the insects – you need to include other plants as well."

Ideal companions: Herbs with strongly aromatic leaves like 'Margaret Roberts' lavender, feverfew, perennial basil, pyrethrum, rue, Russian sage (*perovskia*), santolina, scented geraniums, southernwood, tansy and wormwood.

Growing tips: Plant santolina instead of buxus as a low hedge around formal rose beds. After clipping, sprinkle the leafy offcuts amongst the roses as insect-repelling mulch. 



SOURCE Ludwig's Roses 012 544 0144, info@ludwigsroses.co.za or visit ludwigsroses.co.za

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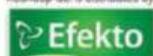
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Tree cheers



Consulting tree architect, Barry Gush of Sun Trees, recommends six of the most beautiful indigenous flowering trees

1 *DAIS COTINIFOLIA* (POMPON TREE)

One of our best-loved indigenous trees, *Dais cotinifolia* is an unforgettable sight from November to December when it's covered in a cloud of soft-pink fluff balls. The new flower buds look like lollipops with big round heads on thin stems carried at the end of the branches. Once the buds burst open, the small, tubular flowers in tight bunches are revealed. The tree is fast growing, and once established, is fairly drought resistant and frost hardy. The pompon tree is deciduous in very cold parts of the country, but in milder climates only loses its leaves for a very short period at the end of winter.



2

2 BOLUSANTHUS SPECIOSUS (TREE WISTERIA)

This graceful tree lives up to its name, as *speciosus* means beautiful or showy in Latin. In spring and early summer, it's covered with fragrant, blue-violet flowers that hang in bunches. Although it's deciduous, it only loses its foliage for a short time. Drought hardy, frost resistant and a non-invasive root system make this a beautiful pavement tree that also does well in narrow and confined spaces.



4

3



3 CALPURNIA AUREA (WILD LABURNUM)

Calpurnia aurea is a multi-stemmed shrub or small, graceful tree with a light, open crown. It normally reaches a height of 2–4m and is fast growing. The light-green foliage has a soft, drooping nature. Evergreen, the tree is best known for its beautiful golden-yellow flowers that grow in abundant, terminal sprays in summer, and to a lesser extent, all year round. The blooms are showy and appear in hanging clusters, attracting birds and insects.

Flowering is followed by thin pods which dry soon, becoming light brownish in colour. Drought resistant and fairly frost hardy, the wild laburnum adapts to a variety of climates and is happy growing in full or partial sun.

4 CALODENDRUM CAPENSE (CAPE CHESTNUT)

The tall, semi-deciduous Cape chestnut is an exceptional ornamental shade tree. From the streaky white/grey bark on older trees, to the profusion of striking, pink orchid-like flowers, this tree delivers year-round interest. It's a member of the buchu and citrus family, and the leaves and flowers have a lemony-pine scent. The flowers are carried in large sprays on the tips of the branches from October to December. This superb tree is semi-hardy; it'll tolerate light frost, but should be protected when young and can withstand moderate drought conditions. ▷



5

5 *NUXIA FLORIBUNDA* (FOREST ELDER)

The forest elder is a decorative, evergreen specimen tree. Sweetly scented, creamy-white flower clusters are borne during autumn and winter, attracting a myriad birds and insects. The leaves are shiny green and hang elegantly, trembling in the slightest breeze. This small to medium-sized tree, usually 3–10m tall, is fairly sensitive to frost and drought. It has a lovely dense, rounded crown which

contributes greatly to its visual appeal, and with its non-invasive root system and lacy flowers, is becoming increasingly popular as a garden specimen.

6 *GREYIA SUTHERLANDII* (NATAL BOTTLEBRUSH)

At the end of winter, the deciduous Natal bottlebrush grabs attention with its bright red, satiny flowers. These appear as tightly packed, bottlebrush-like racemes



6

at the end of the branches. This neat, compact tree grows to a height of 3m and attracts insects, bees and birds. The foliage is attractive, changing from dark green in summer to various shades of rust and red in autumn, before dropping to the ground. The sturdy greyia is frost hardy when established, and is also fairly drought resistant. This tree can act as a focal point in the garden, but adapts easily to being planted in a large pot or container. 

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GARDEN notes

For inspiration and new ideas, visit one of the fabulous open gardens

10 must dos this month

Contributing garden editor Marianne Alexander's handy checklist of essential chores to do in October



1 Pull out faded annuals and prepare empty beds for summer flowers. Plant petunias, lobelias, godetias and heat-tolerant marigolds, zinnias, cleome, cosmos, hollyhocks and lavatera. Spray downy-mildew-prone impatiens with fungicide, Mancozeb. Stake tall plants like delphiniums, hollyhocks, foxgloves and alstroemerias.

2 Plant well-established dahlia plants rather than dahlia bulbs to ensure they're in full bloom by Christmas. Plant another batch of gladioli. Buy amaryllis bulbs now and keep a few refrigerated (to delay growth) to be planted in mid-November so they'll flower in time for the festive season. Plant them with the necks above the soil. Keep newly planted summer bulbs watered.

3 Mow lawns regularly for an even surface; water well with a balanced fertiliser like 2:3:4 or 2:3:2 after fertilising, to promote root growth and strong leaves.



Dahlias

4 When picking the first roses of the season, cut them with short stems so as many leaves remain on the bush as possible. Feed fortnightly with 8:1:5, Ludwig's Vigorosa, or an organic fertiliser like Talborne Vita Green or use a foliar feed. Pull off any prickly suckers growing from the base. Shorten red water shoots. Use preventative fungicides for black spot, mildew and rust, if necessary.

5 Neatly train the new growth on climbers up their supports to make pruning simpler later on. Thread them through a trellis, or tie them using twine or raffia which will eventually disintegrate.

6 Prune spring-flowering shrubs like forsythia, ceanothus and white May bushes (spirea) after flowering. Cut back winter-flowering shrubs like reinwardtia (yellow flax) and poinsettia. Deadhead daisy bushes including members of the indigenous euryops family. To keep coleonema (confetti bushes) compact and neat, clip them once the flowers have faded.

7 Repot summer-flowering pot plants like amaryllis (hippeastrum), gloxinias, tuberous begonias and achimenes as they begin to produce new growth; feed fortnightly.

8 Select new bearded irises and water-loving Louisiana irises. Choose new perennials like achillea, penstemon and Michaelmas daisies, alstroemerias and daylilies available at nurseries.

9 Give your garden an additional boost after the usual application of slow-release fertiliser by watering in Kelpak, or foliar feed with water-soluble crystals or liquid plant foods.

10 Other important chores are: clean out gutters, downpipes and drains before the rains. Turn compost and in summer-rainfall areas, protect from heavy downpours. In winter-rainfall areas, moisten if necessary. Remove the larvae and cocoons of fruit beetles.



Summer STYLE

Pretty and practical, Ipanema flip-flops are ideal for wandering around the garden.

WIN! We're giving away three pairs worth R250 each. To enter, **SMS IPANEMA**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. For full Ts&Cs, see page 155.



We're planting...

Dahlia variabilis

Why: These compact 30–40cm high bedding dahlias come in a huge variety of eye-catching colours and sizes.

Where: In a sheltered spot that gets a minimum of six hours of direct sunlight every day in fertile, well-draining soil.

How: Feed them fortnightly, especially during the flowering season and water regularly making sure the soil isn't waterlogged. Deadhead to encourage new blooms and watch out for slugs and snails.

The veggie garden

- 1 **Mulch strawberries** with straw.
- 2 **Plant out seedlings** of aubergines, tomatoes, peppers and chillies.
- 3 **Sow a row or two of beans**; plant climbing beans near a support. Sow baby marrows (zucchini) and squash as soon as possible as fruit flies are less prevalent early in the season.
- 4 **If your olive trees have pale speckled leaves**, check the undersurface for mites. Spray Pyrol under the leaves; repeat every 4–5 days for a few weeks to control young emerging from eggs.
- 5 **Grow sweet potatoes from slips** taken from sprouting tubers. Plant these out in the ground or in a large, deep container preferably in light sandy soil, enriched with well-matured compost and slow-release fertiliser. They can be left to trail on the ground or trained up a support. Harvest underground tubers after 90–130 days.



UP TO DATE

This gorgeous calendar, R80 (including postage), from Otterley Press has plenty of space to jot down notes, plus seasonal tips on growing roses. Visit otterley.co.za **WIN!** We're giving away 10 calendars. To enter, **SMS OTTERLEY**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. For full Ts&Cs, see page 155.



Sow clever

Each Sow Delicious Slab of Seed consists of blocks of organic soil containing open-pollinated heirloom seed that can be broken off, making it easy to sow a variety of healthy veggies successively. Included are instructions on when to plant and the best companions. Visit sowdelicious.co.za or hadeco.co.za



1

3 INDIGENOUS TREES FOR TOPIARY AND HEDGING

1 *Syzygium pondoense* (pondood waterwood)

A sturdy shrub or small tree with neat, lush leaves on purple stems; the new foliage is flushed with pink. It bears white fluffy flowers and colourful fruits in late autumn.

The bottom line: Half-hardy, it'll take semi-shade.

2 *Podocarpus falcatus* (Outeniqua yellowwood)

This adaptable tree is easy to train and has coarse, needle-like leaves.

The bottom line: Frost hardy, it grows in semi-shade or full sun and it tolerates windy coastal conditions.

3 *Rhamnus prinoides* (dogwood)

An evergreen with glossy green leaves which darken with age, it's found in many areas of South Africa. Birds love its tiny dangling red fruits which appear in midsummer.

The bottom line: Frost hardy, plant it in sun to semi-shade and keep it moist for optimum growth.



2



3

For a cool spot

To brighten semi-shady areas, try coleus with chartreuse and crimson-patterned leaves, like Coleus Kong Lime Sprite (1) or lime-green Coleus Wasabi (2). They complement New Guinea impatiens and *Impatiens walleriana* perfectly.



You're invited!

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Where: Cradlestone Mall, Krugersdorp

Join *Garden and Home* at the Pink Flower Fair where floral communication expert Jill Manson will show you how to create gorgeous, easy-to-make flower arrangements. Tickets are R120 and include refreshments on arrival, a gift bag and a six-month subscription to *Garden and Home*.

To book: visit caxtonevents.co.za ▶



This weekend

Use this handy checklist when planting out seedlings.

- Turn the soil with a fork adding compost, old manure, if you have it, and a little bonemeal and hoof and horn.
- Rake to a fine tilth and level. Water lightly.
- Water seedlings the day before with Epsom salts – this is said to help them withstand the shock of being transplanted.
- If it's not a cool day, wait till late afternoon before planting. Dampen the soil first.
- Push the seedling out from the bottom of the tray and gently tease out matted roots.
- Plant then drench with Kelpak; this promotes root growth.
- If the weather is hot and sunny, protect them from the sun with leafy twigs or cardboard wigwams.
- Keep moist until well established.



ASK ANDRE

Q The leaves of my lemon tree have turned yellow. What should I do?

Cathy Fox, via e-mail

A Yellowing leaves can be due to a number of factors such as nutrient deficiency or insect damage. In cold weather it's often caused by a lack of nitrogen or iron, both of which can be easily fixed by using an organic fertiliser like Wonder Vita-Boost and Wonder Iron Chelate. Check the package for full instructions on how to apply.

For an accurate diagnosis and solution, please post a picture of your lemon tree's leaves on our Facebook wall @mygardensa and let us know where you live. Visit efekto.co.za

Got a gardening problem? Send your query to gardenhome@caxton.co.za with 'Ask Andre' in the subject line.



Andre Bimray of Efekto



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Hylite window trough, from R699,99 – R1 299,99, Lifestyle Home Garden, lifestyle.co.za

What's On

1 – 3 OCTOBER Greyton Heritage Festival

Visit Greyton, just 150km from Cape Town in the Riviersonderend Mountains, for a festival of food, art and crafts, talks and walks. Visit the Greyton Heritage Festival Facebook page.

10 OCTOBER Grahamstown Flower Festival

On at Oatlands Preparatory School in African Street, there'll be flower and plant competitions, workshops and garden-related stalls. For more information, call Cathy Braans on 046 622 7897 or visit grahamstownflowerfestival.co.za

11 OCTOBER SPAR Women's Challenge

Held at The Wanderers Sports Club in Illovo, Jo'burg, this sports event includes a 5km fun run and 10km road race with over R200 000 in prizes to be won. E-mail sparjoburg@entrytime.com

25 OCTOBER Avon Justine iThemba Walkathon

Walk with Avon Justine at Marks Park, Jo'burg to raise awareness for breast cancer, R100 for adults, and R75 for children under 12. Call 0861 009 902, e-mail ithembajhb@brandaxn.com or visit ithembawalkathon.co.za

OPEN gardens

Visit some of the beautiful open gardens this month and support a worthy cause

OCTOBER Gardens of the Golden City

These Jo'burg gardens are open from 10h00 – 17h00. For more information, visit gardensofthegoldencity.co.za

3 OCTOBER

Roedean School (SA), Princess of Wales Terrace, Parktown

Herbert Baker buildings surrounded by beds filled with a variety of plants and masses of roses are some of the attractions. Entrance is R30. This event includes a craft market and food stalls.



Beechwood Gardens, Jo'burg

Call Moira on 011 647 3200, e-mail mgolden@roedeanschool.co.za or visit abloomingaffair.co.za

15 – 18 OCTOBER

Beechwood Gardens, 25 Christopherson Road, Hyde Park

Entrance to this magnificent garden is R50, children under 12, free. Book for Susan Greig's alfresco lunch served underneath the magnolias and jacarandas on Saturday and

Sunday. For information, call Lynne on 082 689 0930, Helena on 083 267 1661 or visit beechwoodgardens.co.za

24 – 25 OCTOBER

Northwards, 21 Rockridge Road, Parktown

This historic home in Parktown, built by Sir Herbert Baker is surrounded by indigenous plantings and a traditional Italianate-style garden. ▷



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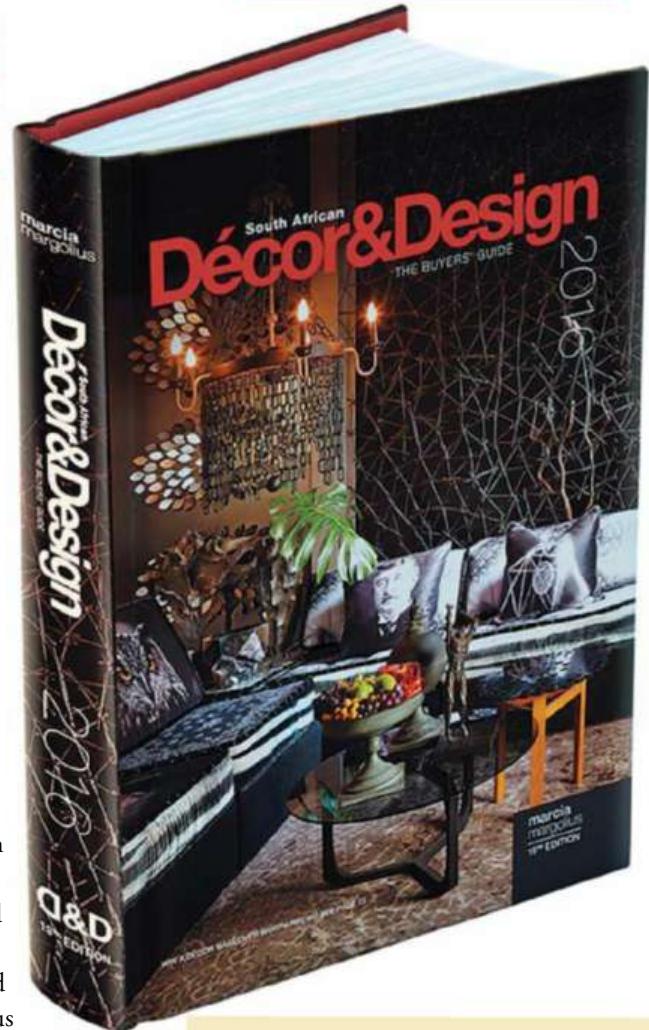
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Their new website sadecor.co.za has more than 3 500 listings and a brand new catalogue hub where you can view and download leading suppliers, plus a decorshop connecting you to top online decor stores. If you purchase a copy, you could also stand a chance of winning a decor makeover worth R80 000, with prizes from some of SA's most renowned suppliers.

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Theresa and Mark Cotterell, 66 The Valley Road, Parktown

Set on 4 000m², this terraced garden surrounding a beautiful 100-year-old house includes a rose garden and a meandering stream. Entrance is R30, children under 12, free. Call Helena on 083 267 1661.

3 OCTOBER Zanzi's Garden

The pretty garden at 46 Victoria Street, corner Abingdon Road, Kensington B, Randburg is open between 10h00 – 17h30 in aid of Randburg SPCA. Entrance is R30 and includes a cup of tea or coffee. For more information, e-mail margehug@iafrica.com

3 – 4 OCTOBER Pretoria Sunrise Rotary Open Gardens

Ten of Pretoria's loveliest gardens will be on display. Open from 10h00 – 17h00, entrance is R10 a garden or R70 for all; children under 12, free. Call 082 497 7938 or visit rotarypretoriasunrise.org

10 – 11 OCTOBER Kloof Rotary Anns Open Gardens

Six beautiful gardens will be open to the public

in the Kloof and Hillcrest areas from 09h30 – 16h30. Tickets to all the gardens, refreshments included, are R60, children under 12, free. Call Wendy Scorgie on 083 661 7337 or visit rotarykloof.org.za

23 – 25 OCTOBER Franschhoek Open Garden Festival

Ten memorable gardens, ranging from small village to large farm gardens will be on show in this charming town. Tickets are R150 pp for the whole weekend. For information, call 021 876 2861 or e-mail caroldy@live.co.za

24 – 25 OCTOBER Klein Optenhorst

Open from 09h00 – 16h30, this historic garden is filled with unusual plants. Entrance, R40, includes scones and tea. Call Jenny Ferreira on 021 864 1210 or e-mail jenny.ferreira01@gmail.com

25 OCTOBER WIZO Jo'burg

WIZO (The Women's International Zionist Organisation) have three Jo'burg gardens on display. Tickets, R200, include a talk by Shirley Wallington and tea. Call Nadine on 011 645 2515 or e-mail wizojhb@beyachad.co.za

31 OCTOBER – 1 NOVEMBER Encounter EG

This country and garden festival features 16 farm and town gardens in the Kokstad, Cedarville, Matatiele and Swartberg areas, plus other events like birding and walks. For more information, call Pat Dickerson on 082 851 1555 or visit encountereg.co.za

OCTOBER – NOVEMBER The Stihl Open Gardens

There'll be a variety of gardens open in Pietermaritzburg, Greytown, the Midlands, Hilton, Underberg, East Griqualand, the Tala Valley and Kokstad, ranging from indigenous to old English including Benvie in the Karkloof. For more information, visit stihl.co.za or e-mail gail@spottedowl.co.za

OCTOBER – NOVEMBER Harcourts Midlands Open Gardens

KwaZulu-Natal, known as SA's Garden Province, has a host of fabulous new gardens to enjoy during October and November. In addition, the Midlands Rose Society Rose Show is on from 24 – 25 October in Hilton. Visit openmidlandsgardens.co.za



A modern white sofa set with white pillows is arranged on a dark grey rug in an outdoor living area. The sofa is positioned in front of a large glass door that leads into a modern interior. To the right, a swimming pool is visible, and the background shows a lush green landscape with trees and a clear blue sky. The overall aesthetic is clean, bright, and contemporary.

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small garden plan



Celebrating **NATURE**

At this year's Garden World Spring Festival, landscaper Priscilla Banda designed a colourful, low-maintenance garden sponsored by Garden and Home





Aptly named 'The Three Elements – the sun... the earth... the water...', Priscilla Banda's garden was designed to stimulate the senses. Intended as a space for relaxation, the garden features a raised patio overlooking a water feature. "It's a mix of contemporary aspects and includes water, stepping stones with planting in-between, raised beds and split levels," explains Priscilla, whose landscaping company Green Dimensions, is based in Gaborone, Botswana.

Priscilla separated the areas by placing them on different levels. The patio is on the highest and the water feature with its walkway and surrounding planting on the lowest. The three elements, sun, earth and water are represented in different ways.

An ornamental metal sun hangs above the patio. "It's set against a grey background wall, which depicts an overcast sky ▷

THIS PAGE, CLOCKWISE FROM TOP LEFT: ● The curved water feature is filled by letter box spouts on both sides. ● Dark purplish-black mondo grass and mauve scabiosa create a sense of tranquillity and depth. ● *Strelitzia reginae*. ● Strappy mondo grass contrasts beautifully with the autumnal colours of dwarf *Nandina domestica* (sacred bamboo). **OPPOSITE PAGE:** Standard syzygiums around the water feature give privacy.

PLANT LIST

- 1 *Syzygium paniculata*
- 2 *Duranta 'Sheena's Gold'*
- 3 *Nandina domestica 'Pygmaea'*
- 4 Arums (*Zantedeschia* sp.)
- 5 Black mondo grass
- 6 Scabiosa
- 7 Green mondo grass
- 8 *Plectranthus 'Mona Lavender'*
- 9 Pittosporum
- 10 *Strelitzia reginae*
- 11 Mixed plantings of mondo grass, *Felicia amelloides* and *Tulbaghia violacea*
- 12 *Euphorbia tirucalli*
- 13 Black basil

HARD LANDSCAPING

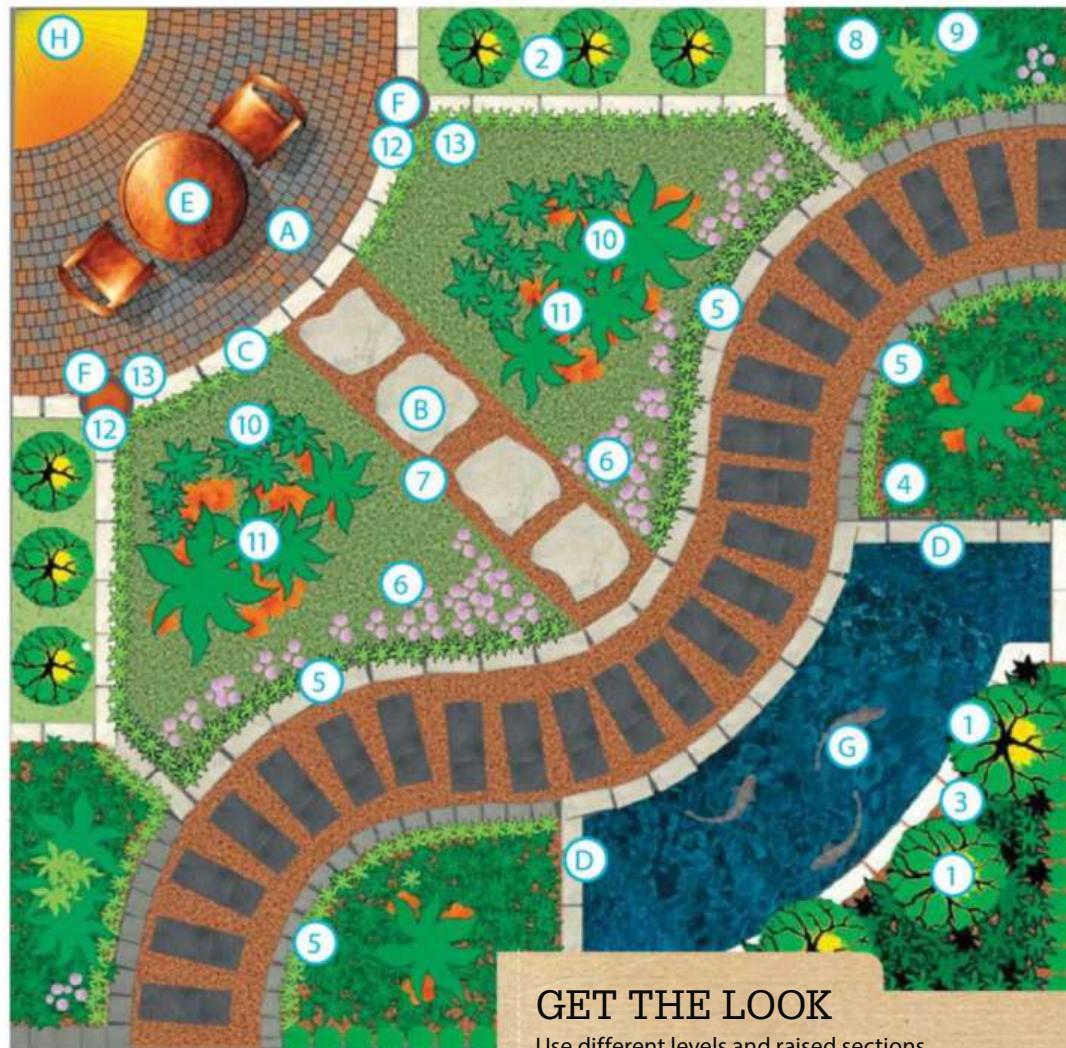
- A Cobble stones
- B Stepping stones
- C Coping stones
- D Cladding
- E Bronze wrought iron table set
- F Charcoal concrete pots
- G Water feature
- H Sun ornament

from which rain is about to pour," she explains. Water is represented by the water feature planted with water lilies and the earth by the beds and richly coloured plants.

The plants were combined according to colour, form, texture, height and water requirements. "The aim was to construct a tranquil area with a sense of space. But most importantly, one that looks lush throughout the year with minimal effort," she says. Arums and water lilies feature in the pond area while black mondo grass, *Plectranthus 'Mona Lavender'*, mauve scabiosa and blue felicias add a sense of tranquillity and depth in the central section.

Standing out against the dark grey walls is the red-bronze foliage of *Nandina domestica 'Pygmaea'* which contrasts with *Duranta 'Sheena's Gold'*.

At the intersection of the paths, sloping



beds containing *Strelitzia reginae* create a three-dimensional effect. The black strap leaves of mondo grass are shown off by variegated *Tulbaghia violacea*, while standard syzygiums in the raised planters around the water feature act as a screen.

"The garden is low maintenance and doesn't require much watering. All it needs is some weeding, deadheading and trimming to keep the shrubs in shape and an occasional clean out of the water feature," says Priscilla. "And if it's fed with a balanced fertiliser, it'll look good all year round."

RIGHT: The distinctive foliage of *Nandina domestica* turns bright red in autumn.

SOURCES Green Dimensions

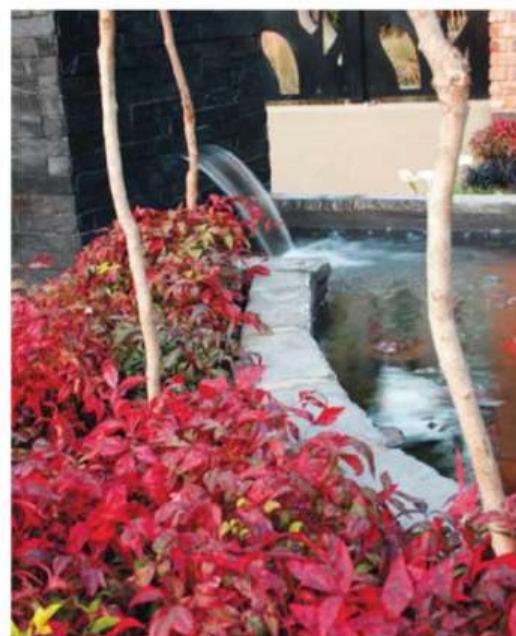
priscilla_bnd@yahoo.co.uk

Garden World 011 957 2046 or visit gardenworld.co.za

GET THE LOOK

Use different levels and raised sections with planters to create depth and interest in a small garden. Place a seating area in one corner in which to relax, entertain and enjoy the outdoors.

The show gardens will be open to the public until next year. Visit gardenworld.co.za



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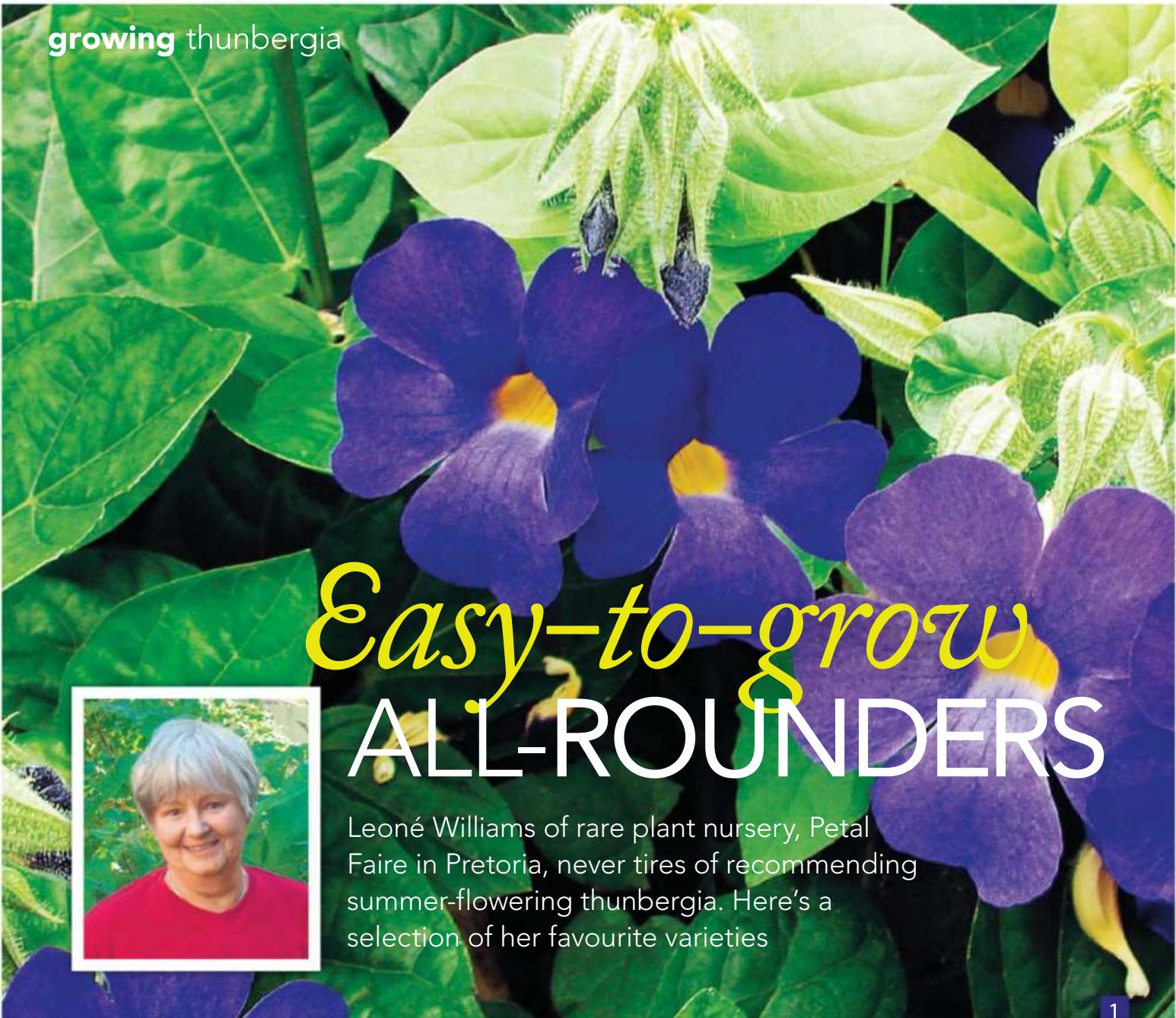
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Easy-to-grow ALL-ROUNDERS

Leoné Williams of rare plant nursery, Petal Faire in Pretoria, never tires of recommending summer-flowering thunbergia. Here's a selection of her favourite varieties

Does the name thunbergia ring any bells? If not, what about the indigenous climber known as black-eyed Susan that scrambles over everything? "Yes," says Leoné Williams, "that's the thunbergia that most gardeners know, but there's so much more to this range of plants."

Leoné has a superb collection of summer-flowering thunbergia climbers, shrubs and groundcovers. Her interest was piqued by the introduction of 'Blushing Susie', a dark salmon-pink version of *Thunbergia alata* (black-eyed Susan) and she set out to discover new colours, including 'Rambling Rose', a Petal Faire hybrid.

"I never hesitate to recommend thunbergia because they're so easy to grow, aren't fussy about soil, untroubled by diseases and pests and they're not water guzzlers," she says.

Many thunbergias originated in the tropical regions of Southern and Central Africa and Asia, but will grow in most gardens. Some are evergreen, and those that are frost tender, lose their leaves or die down in winter.

PERENNIAL

1. *THUNBERGIA BATTISCOMBEI* 'BLUE GLORY VINE'

Similar to a morning glory, this thunbergia's royal-blue flowers with

glowing yellow throats are irresistible. And it's not a purchase to regret as its most desirable habit is its ability to flower profusely in gardens with partial shade. Every stem produces flowers, even when the plant is small. This spreading, shrubby perennial flowers throughout summer provided it gets some sun.

Good to know: Give it room to spread (about 1m) and use it as a mounding groundcover, especially in front of, or around taller, upright plants like cordylines, sansevieria and upright grasses.

Growing tips: Plant it in sun to semi-shade, in all kinds of soil and water regularly. It's frost tender but will overwinter in sheltered gardens.



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SHRUBS

2. *THUNBERGIA NATALENSIS* (NATAL BLUE BELL)

This indigenous shrub is an asset because it produces a compact cluster of upright stems that sprout from a woody base. Dark green leaves offset soft blue to mauve flowers. Plants grow up to 80cm high and wide and flower throughout summer.

Good to know: It's also effective when massed in beds in dappled shade under trees or in front of taller, shrubby plectranthus. Cut back old stems to ground level in early spring to encourage new shoots.

Growing tips: It does best in semi-shade, likes fertile, well-drained soil and regular watering. It dies down in winter in very cold areas but shoots again in spring.

3. *THUNBERGIA ERECTA*

'FAIRY MOON'

'Fairy Moon' is an apt name for this shrub with its ethereal lavender-blue, white-edged flowers that appear throughout summer. Growing 1–2m high and covered with glossy leaves, this shrub makes a beautiful and rewarding specimen plant.

Good to know: It grows in containers and can also be clipped into a flowering hedge.

Growing tips: It likes morning sun and

afternoon shade, neutral to acid soil, regular watering and is semi-hardy. In very cold areas it'll die down but resprout in spring.

CLIMBERS

4. *THUNBERGIA ALATA* (BLACK-EYED SUSAN)

This is a very popular, fast-growing indigenous creeper that's easy to control. Leoné often uses it as a groundcover in a new garden where large areas need to be covered quickly as it provides colour while the other plants get established. New variations are equally flamboyant: 'Fire Red' has a maroon centre, 'Volcano' (pictured above right) and 'Arizona Glow' both come in fiery colours as well as the dusky-pink 'Blushing Susie' (pictured

DID YOU KNOW?

Thunbergia was named after Swedish botanist Carl Thunberg (1743 – 1828), the 'Father of South African botany', a doctor with the Dutch East India Company who wrote *Flora capensis* about Cape flora.

above left) and yellow. 'Rambling Rose' is a hybrid with large raspberry pink flowers with dark centres.

Good to know: It's a good groundcover for unsightly areas.

Growing tips: Black-eyed Susan grows best in full sun, in ordinary garden soil and only requires moderate watering to flower throughout summer, or year round in frost free areas. ▷



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5. *THUNBERGIA GREGORII* (ORANGE CLOCK VINE)

This creeper has large, pure orange flowers (without a black eye) that border on fluorescent, even glowing at night. It's a woody-based perennial vine that'll crawl and twine up and over any support. The fuzzy heart-shaped leaves and hairy, arrowhead shaped buds are also a feature.

Good to know: When trimming it, wear gloves as the leaves can irritate the skin.

Growing tips: It grows in full sun, needs occasional watering and spreads by rooting and creeping, yet is easily contained. In very cold areas it dies back in winter.

6. *THUNBERGIA HOLSTII*

A rare vine from Kenya, this delicate climber has a height and spread of 2m and very noticeable deep-purple flowers with white throats and yellow stamens.

It's suitable for training up a trellis or an obelisk, ideal in small gardens and smaller spaces. The leaves are long and dull green and are shed in winter.

Good to know: It can also be grown in a large container.

Growing tips: It favours semi-shade and flowers from spring to autumn.

7. *THUNBERGIA GRANDIFLORA* (BLUE SKY FLOWER)

This magnificent climber from India is grand in name and nature. At the Petal Faire nursery it creates a canopy and wall of green leaves and clusters of light sky-blue flowers with striped blue centres. It flowers from midsummer to early winter. Extremely vigorous, it'll grow high and wide, even scrambling into trees.

Good to know: Even if cut back hard, it'll grow into a large creeper within a season.

Growing tips: Plant in full sun or light shade. Water well until established, then reduce watering.

GROUNDCOVER

8. *THUNBERGIA ATRIPLICIFOLIA* (NATAL PRIMROSE)

A true groundcover, this scrambling perennial has stalkless, fuzzy oval leaves and large cream flowers in summer. Although indigenous, it's rather rare.

Use it in containers and hanging baskets and to cover slopes. It makes a sparkling combination with orange-flowering climbers, *T. gregorii* and *T. alata*.

Good to know: The large cream flowers lighten up shady areas.

Growing tips: It grows in semi-shade in ordinary garden soil and needs moderate watering.

SOURCE Petal Faire 082 482 0257 or visit petalfaire.co.za

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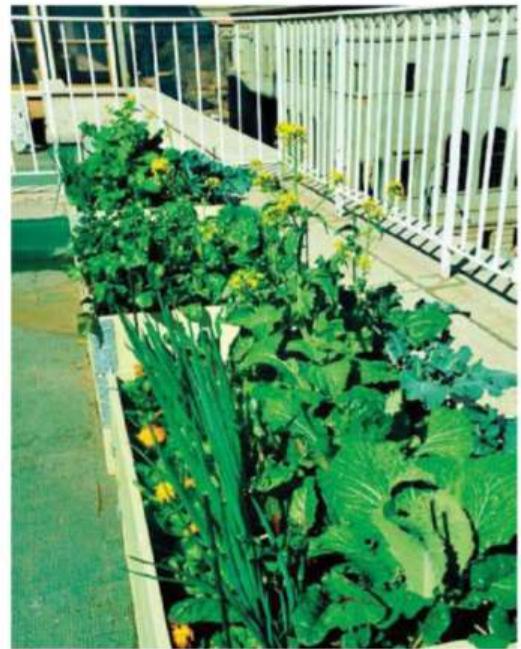
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exclusive extract



Sky HIGH

Here's an exclusive sneak preview of veggie gardening expert Jane Griffiths' new book on urban gardening. In this extract she reveals that cities offer ideal spaces for growing healthy, organic vegetables



Using rooftops is an ideal way for urbanites and city dwellers to turn unused areas into productive vegetable growing spaces. In fact, if you look out of your window right now, you'll probably see a suitable one you can use – on a shed, a garage or a cottage. Many apartment blocks also have a flat top or a level section over the parking area that would be ideal.

However, before you start piling soil or placing boxes on your roof, there are some practical aspects to investigate. Apart from the usual elements that go into any well-planned vegetable garden, you need to consider the following:

WEIGHT BEARING AND SAFETY

"Before you start, ask a structural engineer to assess the roof," recommends Marc Nel of Evagroup, an experienced rooftop landscaper, who's designed and installed numerous rooftop gardens in Durban. "You might find certain areas can carry higher loads than others, or you might have to build a reinforcing framework. Once the load capacity has been measured, a kilogram per square metre rate is given. Remember to calculate your garden in a wet state as water is heavy. Choosing light materials will help keep the weight down.

"Working on a rooftop brings other challenges, such as safety. A balustrade is generally the cheapest way to ensure that there are no accidents. This must be installed before work commences."



DRAINAGE, WATER FLOW AND WATERPROOFING

Understanding water flow is important. It must be able to drain off quickly as stationary water increases the risk of damp and adds to the weight. Although flat roofs look flat, they're designed for water to flow off them. The structural engineer will give you the percentage fall and anything greater than one per cent is good. Ascertain where the lowest point of the roof is and aim the run-off in

that direction. Ideally, install pathways to assist water in exiting the garden. Marc uses recycled plastic decking for pathways, which not only provide access to the beds, but also form channels where water can flow freely towards the drains.

"A waterproofing system must be applied to a flat roof before you begin construction," advises Marc. "Using a torch-on heat-fused UV-stable membrane is the best method, and if the roof already has one, ensure there are no cracks."

READY TO GROW

A quick way to install a rooftop garden is to use The Urban Box, available from GardenShop. They fold flat, making them easy to move. They are light and their height is adjustable, so they can be adapted to any roof.

SAFE ACCESS

This is essential. For garden sheds and garage roofs, a sturdy ladder will do, but for larger rooftops on taller buildings, if there's no ready access, stairs must be installed. ▷

THIS SPREAD, CLOCKWISE FROM FAR LEFT:

- Recycled drums make ideal planters.
- A lush inner-city rooftop garden in Durban.
- Companion planting such as marigolds and spring onions with mustard works on rooftops too.
- Tyres are a quick way of creating protected planting areas.
- Decking pathways provide access and assist water flow.



WIND, WATER AND SUN

Wind can blow a garden to smithereens on a rooftop – especially in a coastal city. To prevent this, Marc suggests sticking to low-growing plants.

“Vegetables like tomatoes should be staked to prevent them being blown over and having their roots exposed.” When building permanent structures like seating and pergolas for shade and support, design them to be wind permeable, otherwise they can create wind tunnels or be blown over.

Rooftops tend to dry out more quickly than normal gardens and a reliable water supply is important. Water-wise methods such as mulching, intensive planting and grouping all help a garden to survive the hot sun. For a larger garden, drip irrigation is ideal. Bare rooftops can be very hot, and simply planting a garden results in a cooler environment. “One of the beauties of rooftop gardens is the benefits they produce below,” says Marc. “At one of our gardens the ambient temperature inside the building below it has dropped by an average of 3°C. This has reduced their air conditioner use by 40 percent during summer.” **GH**

SOURCES Evagroup 083 298 7151 or visit evagroup.co.za **GardenShop** gardenshop.co.za **Jane's Delicious Garden** janesdeliciousgarden.com **Jane's Delicious Urban Gardening** by Jane Griffiths (Sunbird Publishers) jonathanball.co.za



FROM LEFT TO RIGHT:

- Wooden planters are light and perfect for suburban roofs.
- Picking lunch from *The Star's* rooftop garden in Jo'burg.

WIN!

Jane's Delicious Urban Gardening. Sustainable City Living by Jane Griffiths (Sunbird Publishers) illustrates how easily you can grow organic fruit and vegetables in the city.



WIN! We're giving away three copies worth R295 each. To enter, **SMS URBAN**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. For full Ts&Cs, see page 155.



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Mini MORSELS

Don't let a lack of space deter you from growing your own veggies. There are many new compact varieties that are easy to grow right on your patio

Noticing the increased desire to grow vegetables and the rapidly decreasing space in which to do it, vegetable breeders have been busy. The result is a range of new miniature veggies that can be grown in pots or in hanging baskets on the patio.

1 CAPSICUM 'CUTE STUFF'

This sweet golden or red mini pepper looks rather like a bright, shiny apple. The 8cm-long fruit might be bite sized, but the plant yields up to three times more than normal peppers.

Growing tips: Plant in a 45–60cm diameter pot, making sure it receives at least six hours of sun a day. Add compost or humus to the potting soil to enhance moisture retention. The soil must drain well but not dry out completely. Water daily in summer. Don't over-fertilise, as plants develop lush foliage at the expense of fruit production. For the best flavour, let the fruit ripen fully and snip off with scissors.

2 CAPSICUM 'LA BOMBA'

A jalapeño-type pepper, it grows into an attractive upright plant (56cm high and 46cm wide) with a strong, sturdy main stem and glossy green leaves.

Growing tips: It needs a large, deep container to accommodate its roots. Plant it in full sun and water daily in summer. Feed once a month with a liquid fertiliser. The large dark-green fruit has a thick skin and can be picked when green. Cut, rather than pull the fruit from the plant.



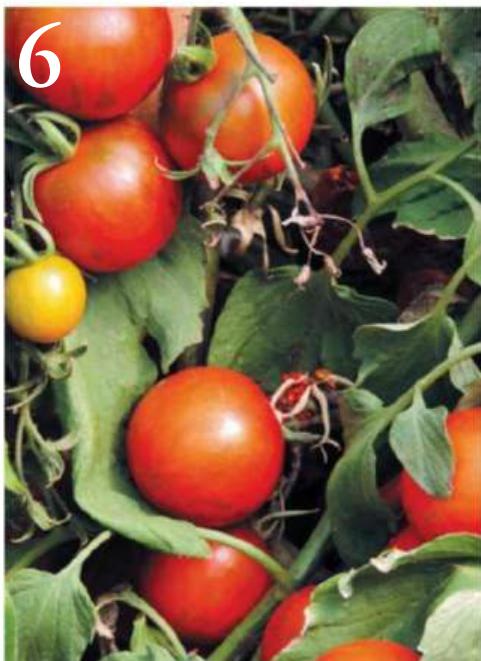
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3 BUTTERNUT 'HONEYNUT'

The first widely available compact butternut (10–13cm long), 'Honeynut' has a sweet, nutty taste and deep orange flesh. The fruit is a more manageable size and so is the vine with a limited spread of up to 3m. It produces higher yields than traditional butternut and the leaves are resistant to powdery mildew.

Growing tips: Plant in a large pot in full sun and train it up and along a trellis. Water plants daily and fertilise twice a month to maintain its high production rate.

4 EGG FRUIT 'PATIO BABY'

This dwarf plant grows only 60cm high. It bears 25 to 50 eggplants per plant and starts bearing within 45 days of planting compared to 90 days with conventional varieties. The mature fruit is about 5cm in diameter, very mild tasting and with none of the bitterness of the bigger fruit.

Growing tips: Full morning sun (six hours) and afternoon shade is ideal. Use a rich, organic mix that drains well, water daily in summer and fertilise with a liquid fertiliser at least once a month.

5 ZUCCHINI 'EASY PICK'

'Easy Pick' is popular not only for its irresistible golden and green fruit, but also because it's easy to pick. The leaves don't have any prickles and all it takes is a quick twist to snap off the fruit. These upright, spreading plants grow 1,3m high and wide.

Growing tips: Plant a single plant in a large, deep container at least 50cm in diameter. It does best with morning sun and afternoon shade, daily watering and monthly fertilising. Pick when fruit is about 15cm long. The more you pick, the more it produces. Yellowish leaves indicate a lack of food; boost with a nitrogen-rich fertiliser.

6 TOMATO 'RAMBLING RED STRIPE'

With its bright red fruit and slightly darker stripe, this plant takes 68 days to mature. Suitable for hanging baskets and containers, it cascades up to 60cm.

Growing tips: It needs plenty of light and watering every second day in summer. ▷

GROWING VEGGIES IN POTS

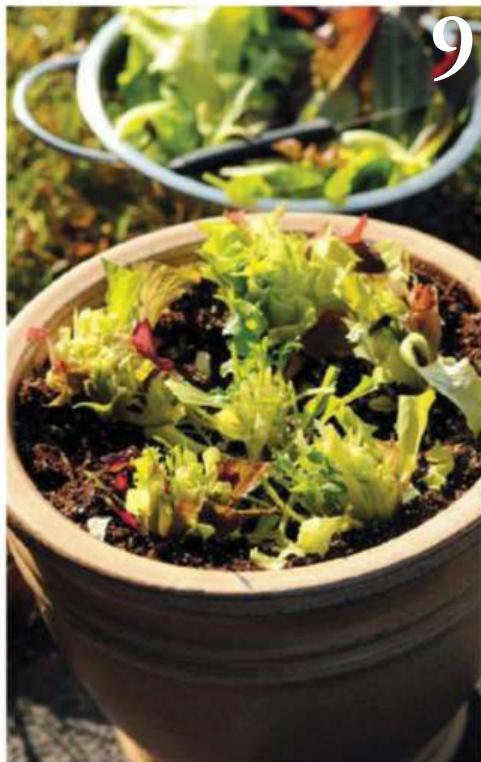
- Don't let pots dry out. In very hot weather, water every day or every second day.
- Pots should drain easily yet the potting mix should remain moist.
- A 50:50 mix of potting soil and palm peat aids water and nutrient retention. Palm peat is available as a brick that is soaked in water. For a more fertile mix, add sifted, home-made compost or an organic fertiliser for veggies.
- Nutrients leach out of pots more quickly than in the ground. Feed with a liquid fertiliser at half strength twice a month.
- In the hottest months, plants may do better with morning sun and afternoon shade.
- When watering with a hosepipe, fit a 'rose' nozzle that produces a softer stream of water that won't compact the soil. Alternatively, set up an irrigation system with mist sprays.
- Make sure there's good air circulation between pots. This keeps plants cool and prevents fungal disease.
- Monitor for pests, especially aphids and whitefly, and spray with an organic insecticide like Ludwig's Insect Spray or Margaret Roberts Organic Insecticide. Because pots are often placed close together, pests can multiply quickly and infect all the veggies.



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8 CUCUMBER 'PATIO SNACKER'

One of the first in the range of patio vegetables, it's a suitable vine variety for large containers with small trellises. This fast-growing plant produces early with high yields of 20cm-long, dark-green cucumbers that are flavourful and crunchy.

Growing tips: Choose a big pot, add compost to the potting soil for a fertile mix, and water regularly making sure the pot drains easily. Fertilise when the plant begins to set fruit. For good quality, don't allow the fruits to become overripe on the vine.

9 'SIMPLY SALAD'

It's easy to grow your own mixed salad bowl. 'Alfresco Mix' (pictured) includes red and green leaf lettuces with rocket, endive and radicchio to give a Mediterranean flavour and look. 'City Garden Mix' is a mix of red and green leaf lettuces that are mild tasting and good for salads as well as sandwiches. 'Global Gourmet Mix' consists of green and red leaf lettuce with spicy Asian greens like mizuna and mustards.

Growing tips: Morning sun and afternoon shade is ideal. Water regularly because drying out makes the leaves bitter. The leaves can be cut back to 5cm or harvested individually.

10 'SIMPLY HERBS'

This range of herbs including basil, rosemary, oregano (pictured), dill, thyme and parsley is grown from multi-seed pellets, which means that there are six to 12 young plants in each pot. The basil mix consists of three different basil varieties (Genovese, serrated and dark red basil).

Growing tips: Plants can be left to grow thickly on a cut-and-come-again basis or transplanted into larger pots for extended use. Grow in full sun, feed with a liquid fertiliser at half strength once a week and water regularly.

SOURCE All these veggies are part of a special patio range and are only available as young plants in pots. For details and stockists, call **Ball Straathof** on 011 794 2316, e-mail info@ballstraathof.co.za or visit ballstraathof.co.za

Monitor the moisture as plants in hanging baskets dry out faster than plants in the ground. Start feeding when the fruit begins to set. Tomatoes can be harvested when they begin to show colour, but will be more flavourful if allowed to ripen on the vine.

7 TOMATO 'TUMBLING TOM YELLOW'

The perfect patio partner for 'Rambling

Red Stripe', it produces very sweet, rounded yellow cherry tomatoes throughout summer. It's an early producer with the first fruit taking 63–70 days to mature.

Growing tips: A bush variety, it doesn't need staking and looks very striking when its arching stems are loaded with fruit. Plant it in a deep, large basket or tall container in full sun. It's resistant to fusarium wilt, verticillium wilt and nematodes.

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girls' lunch

Garden PARTY

Jo'burg food blogger, Di Bibby, hosts
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the arrival of spring

TEXT LISA VAN DER KNAAP PHOTOGRAPHS ANDREA CALDWELL THESE RECIPES ARE SUPPLIED BY THE ENTERTAINERS, AND WHILE EVERY EFFORT IS MADE TO ENSURE THEY ARE CORRECT, THEY HAVEN'T BEEN TESTED BY GARDEN AND HOME



Sonja Dos Ramos and Tippy Haird

“When you think about the most special moments in your life, they're invariably around a table with food, surrounded by the people that you love,” says food blogger and recipe developer, Di Bibby of Bryanston, Jo’burg.

Once a fashion designer, the cooking side of her career came about by default. “When I worked in fashion, I travelled a lot; once I had my girls, however, I chose to be at home and preparing meals became another creative outlet,” she explains. “Whether it’s food or fashion, it starts the same way: you begin with a concept and a style, then add colour and texture.”

Initially, she started baking, then catered for small functions and weddings. “At a dinner party, friends of mine asked if I’d show them how to cook and it went so well I now hold monthly cooking classes in my kitchen. It’s really relaxed as people can share ideas and tuck into dishes around the table.” Di keeps the classes intimate (15 people maximum) and to a theme. Her Italian class is always well attended and she also offers courses on alternative baking (using less refined ingredients) and Middle Eastern cooking.

“I want to get people inspired and excited about food and that comes with confidence in the kitchen.” That’s one of the reasons she started her blog, Bibby’s Kitchen @ 36. “With blogging, you need to tell the story of food: the journey.”



Di Bibby

MENU

POMEGRANATE MOJITOS



GRUYÈRE AND POPPY
SEED WAFERS WITH LABNEH,
LEMON-CHILLI OIL
AND DUKKAH



QUINOA, SPINACH AND
CHERRY SALAD WITH ROASTED
NUTS AND GOAT’S CHEESE



OVEN-ROASTED CORIANDER
AND HONEY CHICKEN



PECAN NUT, TAHINI AND
HALVA ICE CREAM

Di loves to bake cakes – everything from French-style galette to Black Forest pavlova – because it’s her chance to get really artistic and creative. Her Cake Friday has become extremely popular. It’s a tradition that started with her daughters, Skylar (16), and Sabrina (14), and her husband, Darren rather enjoys it too. “Every Friday, I’d pick the girls up

from school and we’d bake a cake together. I incorporated this into my blog and readers can’t get enough; it’s their treat at the end of the week,” she says.

Although Di blogs for thousands of people, she prefers to entertain on a smaller scale. Her intimate spring lunch for friends takes place in a gorgeous little gazebo that her father-in-law made, and she’s turned it into an alfresco dining area with a vintage steel table and benches, and pink and green accessories.

Di’s favourite way to entertain is with generous platters of interesting salads made with wholesome grains, vegetables, cheeses and nuts – usually served with marinated grilled fish or chicken. To finish, there’s always an indulgent dessert. “The menu I chose today reflects the type of food I love to eat: food made from scratch that’s flavourful, slightly different and very delicious.” ▷



POMEGRANATE MOJITOS

(Serves 6)

20g mint leaves
10T caster sugar
juice of 6 limes
350ml pomegranate juice
250ml white rum

2 cups crushed iced
500ml soda water

TO SERVE:

3 limes, quartered
1/4 cup pomegranate rubies
fresh mint

1. Mix the mint leaves and caster sugar together.
2. Add the lime juice, pomegranate juice and rum and stir.
3. Half fill 6 tumblers with crushed ice and strain the mint syrup over the top.
4. Top each glass up with soda water and serve with two lime wedges, pomegranate rubies and fresh mint.

GRUYÈRE AND POPPY SEED WAFERS WITH LABNEH, LEMON-CHILLI OIL AND DUKKAH

(Makes 20)

FOR THE LABNEH:

1/4t salt
1kg Greek yoghurt

FOR THE LEMON-CHILLI OIL:

125ml extra virgin olive oil
zest of 1 lemon

1/2t dried, red chilli flakes

FOR THE GRUYÈRE WAFERS:

125g all-purpose cake flour
1/2t each of salt, paprika, and baking powder

1t each of black and white sesame seeds

1/4 cup Gruyère cheese, finely grated

80–90ml cold water

20ml extra virgin olive oil
olive oil, for brushing

Maldon sea salt flakes and black pepper, to taste

TO SERVE:

dukkah



QUICK CHAT WITH THE COOK

My cooking style is honest, vibrant and colourful.

No dinner party is complete without dessert, usually chocolate and definitely rich and decadent.

The kitchen gadgets I can't live without are my knife sharpener and blender. I also love my zester and the pepper mill that my husband had made for my birthday.

My store cupboard staples are tinned plum tomatoes; you'll also find tahini, Medjool dates and a really good olive oil.

The best thing I ever ate was roasted red cherry ice cream with my mother on the steps of the Colosseum in Rome. It was a combination of the food, setting and company that made it so special.

My go-to party dish is pasta with pesto, Parmesan and pine nuts, but my chicken curry is also a crowd-pleaser.

My favourite comfort food is a dish of spinach and ricotta conchiglione with Parmesan crème fraîche sauce.

1. To make the labneh: line a sieve with muslin cloth and place over a bowl.
2. Mix the salt into the yoghurt and pour into the cloth. Gather the ends of the cloth firmly together and place in the fridge to strain for 2 days.
3. To make the lemon-chilli oil: shake all the ingredients together in a jar and set aside to infuse for several hours.
4. To make the Gruyère wafers: place all the dry ingredients, including the cheese, in a bowl. Add the water and olive oil and mix together to make a dough.
5. Turn the dough out on a floured surface and knead for 2–3 minutes. Wrap in cling film and chill for 1 hour.
6. Preheat the oven to 200°C.
7. Pinch off walnut-sized pieces from the dough and roll out thinly until they're almost transparent.
8. Lay on a lined baking sheet and brush liberally with olive oil. Sprinkle over some sea salt flakes and black pepper. Bake for about 10 minutes until crisp and golden
9. Serve with the labneh, lemon-chilli oil and dukkah.



QUINOA, CHERRY AND SPINACH SALAD WITH ROASTED NUTS AND GOAT'S CHEESE

(Serves 6–8)

FOR THE SALAD:

*½ cup white quinoa
½ cup red quinoa
80g baby spinach leaves
40g wild rocket
200g fresh cherries, pitted and halved
½ cup mixed nuts and seeds, roasted
125g goat's cheese
¼ cup pomegranate rubies*

FOR THE DRESSING:

*2T extra virgin olive oil
2T lemon juice
1t (heaped) Dijon mustard
2t honey
salt and freshly ground black pepper, to taste*

TO SERVE:

microgreens

1. Cook the quinoa according to the package instructions.
2. Rinse, drain thoroughly and set aside to cool and dry off.
3. Chop the spinach and rocket as finely as possible and toss with the cooled quinoa.
4. To make the dressing:



shake all the ingredients together in a jar.

5. Pour half the dressing over the quinoa and toss through.
6. Top the quinoa with the cherries, nuts and seeds, goat's cheese and pomegranate rubies.
7. Drizzle over the remaining dressing, garnish with the microgreens and serve.

OVEN-ROASTED CORIANDER AND HONEY CHICKEN

(Serves 6)

*6 chicken leg quarters, bone in, skin on
olive oil and sea salt, to season*

FOR THE MARINADE:

*3T olive oil
1 clove garlic, bruised
zest and juice of 1 large lemon
juice of ½ oranges
1T honey
1½t ground coriander
1½t smoked paprika
2 stems rosemary
1t salt
freshly ground black pepper, to taste*

TO SERVE:

*lemon wedges
microgreens*

1. To make the marinade: whisk all the ingredients together well.

2. Place the chicken in a non-metallic dish and coat with the marinade.

3. Cover and set aside to marinate for at least 2 hours or overnight, refrigerated.
4. Preheat the oven to 200°C.
5. Remove the chicken pieces from the marinade and place in a roasting tin.

6. Drizzle with olive oil, season lightly with sea salt and roast for 45 minutes.

7. Turn the oven up to 220°C, pour over the remaining marinade and roast for a further 15 minutes.
8. Serve garnished with lemon wedges and microgreens. ▷



PECAN NUT, TAHINI AND HALVA ICE CREAM

(Serves 10)

250g tin condensed milk, chilled

500ml whipping cream

1t vanilla paste, or extract

2T tahini

80g pistachio halva, crumbled

50g *roasted pecan nuts, roughly chopped*

TO SERVE:

fresh berries

pistachio halva

honey

1. In a large bowl, whisk the condensed milk, cream and vanilla paste or extract together

until it forms soft peaks.

2. Add the tahini and whisk briefly to combine.

3. Fold in the pistachio halva and pecan nuts.

4. Pour the ice cream into a lined loaf tin, cover and freeze overnight.

5. To serve: unmould the ice cream and top with fresh

Antoinette Freeman and Natelle du Plessis



Hester Hill



berries and crumbled halva then drizzle with honey. 

SOURCE Bibby's Kitchen @ Thirty Six
bibbyskitchenat36.com

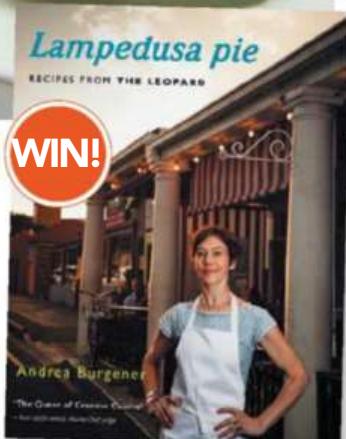
Bon appetit

Get a taste
of what's new in
the culinary world

WILD thing

For those who like things a little different, *Lampedusa Pie*, R375, from Bookstorm.co.za, is a delightful cookbook with recipes by Jo'burg-based chef and owner of The Leopard, Andrea Burgener. Find the recipe for this delicious Indian Bread Salad (pictured above) at gardenandhome.co.za

WIN! We're giving away a copy of this book. To enter, SMS **LAMPEDUSA**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. For full Ts&Cs, see page 155.



WIN!



Going Nuts

Natural, handcrafted ButtaNutt Tree Nut Spreads, R70 – R90, are great in sandwiches, smoothies and baked dishes. We love the Pecan Macadamia butter, but if you have a sweet tooth, you'll adore the Chocolate Macadamia and Honey Almond flavours. They're available online and at selected retailers. Visit buttanutt.co.za



TURN ON the JUICE

The KitchenAid Artisan Maximum Extraction Juicer, R6 999, is a new addition to the iconic KitchenAid range. The slow juicing process retains nutrients and extracts every drop of juice without heating, so there's no discolouration or foaming. To order, call 021 555 0700.

HOT STUFF

You're spoilt for dining choices at the revamped Four Seasons Hotel The Westcliff, Johannesburg. Indulge yourself at Flames not only for its splendid views, but for its urban-casual dining experience with artisan braai dishes and the wide selection of local wines and craft beers. Call 011 481 6190 for bookings, or e-mail reservations.johannesburg@fourseasons.com



What's on

24 – 25 OCTOBER Season of Sauvignon Festival

Meander through 12 participating wineries in the Durbanville Wine Valley, sample and purchase the newest Sauvignon releases. For more information and ticket sales, see durbanvillewine.co.za

28 – 30 OCTOBER RMB WineX

This popular wine festival takes place at the Sandton Convention Centre. Tickets are available at Computicket.com. For more information, visit winex.co.za

effortless entertaining

A good grilling

Prepare these simple dishes so all you need to do when your guests arrive is pour the wine and pop the meat on the braai



Perfect with
THIS DISH

Stellenbosch Vineyards
Bushvine Chenin
Blanc 2015

This modern style Chenin Blanc has a rich nose and lush fruity flavours that complement spicy dishes

GET MORE ONLINE

Visit gardenandhome.co.za for more easy summer dishes.

TERIYAKI-MARINATED STEAK WITH ASIAN SUMMER COLESLAW

(Serves 4)

FOR THE TERIYAKI STEAKS:

100g white sugar
125ml rice vinegar
125ml sake
125ml light soy sauce
15ml fresh ginger, sliced
3ml Chinese five spice powder
4 x 200g trimmed steaks, like fillet, rib eye or sirloin

FOR THE ASIAN SUMMER COLESLAW:

15ml light soy sauce
45ml rice vinegar
45ml oil
15ml sesame oil
15ml fresh ginger, finely grated
½ medium red cabbage, julienned
½ medium white cabbage, julienned
1 carrot, peeled and julienned
1 red pepper, deseeded and julienned
1 yellow pepper, deseeded and julienned
5 spring onions, thinly sliced diagonally
30ml mint leaves, shredded (optional)
30ml coriander leaves, torn (optional)
30ml black or white sesame seeds, toasted, optional

TO SERVE:

30ml fresh coriander leaves, torn
3 spring onions, sliced
1 red chilli, finely sliced

1. To make the steaks: place the sugar, rice vinegar, sake and soy sauce in a small pan. Heat gently, stirring, until the sugar dissolves. Increase the heat and cook for 2 minutes.
2. Remove from the heat and stir in the ginger and Chinese five spice powder. Allow to cool completely.
3. Arrange the steaks in a single layer in a non-metallic dish and pour the cooled marinade over them, turning to coat. Cover and chill in the fridge for at least 1 hour.
4. To make the Asian coleslaw: place the soy sauce, rice vinegar, oil, sesame oil and ginger in a small bowl and whisk to combine. Set aside for 15 minutes.
5. Combine the cabbage, carrot, peppers and spring onion in a large mixing bowl and cover until ready to serve.

LIKE A SHOPPING LIST?

Visit gardenandhome.co.za and go to Our Mag, then Current Issue to download the shopping list for this menu.

6. Preheat a braai or grill and remove the steaks from the marinade. Sear the steaks on both sides, until done to your liking.
7. Allow to rest for 5 minutes before slicing the steaks thinly.
8. Cook any leftover marinade in a small pan for 3–4 minutes, or until reduced, and drizzle over the steaks. Garnish with fresh coriander leaves, spring onion and red chilli.
9. Before serving the salad, add the dressing and toss to coat. Add the mint with coriander (if using) and toasted sesame seeds. Toss again and serve at once with the sliced teriyaki steaks.

COOK'S NOTE: You can use store-bought teriyaki sauce instead of making it. In this case, begin the recipe from step 3.

BLUEBERRY CHEESECAKE TRIFLES

(Serves 6)

FOR THE BASE:

80ml apple juice

15ml orange-flavoured liqueur, optional

12 Boudoir biscuits, broken in half

FOR THE BLUEBERRY COMPOTE:

300g frozen blueberries

100g blueberry jam

80ml water or apple juice

lemon juice, to taste (optional)

FOR THE CHEESECAKE:

250g smooth cream cheese

60ml caster sugar

1 vanilla pod, seeds scraped out

250ml cream, whipped

TO SERVE:

5 ginger biscuits, crumbled
45ml flaked almonds, toasted
80g fresh blueberries
mint leaves, to garnish (optional)

1. To make the base: combine the apple juice and liqueur, if using, in a small bowl.
2. Briefly dip the Boudoir biscuits in the mixture and divide among 6 individual glass serving bowls.
3. To make the blueberry compote: place all the ingredients in a pan and gently heat through, stirring until the jam has melted.
4. Increase the heat and boil for about 3–4 minutes or until the mixture is syrupy. Allow to cool. If too sweet, add a squeeze of lemon juice.
5. To make the cheesecake: place the cream cheese, caster sugar and vanilla seeds in a bowl and whisk using an electric beater until the mixture is pale and smooth. Fold in the whipped cream.
6. Layer the cheesecake mixture, alternating with the blueberry mixture on top of the bases.
7. Serve topped with the crumbled ginger biscuits, flaked almonds and fresh blueberries and garnish with mint leaves.



Perfect with
THIS DISH

Infiniti Noble

Late Harvest 2012

The dried fruit and vanilla spice flavours in this blend of Chenin and Muscat are delicious with desserts and amazing with cheese

destinations

Highland GAMES

Scotland's holy trinity of single malt, stunning scenery and epic golf contests is an unforgettable mix, as Tess Paterson discovered



It all started with a casual conversation over lunch. Someone was heading to the Ryder Cup at Gleneagles in Perthshire, Scotland. I thought they were talking about horses, and fortunately kept stumm. A hasty Internet search by my golf-mad husband revealed that we might still get tickets. Just. Prices were scary – of the bond-extending variety – and the only way to acquire them was as part of a hotel package. “YOLO,” my teenage godson said, eyes glued to a PlayStation game, “you only live once.” Well quite. Next year’s Ryder Cup is in Minnesota; in 2018 it’s in France. There simply was no better place to see it than its rightful home in the Highlands.

Our plan was to use Edinburgh as a base and then bus up to Gleneagles for two of the three tournament days. I should mention right off that I don’t understand sport, probably never will. Bar my annual swim at Kenton-on-Sea and a spot of hatha yoga, it’s the sort of alien territory that I’m happy to overlook.

It soon sank in though, that this is the Oscars of golf, a biennial clash between

Europe and the USA, so laden with rivalry and tradition, that it’s watched by half a billion people around the world. When 150 private jets land at Edinburgh airport for a tournament, you know it’s going to be a party.

We arrive just after sunrise and the Perthshire hills are awash with a thin golden light. A quick stop for coffee and then it’s a stiff walk about the hilly course to get our bearings. “You do realise it’ll be like herds of cattle streaming over the hills,” a friend had said of the anticipated crush. True, we’re part of a 50 000-strong crowd that attends the event each day.

But in this stunning setting with its space, emerald grass and distant purple hills, it doesn’t feel overwhelming at all. All around us there’s a wonderful commingling of accents – the Dutch are out in full force, the Scots fully be-kilted and ready for war. Loudly self-assured, the American fans are dressed as though it’s the Fourth of July. It’s a dappled, late autumn day and the payoff for no rain is a freezing, ear-piercing wind.

Once you’ve staked your claim at a chosen green, it’s all about settling in for

TESS’S TRAVEL TIPS

MUST-SEE SIGHT:

St Andrews on the east coast, the small university town with the legendary (and public) golf course, medieval castle and beautiful abbey ruins.

NEED TO KNOW: The unpredictable weather is a given and howling winds are not unheard of, even in summer.

ESSENTIAL ITEMS TO PACK: Pack for warmth and comfort, and if you’re a keen walker, take waterproof clothing and shoes.

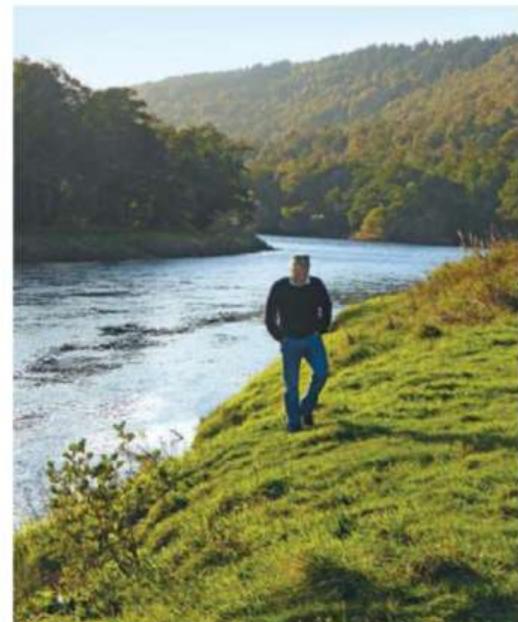
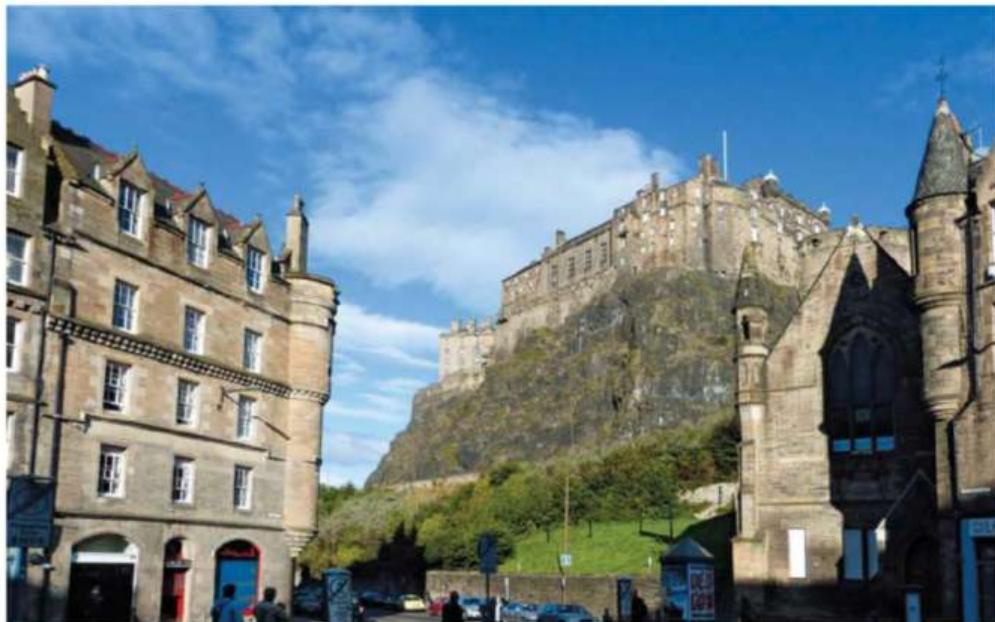
SHOP UP A STORM: Princes Street is the main shopping precinct in Edinburgh but it’s busy and touristy. George Street is less frenetic and has everything from Harvey Nichols to Hobbs and L.K. Bennett.



THIS SPREAD, CLOCKWISE FROM LEFT:

Views of the River Avon. The historic city of Edinburgh. The first hole at Gleneagles in Perthshire. Ryder Cup vice-captains, José María Olazábal and Miguel Ángel Jiménez. Painted shopfronts in the heart of Edinburgh.

the wait. Eventually there’s a low roar which erupts into chants of *Yoo-rop*, *Yoo-rop*, and like gladiators, the European team crests the hill. I’ll admit to long being smitten by Miguel Ángel Jiménez, the cigar-smoking, red-wine drinking ▷



THIS PAGE, CLOCKWISE FROM TOP

LEFT: ● Edinburgh Castle seen from Grassmarket. ● The pure waters of the River Spey. ● Steak, egg and chips at Tom Kitchin's The Scran & Scallie. ● The Ness shop window in Edinburgh. ● Aberdour is a fishing port.

former mechanic who, as vice-captain, struts about good naturedly like a gentleman farmer. Finding myself just metres away from this laid-back Spanish legend is a real highlight; ditto Martin Kaymer, the epitome of unflappable Boss-model cool. Long story short – Europe wins, I learn a little about four-balls, and over draft beer and pulled-pork rolls, we swap stories with a host of interesting strangers – not a few of whom are in plus fours. It's one seriously good shindig in the heather.

We spend five nights in Edinburgh and I love the city right away – both for its compact size and for the imposing castle which reminds you that a whole lot of history happened long before you got here. We do some feasting in the capital,

starting with a delicious Arbroath Smokie at Fishers in Leith. It's a beautifully smoked haddock topped with a round of melt-in-your-mouth black pudding. I've never been happier.

The legendary chef Tom Kitchin was born in Edinburgh and we try out two of his eateries, The Kitchin, also in Leith, and The Scran & Scallie in the hip suburb of Stockbridge. The latter is a fantastic pub, all understated tartan and scrubbed wooden tables and waiters with indecipherable accents. It's the sort of place that turns steak, egg and chips into an art form, yet is so down to earth that you really want to go back. Language-wise, conversations are peppered with *nae bother* and *d'ye ken* and *weerzoom* (where's home) which leads to much hilarity.

Next we head for Speyside with a detour along the east coast and a stop at Aberdour for fish and chips. It's an immaculate fishing village along a stretch of silvery coastline that the Victorians optimistically called the Fife Riviera. Further on at St Andrews golf course we

PLANNING YOUR TRIP

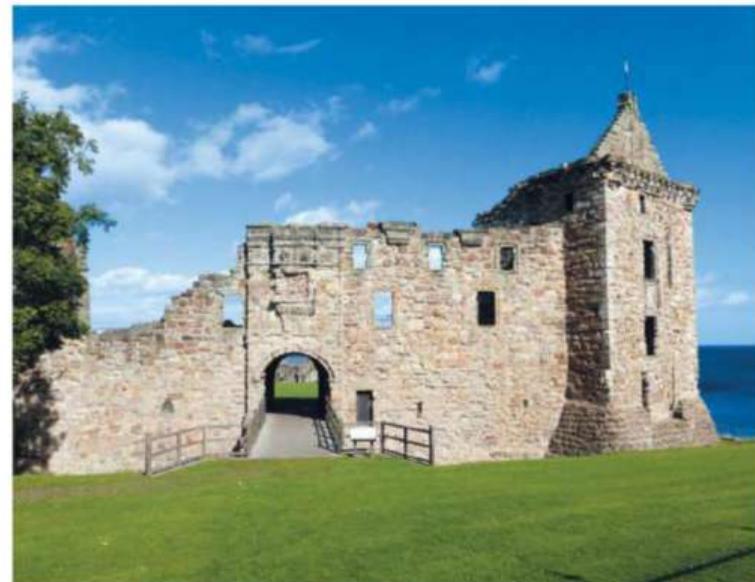
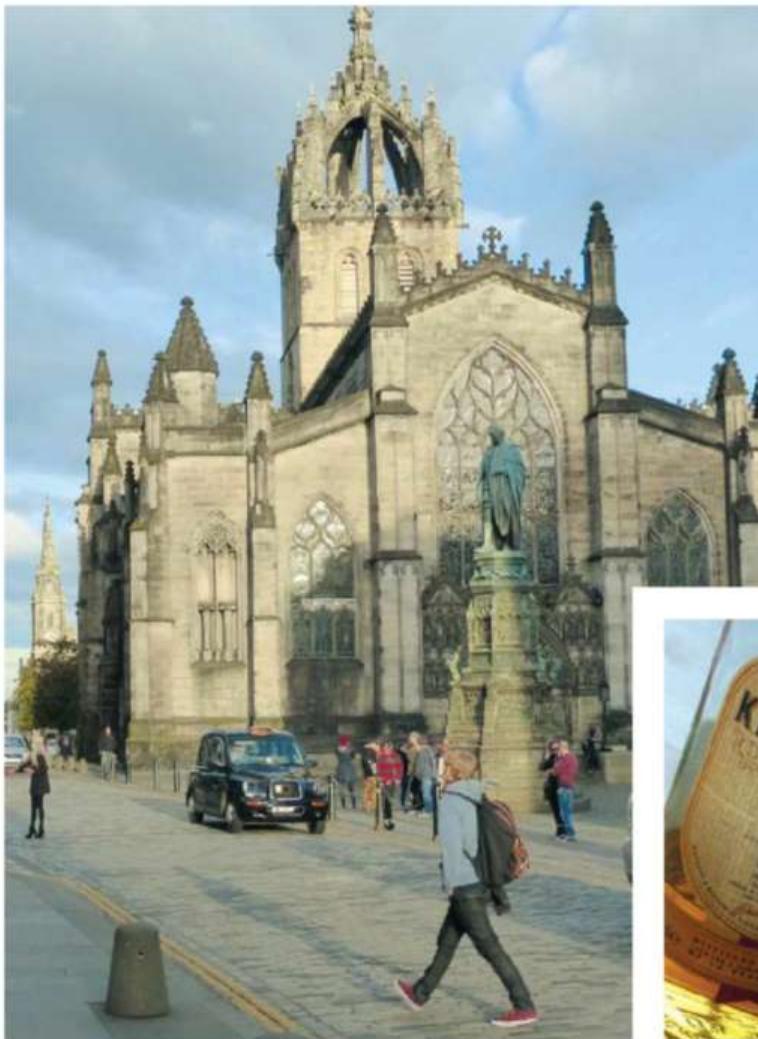
GETTING THERE: Virgin Atlantic and British Airways fly daily from Heathrow, London to Edinburgh; easyJet flies from Gatwick to Edinburgh.

GETTING ABOUT: Hiring a car allows you to meander and explore en route – Speyside is about 260km from Edinburgh.

VISAS: South Africans need a general visa to enter the United Kingdom. Visit visa4uk.fco.gov.uk

take the obligatory snap on the bridge at the 18th hole, and then stare in awe at St Andrew's Castle. This formidable stronghold was first constructed in around 1200 AD. All credit to the founding bishops for nabbing such a strategic and beautiful spot along the rocky promontory.

Finally, via Pitlochry and Aviemore we're in the heart of Speyside. Technically it's the Highlands, but this productive part of the whisky trail has



been classified as a region all of its own. Global best-sellers The Macallan, The Glenlivet and Glenfiddich all emanate from the beautiful Spey River valley, as do the lyrically named Knockando and Tomintoul.

My great grandfather left the pretty Speyside town of Forres in 1881, taking his bride and his civil engineering skills to the Eastern Cape where he worked on harbours and railways. I'm quietly chuffed that my roots are so deep in the heart of single-malt territory – this land of clean, trout-filled rivers and quiet rolling hills.

We stay near the town of Aberlour which naturally has an excellent distillery. More importantly for me, it's the home of Walkers shortbread biscuits. Nearby is Ballindalloch Castle with its own nine-hole course, and my husband decides to book here for his only game of the trip. We're met by a tall gent in tweeds. He's charming and plummily English, and announces, "I do feel you're a bit naked if you don't own a golf course in

Scotland. And in this area, you'd better have a distillery too." We wander around an immaculate building site where a vast copper still has just been installed. "You're welcome to have a dram in about 10 years!" he roars, and disappears.

Turns out we were shooting the breeze with Oliver Russell, husband of the Lady Laird of Ballindalloch Castle. Clare McPherson-Grant Russell's family has owned and lived in this castle since 1546. Or to put it another way, since Michelangelo first began working on St Peter's Basilica. Fantastic, I'm thinking, we'll do tea and history at the castle tomorrow. Of course the next day is the first of October when much of Britain shuts shop for the winter. So near to the lairds, yet so far.

We take some beautiful drives along the Rivers Avon and Spey, stop off at various distilleries and buy red deer fillets for supper. I wish I knew more about my own ancestry and make a mental note to contact the Moray town council. Apparently I should be able to trace the

THIS PAGE, CLOCKWISE FROM TOP
LEFT: Walking the Royal Mile in Edinburgh. **Parts of St Andrew's Castle date to around 1200 AD.** **St Andrew's Castle in Fife.** **Knockando is a well-known Speyside single malt.**

ship on which my great grandfather left Scotland and who knows how far back from there? I look for Patersons on countless moss-covered headstones and find it's surprisingly common. Perhaps it's the equivalent of the English Smith.

At the Cardhu distillery, a lady with porcelain skin and auburn hair invites us to taste the just-launched Gold Reserve. It's the colour of molten honey and even I can pick out the toffee-apple notes. Scotland *is* single malt, just as it's ancestry and rugged burns and scarily short summers. At the risk of getting all William Wallace, you could return to the Highlands for a lifetime and be entranced by its haunting, empty beauty. If you're lucky with the weather, you could even play golf. ☺

COLLECTING CLARICE CLIFF POTTERY WITH *Ricki Gray*

Passionate collector Ricki Gray is also an expert on the life of the extraordinary ceramic artist

Ricki Gray's collection of Clarice Cliff pottery was featured in *SA Garden and Home* some 25 years ago. Since then Ricki has become one of the country's leading authorities on the famous British potter.

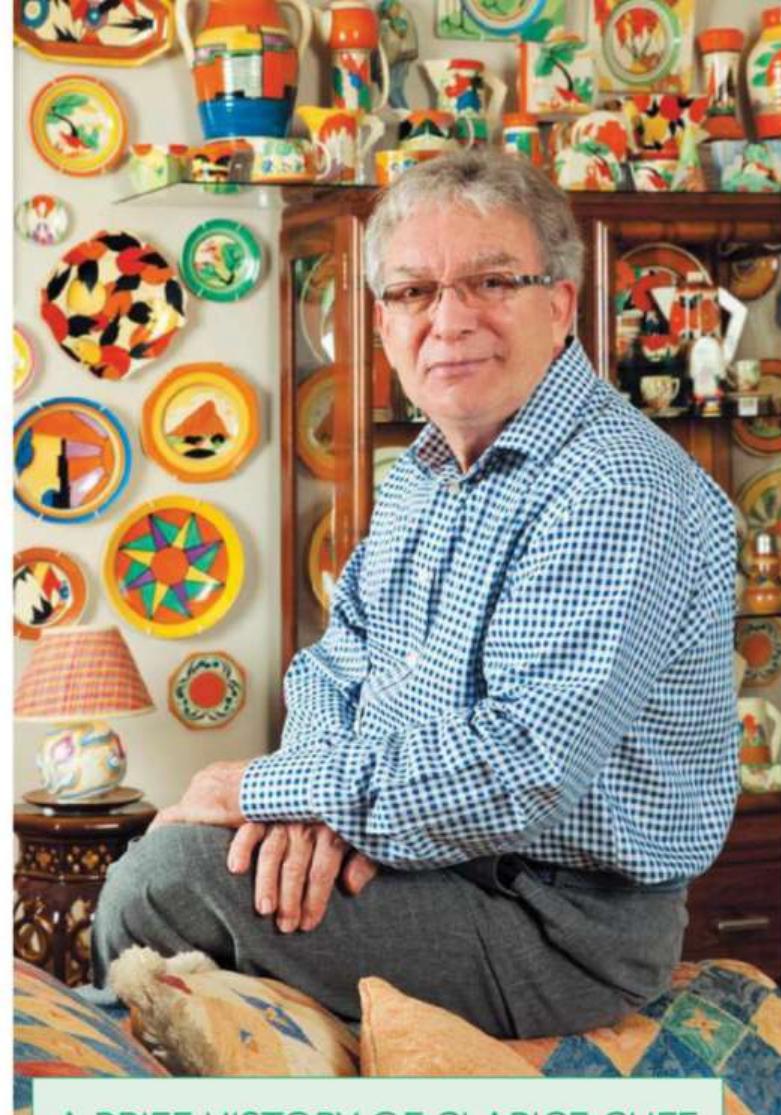
"Public interest, prices, and the number of people collecting Clarice Cliff pottery around the world has grown beyond anyone's expectations," says Ricki. "But it's also the variety of items available that attracts many collectors and makes it so interesting."

Cliff's wildly colourful and unusual pottery has fascinated Ricki since he first spotted a piece in an antique store in Cape Town many years ago. As a professional figure skater and magician touring with shows, Ricki was able to amass a collection that's grown to almost 200 pieces, many of which are proudly displayed in the living room of his Durban home.

His collection includes items you'd expect in a classic assembly of pottery; teapots, cups, vases, plates and jugs and many of them are strangely shaped. There are hexagonal vases, squared-off oval



ABOVE: These miniature versions of Clarice Cliff's designs were samples that travelling salesmen took with them when they went on sales calls. Customers would then order the full-size versions. The miniatures are rare and highly sought after today.



A BRIEF HISTORY OF CLARICE CLIFF

Clarice Cliff (1899 – 1972) worked as an apprentice potter in Stoke-on-Trent when she was just 13 years old. Her talents were soon evident and she was given a studio to develop her ceramic art and stylised patterns. She went on to become the head of the factory's art department and launched her famous Bizarre range of pottery, which not only featured flamboyant hand-painted patterns, but unique geometric and angular shapes.

In 1928, Clarice created what became one of her most sought-after ranges – a simple pattern called Crocus Flowers. As the orders flooded in, Cliff had to train young painters to help her keep up with the demand, an astounding feat at the time.

In the years that followed, Cliff's ceramics became hugely popular with the public and royalty alike, and she continued to impress collectors with her unusually shaped ceramics and outrageous patterns. At the peak of her career, she sold 18 000 pieces of pottery a week and received enormous press coverage. During and after WWII, however, only white ceramics were permitted so she wasn't able to continue producing her stylised pieces. Years later, the ceramicist lamented how she longed for the Bizarre days, but accepted that traditional English design had become the norm. Spending less time in the factory as a result, she turned her talents to gardening, a passion she shared with her husband.

After her sudden death in 1972, there was renewed interest in Cliff's works and she was named as one of the major artists of her era. Her pottery remains highly collectable today.



ABOVE, CLOCKWISE FROM TOP: ● Hexagonal platter in Lightning, c. 1929. ● Rare Table Ornament, 'Pansies', shape #438. ● Round plate in Summerhouse, c. 1931.

platters and rectangular jugs. Ricki also owns unique pieces such as clogs, lamps and urns.

All the items are adorned in Cliff's vibrant colours and patterns, the trademark that made her an icon of Art Deco design. Ricki's favourite pattern is called Night and Day and he is particularly partial to the Age of Jazz figurines and a rare set called Table Ornaments that included 'Pansies', 'Tulips' and 'Tree'.

"In addition to the pottery and the tools used to create the items, I've also collected original watercolours, some of Cliff's personal handwritten correspondence and original 1930s magazine adverts for the pottery," says Ricki, who's clearly as knowledgeable on the life of this remarkable artist as he is on her work. He's also an active member of the Clarice Cliff Collectors Club founded in 1982. He regularly travels to the Staffordshire pottery region in the UK and meets up with other enthusiasts including potteries historian Terry Abbotts and Peggy Wilson from the Clarice Cliff Collectors Club, who have both inspired him.

"Much of the unsold pottery produced in the factories during Cliff's working life was dumped behind the buildings, broken up and buried over time. It's a wonderful experience to go treasure hunting there... it's where one of my prize pieces, the Table Ornaments, was actually unearthed," he enthuses.

Ricki regularly lectures on Clarice Cliff around South Africa.



TIPS FOR ASPIRING COLLECTORS

- Join the Clarice Cliff Collectors Club at claricecliff.com
- Look out for books about Clarice Cliff such as *Clarice Cliff: The Art of Bizarre* by Leonard Griffin (Pavilion Books).
- Online auctions and dealers' websites are good sources of Clarice Cliff pottery, but scouring antique shops, markets and estate auctions can reveal treasures too.
- Rare combinations of shape and pattern are the most valuable examples of Clarice Cliff pottery. In 2004, Christie's London auctioned a 46cm charger in the May Avenue pattern for £39 500 (about R780 500 in today's rand) and a 20cm vase painted in the Sunspots pattern was sold for £20 000 (about R395 000).
- If you own some Clarice Cliff pottery and would like to know more about the shape, pattern or value of the item, Ricki Gray will happily advise you. You can also contact him for lecture details.

"I take a selection of pieces with me, as well as items and information about her work and life," he explains. "When pottery salesmen used to travel around to promote their products, they couldn't take full-sized pieces with them so a series of miniature replicas was made. These are some of my favourites as they allow me to do the same today." 



ABOVE: Inkwell and platter in Blue Firs, c. 1933.

SOURCES Ricki Gray magic@global.co.za or 082 551 5942
The Clarice Cliff Collectors Club claricecliff.com

Treasure chest

What are your collectables worth?

FIND OF THE MONTH

I recently inherited a roll-top desk. Family folklore has it that it's a Tulbagh desk. I should think either made in Tulbagh or belonging to Governor Rijk Tulbagh. Can you help in giving an estimate of its age and authenticity?

Ian Swannack, via e-mail

Jo-Marie Rabe from Piér Rabe Antiques says that it's difficult to give an accurate appraisal and valuation from a photograph. "If it's 18th-century Dutch it would be worth R15 000 – R20 000," she says. "If it's a revival piece from the 1900s, then about R5 000 – R10 000.

If Cape, the value would be R75 000.

To establish its origins, however, one would have to look at the thickness of the veneer (before machine cutting veneer was thicker than later veneers). The woods used in the construction are also also important. The secondary timbers such as the side panels and the interiors of the drawers would be made from indigenous woods such as pear, rooi els or yellowwood. For an accurate appraisal it should be examined by an expert."

EXPERT TIP: "IN ORDER TO VALUE A PIECE ON ITS PROVENANCE, IT MUST BE AUTHENTICATED WITH DOCUMENTATION OR BY THOROUGH HISTORICAL RESEARCH," SAYS JO-MARIE RABE

THANKS TO OUR SPECIALISTS:

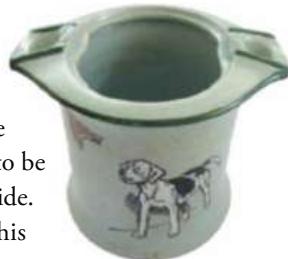
Nick Howarth Antique and Bygones 031 303 8880
Jo-Marie Rabe Piér Rabe Antiques 021 883 9730
Clyde Terry Clyde on 4th 011 482 3266



This Royal Doulton tobacco/pipe jar belonged to my great grandmother. It's in very good condition, apart from ageing brown marks in places, and there are no cracks or chips. Can you shed some light on it and perhaps give me a valuation?

Elizabeth Chambers, via e-mail

Clyde Terry of Clyde on 4th says this unusual Doulton ashtray featuring a dog smoking on one side and seemingly taunting a fox on the other, was made in about 1920. There appears to be a signature at the top left on the dog smoking side. If this is correct, it could increase the value of this delightful piece to about R1 450.



Can you give me some information about this chair? It was bought from an antique shop in the UK, and apart from the ornate carving, there are no markings. It's solid wood and put together by wooden dowel plugs with no screws or nails.

Jennifer Armstrong, via e-mail

Nick Howarth of Antique and Bygones says, "This Welsh coat-of-arms oak spinning chair would've been used in conjunction with an old foot-operated spinning wheel. It's carved with the Prince of Wales feathers and the carved heart in the back indicates it was given by a husband to his new wife. These chairs were made for many years and still are. This one is probably circa 1900 and worth R1 000 – R2 000."



WRITE IN AND WIN

EVERY MONTH we give away a *prize for the most valuable or interesting antique item sent in. This month **Ian Swannack** has won two cases of 2015 Van Loveren Sauvignon Blanc worth R600 and a surprise hamper of Van Loveren products. The first of their wines with the new Van Loveren label, this crisp and fruity Sauvignon Blanc has gooseberry and green fig flavours and is delicious with seared tuna and fresh oysters or just enjoy it on its own. Visit vanloveren.co.za



SUBMISSION GUIDELINES

Send in clear photographs of collectable items to Treasure Chest, SA Garden and Home, Box 3124, Parklands 2121. Due to the volume of mail we are unable to respond personally or return photographs. Send e-mail submissions to gardenhome@caxton.co.za. Pictures must be sent as separate attachments at a size between 1MB – 2MB. Only one submission per reader will be accepted. For guidelines on the best way to take your photos for Treasure Chest, visit our website gardenandhome.co.za

Join **GARDEN AND HOME** and discover the latest cooking trends

Garden and Home invites you to join them for a fabulous fun-filled cooking demonstration with Johan du Preez, aka Panda. Johan is a familiar face in the gardening industry. Not only is he a nursery specialist for seed supplier Starke Ayres, but he also happens to be a qualified chef. Johan has combined both his passions – gardening and food – in his cooking presentations. You will be thoroughly entertained as he explains how to grow herbs and veggies from seed. He will then share some of his favourite recipes using the freshest ingredients. For the finishing touch Johan will also show you how to use flowers to decorate your dish for perfect presentation.



DATE: Saturday 31 October 2015

TIME: 10h00

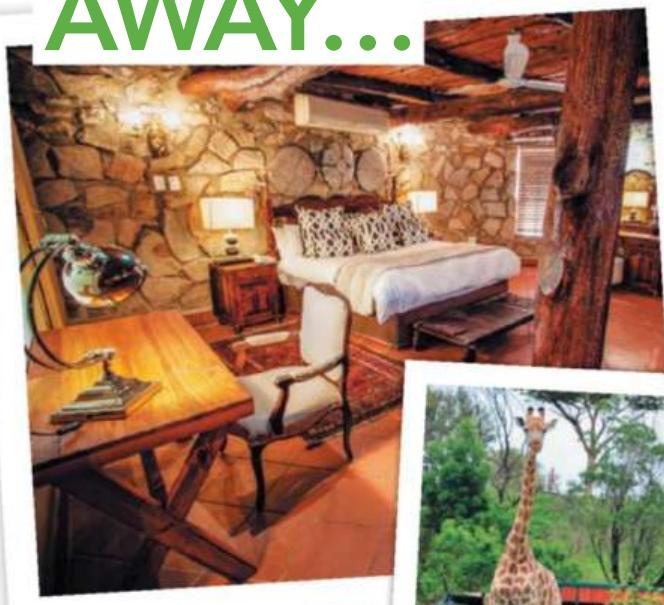
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For more information, call 012 809 0266 or visit farminn.co.za

*TERMS AND CONDITIONS: 1. Standard terms and conditions apply. 2. An SMS costs R1,50. Errors will be billed and free SMSes do not apply. 3. Entries close on 31 October 2015. 4. This getaway excludes travel and any other expenses not mentioned are for the winners' own account. 5. It is not mandatory to supply your e-mail address with your entry. 6. Offer valid for SA residents only. 7. To comply with the Consumer Protection Act, the winners must supply their ID numbers. 8. A maximum of 10 entries will be accepted per ID number. 9. The prizes are not transferable and cannot be converted to cash.



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HIGH FIVE

Through her e-design business, Cape Town-based interior decorator Krystle Williams is offering homeowners a novel approach to home decorating. She shares some of her favourite things

While completing her studies at Inscape Design College, 29-year-old Krystle Williams identified a gap in the local market for online decor advice. "It's a concept that makes a professional design service so much more affordable for homeowners because it leaves the project management up to them," explains Krystle, who named her new business Feather My Nest.

She charges a standard fee per room that includes a layout, a presentation illustrating the colour scheme, furniture and fabric as well as a shopping guide. At the start clients are asked to specify a budget and what they envision for the space. "I also ask them to e-mail through images or a Pinterest inspiration board to get a clear understanding of what appeals to them in terms of style." All communication is done via e-mail, phone or Skype.

When this go-getter isn't online, she keeps fit at gym and step classes and enjoys the breathtaking scenery and restaurants that the city has to offer.



1

KRYSTLE'S BEST...

SPACE is Muizenberg's Knead Bakery (1). "It's fun and eclectic – part grand old-world café, part easy-going beachfront hang-out."

SHOP is Kalk Bay's Co-Op (2). "I love that everything is made by local designers. This is my go-to place for unique pieces for my home or wardrobe."

DESIGNER ITEMS are Elsje Designs' Orbs (3). "They are simple and striking and sum up everything I enjoy in good design."

HOLIDAY was a trip to New York (4). "There's so much to see and do, and the fast pace and energy of the city is electric. I've never felt so inspired."

FRAGRANCE is Jo Malone's Peony & Blush Suede (5). "This is just the most gorgeous floral scent. It makes me feel totally feminine."



SOURCES Elsje Designs elsje.co.za Feather My Nest E-Design 072 458 7667 or krystlewilliams.co.za Inscape Education Group inscape.ac.za Jo Malone jomalone.co.za Kalk Bay Co-Op 082 774 4411 Knead Bakery Muizenberg 021 788 2909 or kneadbakery.co.za

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